

SHOW NOTES



Episode 17: Last 4 of the 8 Sabbats

Ostara

March 22nd
Spring Equinox

Resurrection Theme: Odin, Attis, Osiris, Mithras, Hera, Persephone

Easter comes from Goddess Eostre

The "sexy Sabbat"

Beltane

May 1st

May Day Pole:



Movie Mentioned: The Bride Who Wore Red 1937
Show Italian tradition of climbing alps for edelweiss

Midsummer

Also called Litha
June 22nd
Summer Solstice

God's Eye Weaving:



Oak King:



Lughnasadh

August 1 or 2nd

1st of 3 Harvests

Make a Lughnasadh Bread To Share

<https://delishably.com/baked-goods/Lughnasadh-Old-Fashioned-Magical-Blessing-Bread-Recipe>

Corn doll:

