



Transformation Roadtrip LLC

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TransformationRoadtrip.com

TERMS OF SERVICE INCLUDING ELECTRONIC CONSENT

I. DISCLOSURE OF SERVICES

In recognition that millions of people receive a substantial volume of healthcare services from complementary and alternative health care practitioners, most states' laws allow access by their state residents to complementary and alternative healthcare practitioners who are not providing services that require medical training and credentials. The following disclosure is provided to help you understand the nature and scope of services provided by hypnotherapists.

The purpose of a program of hypnotherapy is for vocational and avocational self-improvement and as alternative, adjunctive or complementary treatment to healing arts services licensed by your state. A hypnotherapist is not a licensed physician or psychologist and hypnotherapy services may not be licensed by your state of residence. Services are non-diagnostic and do not include the practice of medicine, neither should they be considered as a substitute for licensed medical or psychological services or procedures. When your goal or objective for hypnotherapy involves a medical or mental health origin or component, you must obtain a Healthcare Referral from a licensed provider in order to continue to receive hypnotherapy services.

Hypnosis works with the power of the subconscious mind to change habits and behaviors. The subconscious mind is considered to be the source or root of many of our behaviors, emotions, attitudes and motivations. Hypnosis is believed to be a powerful tool for accessing the subconscious mind and creating improvements in our lives.

Services consist of a program of conditioning, including an undetermined number of private sessions, depending on the client's individual needs. Various modalities may include Hypnosis, Emotional Freedom Technique, Dream Therapy, and others. The hypnotist will to the best of his or her ability endeavor to accomplish the objectives of the client's sessions. While hypnosis may be an effective technique for many purposes, the effectiveness may vary from individual to individual, and no specific results or progress can be promised or guaranteed.

During hypnotherapy sessions, clients remain completely aware of everything that is going on. In fact, many people experience a hyper-awareness where sensations are

perceived enriched and vivid. The ability to visualize or imagine is enhanced. Deep relaxation is common. Many describe the hypnotic state as a complete and total escape from physical tension and emotional stress, while remaining completely alert. Others may experience enhanced feelings of well-being while the conscious mind relaxes and even wanders. While adults in hypnosis may become very quiet and physically relaxed, children in hypnosis often may open their eyes, talk, giggle, fidget, play or otherwise move around.

The use of hypnosis could elicit memories of past events which may or may not be literally true. It is possible that events under hypnosis will be distorted or misconstrued. Memories or images evoked under hypnosis are not necessarily accurate and may be a construction or a composite of memories. Without corroborating information, it is not possible to determine whether a specific memory is true or false, even if it seems true to the client.

While it is the ethical practice of Hypnotherapists to keep information confidential, information revealed in hypnotherapy is not subject to the psychotherapist-patient privilege. A court may order disclosure of information learned in therapy. In addition, the Hypnotherapist is required to report any threats of harm to self or others.

The following DEFINITIONS apply to the agreements below: “YOU” and “YOUR” refer to Transformation Roadtrip LLC which is the Provider of the Hypnotherapy Services referenced in this agreement. “I” and “MY” refer to the Client receiving the services, and “WE” and “OUR” refers to the Parties of this agreement.

II. ACKNOWLEDGEMENT OF SERVICES AND FEES

SUBJECT: SELF-IMPROVEMENT PROGRAM

- (A) **Fee Schedule:** I agree to pay Transformation Roadtrip LLC a fee of **\$177.00 per session** for hypnotherapy services provided by you, Jacqueline T. Ambrow, C.Ht., M.A., a Certified Hypnotherapist and Certified Advanced EFT Practitioner unless the parties agree to a different per session fee and document in my Intake paperwork (whether completed electronically online or by other means) under “Additional Conditions.” When I pay you using a method that incurs a transaction fee for you, I will pay an **additional fee of \$5.00.**
- (B) **Time of Payment:** I agree to pay for each session at least **48 hours in advance or upon booking** if scheduled with less than two days notice.
- (C) **Cancellations and Changes of Scheduled Appointments:** I agree to give you **48 hours notice** for all cancellations or changes of scheduled appointments. I understand and agree that if I miss a scheduled appointment without prior cancellation or if I cancel with less than 48 hours notice, I may incur a fee for that session at the current full rate or forfeit the fee that I have paid for that appointment. I understand that you may offer to provide a make-up session at your sole discretion.

(D) **General Conditions of Service:** I understand that my sessions may be conducted remotely, by phone or video chat, or in person, at your sole discretion. I understand that the program of conditioning offered by you will include an undetermined number of private sessions, depending on my individual needs. I understand and agree that the major purpose of this program is for Vocational or Avocational Self-improvement and **those problems of psychogenic, medical or functional origin are treated by psychological or medical referrals only**, in accordance with the hypnotherapists' code of ethics. I also understand that there are no guarantees as to the results or progress to be made, only that you will, to the best of your ability, endeavor to accomplish the objective of my sessions.

(E) **WEIGHT LOSS HYPNOSIS PROGRAMS Additional Terms of Service:**

- (1) When I choose the **PRIVATE, CUSTOMIZED WEIGHT LOSS HYPNOSIS PROGRAM**, I understand and agree that my private hypnotherapy sessions will include both a cognitive and a hypnosis portion, customized to me, in addition to everything that is included in my access to the online course, "Lose Weight from Within."
- (2) When I choose the **AFFORDABLE HYBRID WEIGHT LOSS HYPNOSIS PROGRAM** (also called the 8-Week Online Course, "Lose Weight from Within," with 8 Weekly Personalized Coaching Calls), I understand and agree that my Weekly Personalized Coaching Calls with you are intended to help me keep on track and address any obstacles or challenges to my weight loss success. These calls are brief (10-15 minute) personalized coaching sessions, not private hypnotherapy.
- (3) Whichever Weight Loss Hypnosis Program option I choose, my program will include, at no extra cost, access to the Online Course "Lose Weight from Within in 8 Weeks" through Transformation Roadtrip LLC's Joy Gypsies Thrive Hub for the purpose of accessing the first eight weeks of instruction and materials. I understand that I will have interactive support through the Comments section of the online course.
- (4) Once I choose my Weight Loss Hypnosis Program option, I understand and agree that downgrades and upgrades of my program on a pro-rated basis occur at your (Transformation Roadtrip LLC's) sole discretion.
- (5) **Regardless of which Weight Loss Hypnosis Program I may choose, I agree to take full responsibility for my choice of program, for my participation and personal effort, and for the results I attain through my participation and effort.** I agree to perform the assigned activities ("Home-Play") in a timely and diligent manner in order to maximize my success in this program. I understand and agree that at minimum I am committing to both payment for and participation in the Eight Core Weight Loss Hypnosis Sessions.
- (6) Furthermore, regardless of my choice of Weight Loss Hypnosis Program, I understand and agree that **timely completion of the program of the 8 Core Weight Loss Hypnosis Sessions within a two-month period is required for maximum weight loss success.**

(7) I understand that **I may book additional private Hypnotherapy sessions after the 8 Core Weight Loss Hypnosis Sessions** under the fees and advance notice policies in effect at the time of scheduling and that such **additional sessions are strongly recommended until I attain my goal weight or size**. I understand that additional sessions beyond the 8 Core Weight Loss Hypnosis Sessions will consist of a general program of conditioning to support continued weight loss or other goals and may include an undetermined number of private sessions, depending on my individual needs and goals.

III. DECLARATION OF CONSENT:

1. **I have read and understood** these Terms of Service including the Disclosure of Services and Acknowledgment of Fees and Services. I have also read Jackie Ambrow's Biography and Training.
2. **I accept** the Terms of Service and I agree to Electronic Consent in lieu of my physical signature.
3. **I agree and understand** that the Terms of Service may be updated from time to time and that my continued participation indicates that I accept any update.
4. **I agree and affirm** that I am competent and of legal age to enter into this agreement. I agree that any legal dispute arising out of this agreement will be resolved according to the laws of the State of Texas.
5. **I agree and affirm** that I will do my best to resolve any dispute with integrity on my part and in a direct, friendly, respectful, honest and prompt manner, and I understand that you will do the same!

If you are not signing electronically, please complete the following and sign below:

By my signature below, I accept the Terms of Service.

SIGNATURE OF CLIENT OR RESPONSIBLE PARTY:

TODAY'S DATE:

FULL NAME OF CLIENT OR RESPONSIBLE PARTY:

CLIENT'S DATE OF BIRTH:

CLIENT'S FULL NAME IF YOU ARE NOT THE CLIENT:

YOUR RELATIONSHIP TO THE CLIENT:
