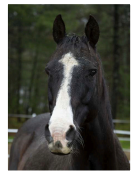
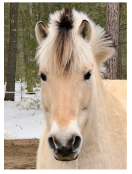


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## MEET THE HERD



**Dawson**, a Quarter horse, arrived at Solid Ground in March 2017. We rescued him from a kill pen facility in New Jersey. We named him “Dawson,” which means “beloved.” He is a natural leader, resilient and kind. We don’t know much about his history, yet we do know how well he engages and supports healing.



**Franklin**, a Norwegian Fjord, arrived at Solid Ground in September 2017. His breed is one of the oldest and the closest relative to the Zebra. He spent many years as a driving horse and loves walking trails. He is independent by nature, yet politely and patiently engages with our clients.



**Jack**, a Quarter horse, arrived at Solid Ground in April 2017. We purchased him from a horse facility in Northern Maine. He initially was a bit frail and withdrawn. With a lot of love and care, he regained his vibrant spirit. He is playful, curious and loves to spend individual time with his human friends.



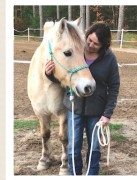
**Stanley**, a mini donkey gelding, joined the herd at Solid Ground in July of 2018. He is little in stature but has a huge, silly, and love-able personality. He can be often found trying to convince the horses to play with him and sunbathing on the sand.



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## COACHES

### **VICKIE GELINAS C.P.L.C**



Vickie has been passionate about horses her whole life. Her childhood dream of becoming a horse owner came true and her equine family members are dear to her heart. Vickie spent many years as a dog trainer and groomer, from which she developed the ability to understand animal behavior. Vickie’s intuition of the non-verbal communication with her horses inspired her to search opportunities and gain more knowledge of equine human interaction. With her experience and education, she now partners people with horses at Solid Ground Coaching.

### **GRAHAM LS CONNOLLY**



Graham’s mission is to empower individuals through bridging the analytical and intuitive. Developing innate intuitive skills in relationship with Spirit (Universe). Over the last 25 years, with a Master’s degree in Electronics, Graham has also developed his intuitive. This led him becoming a certified medium, a transfiguration medium and Commissioned spiritual healer. Healing modalities include, Reiki Master, and Shamanic practitioner. Graham is also trained in cranial sacral therapy (including for equines). Graham is the founder of Tarrassa Holistics, a spiritual consulting business. Services include mediumship, healing, shamanism, and personal development. Graham is a certified trainer of Infinite Possibilities and Playing the Matrix. Programs by world renowned author Mike Dooley.

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## SOLID GOLD HOLISTICS

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### **Tarrassa Holistics**

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## MISSION STATEMENT

WE EDUCATE ON ENERGETIC HORSEMANSHIP BY PARTNERING PEOPLE WITH THEIR EQUINE FAMILY.

EQUINE CRANIOSACRAL THERAPY, ENERGY COMMUNICATION, LEADERSHIP AND PERSONAL DEVELOPMENT ARE THE TOOLS USED.

## SERVICES OFFERED:

- ❖ Equine Assisted Life Coaching
- ❖ Craniosacral Therapy
  - Equines also
- ❖ Animal Communication
- ❖ Leadership Development
- ❖ Mindfulness
- ❖ Energy Communication Workshops
- ❖ MeetUp Group
  - Partnering People with Horses

Call us for further information or to schedule a consultation.

## ENERGY COMMUNICATION SERVICES

Our services have their foundation in the premise that everything in the Universe is based on vibration. That communication through subtle energy connections is the primary mechanism.

Programs are unique in that we also recognize that the horse gifts us as being a vehicle of reflection. Horses have the unique ability to respond to our vibrations.



### PERSONAL DEVELOPMENT:

These workshops and consultations utilize the herd of Solid Ground. The herd consists of Dawson, Franklin, Jack and Stanley. By making themselves available to you there is the opportunity of personal development and healing. Whether it be through intuitive journaling, photography or physical interaction the horse will be a reflection of self.



*Reflection of Self Through the Horse*



*Equine Assisted Life Coaching*

### CRANIOSACRAL & ENERGY COMMUNICATION:

The consultations in this category are totally focussed on the wellness of your equine(s). By utilizing the natural "listening stations" of the horse and the Craniosacral Fluid (CSF) qualitative rhythm we are able to nudge the horse's natural fascia release mechanism into facilitating a better state of energetic wellness. We also utilize other intuitive methods to communicate with your horse.



*Craniosacral Therapy for Equines*

### CORPORATE LEADERSHIP:

The workshops and consultations in this category focus on the human energy communications person to person both locally and distant. It is about learning and demonstrating that we are a complex energy field that facilitates healing, intuition development, mindfulness and personal development (journaling, photography, leadership).



*Equine Assisted Leadership and Peer-Peer Skills*