

SHOW NOTES



Episode 1: Past Lives: Background & Basics

Important Tidbits:

- Reincarnation in latin means “entering the flesh again”.
- The Hebrew word for it is gilgul and it means rolling.
- Origin: best guess India
- Cyclical way of life and belief in reincarnation was widely accepted
- Past Life Regression Therapy emerged in the 1950’s

Names/Places Mentioned:

- Dr. Ian Stevenson & Dr. Jim Tucker
- Dr. Brian Weiss

Resources &Links: