

FEELING SANDWICH

Let's look at what's been on the Feelings Menu



Feeling I've enjoyed having (or want to have)

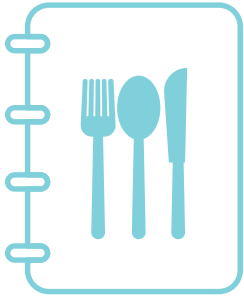
Feeling that has been hard to have

Another feeling I've enjoyed having (or want to have)

Tell the story about what's been on the menu. How do those outer ingredients help the harder-to-digest ingredients in the middle?



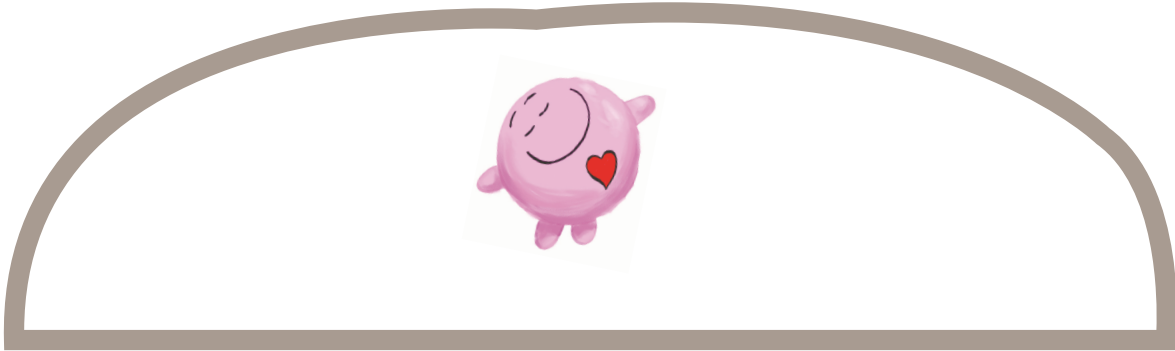
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Sample

FEELING SANDWICH

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Tell the story about what's been on the menu. How do those outer ingredients help the harder-to-digest ingredients in the middle?

I'm really sad that I don't get to go back to regular school and be close to my friends at recess. Even though I'm sad, being silly and having fun with my brother at home makes my sad a little smaller. Feeling loved by my teacher and my mom helps me with my sad feelings too.



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