

# SHOW NOTES

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## *Episode 53: The Lunar Cycles*

\*To jump back to the moon phase you were born under description, start at about the 20 minute mark.

Apps & Websites we love *(and are currently not sponsored by)*

[cafeastrology.com](http://cafeastrology.com) = Free natal chart to get your moon sign

[astral.co.uk/find-out-your-moon-phase](http://astral.co.uk/find-out-your-moon-phase) = To find out what moon phase you were born under

iLuna app to track current moon phase and sign

Sanctuary App for all things astrology