



Capt. Brad Shepherd (Ret.)

Capt. Brad Shepherd (Ret.) is the Chief Executive Officer of Warriors Rest Foundation. Warrior's Rest Foundation is a 501(c)3, tax exempt nonprofit that serves to build peer support teams for agencies that do not have peer support teams. Brad is a retired Captain from the Oklahoma Highway Patrol (OHP) after 25 years. Brad served as a Commander over the Troop J Field troop, Command over the OHP's Officer Assistance Program, as well as Commander over the Emergency Services Unit for the OHP. Brad had many assignments in his 25-year career that included Oklahoma Office of Homeland Security as Infrastructure Protection Coordinator, Supervisor in the Criminal Interdiction unit and full-time bomb technician in the bomb squad unit as well as both additional duty and full time assignments with the tactical team. Brad has served in the OHP's Officer Assistance Program as a trained CISM peer for 10 years and was the Coordinator of the Officer Assistance program for 3 years. Brad was at one time an adjunct instructor through Louisiana State University to teach agencies all over the nation. Brad is a very experienced presenter and instructor in a variety of disciplines. Brad is a Critical Incident Stress Management (CISM) approved instructor through International Critical Incident Stress Foundation (ICISF).



Lieutenant Brett Key

Brett Key is a Lieutenant with the Oklahoma Highway Patrol (OHP). Brett currently serves in the OHP's Training Division with oversight, curriculum build and presentation of the OHP's Leadership Program, the Law Enforcement Driver Training program. Brett has served on the OHP's Tactical team as operator and rose to Team Leader position. Brett has also served in the OHP's Officer Assistance Program as a peer counselor for nearly a decade. Brett is an experienced presenter and instructor in Leadership as well as a variety of disciplines. Brett is an instructor in the OHP's Officer Assistance Program. Brett has helped teach and train Peer Teams across the State of Oklahoma. Brett has served as a peer counselor in the Post Critical Incident Seminars conducted in Oklahoma through ERAP as well as serving as a peer with peer support services at National Police Week in Washington DC.



Chief Inspector Gary Berryhill (Retired)

Gary Berryhill is retired from the United States Marshals Service (USMS) after 26 years. Gary served as Chief Inspector in the Tactical Operations Division, Office of Crisis Services, as the Chief of the agency Peer Support Team called the Critical Incident Response Team (CIRT). He was responsible for coordinating the deployment and peer support response by CIRT to USMS employees worldwide. Gary has extensive instruction and presentation experience and is adept in the coordination of internal team resources and liaison relationships with government agencies to facilitate advancement of program initiatives. Gary worked with Concerns of Police Survivors (C.O.P.S) to help coordinate peers, chaplains, and mental health professionals providing Support Services for the families and coworkers of fallen officers at National Police Week for 7 years. He is an approved Critical Incident Stress Management (CISM) instructor through the International Critical Incident Stress Foundation (ICISF) and has taught and assisted with building Peer Counseling teams in the State of Oklahoma as well as teams across the United States. Gary has served as a peer counselor in Post Critical Incident Seminars (PCIS) conducted in Oklahoma through ERAP. He also serves on the Board of Trustees for the Oklahoma Chapter of the Concerns of Police Survivors (C.O.P.S.).



Dr. Kathy Thomas

Dr. Kathy Thomas began working with public safety personnel and critical incident stress in April 1995, in response to the Oklahoma City Bombing. In addition, she responded to both New York and Washington DC following the 9/11 Terrorist attacks, as well as four F5 tornado responses. She is the Contract Psychologist for the Oklahoma Department of Public Safety (including the OK Highway Patrol) and the US Marshals Service. She has conducted numerous critical incident responses and trainings for various law enforcement agencies, including the U.S. Marshal Service, the FBI, and Oklahoma City Police Dept. She is the Clinical Director for the Emergency Responders Assistance Program (ERAP), which provides Post Critical Incident Seminars for first responders who have experienced critical incidents in their career. She is an Approved Instructor for the International Critical Incident Stress Foundation and teaches numerous courses. In addition, she serves on the Advisory Board of the Oklahoma Chapter of Concerns of Police Survivors, Inc. For the past 20 years, she has provided mental health and support services for the national organization of Concerns of Police Survivors, Inc. She is a Level II trained EMDR therapist and a member of IACP (International Association of Chiefs of Police). She received her doctorate in Counseling Psychology from Oklahoma State University in 1988, and maintains a private practice in Stillwater, Oklahoma.



Captain Gary Isbell

Gary Isbell is a Captain with the Oklahoma Highway Patrol (OHP) and is serving as the full time Commander of the OHP's Officer Assistance Program. Gary has been working as an OHP peer counselor for 10 years and is enormously responsible for updating and growing the OHP's Officer Assistance Program to where it is today. Gary is a certified Critical Incident Stress Management (CISM) instructor through the International Critical Incident Stress Foundation. Gary has taught and helped build Peer Counseling teams in the State of Oklahoma as well as teams across the United States. Gary also serves on the Advisory Board and is the Law Enforcement Liaison for the Oklahoma Chapter of the Concerns of Police Survivors (C.O.P.S.). Gary has served as a peer counselor in the Post Critical Incident Seminars conducted in Oklahoma through ERAP as well as serving as a peer with peer support services at National Police Week in Washington DC.