



Grades

K-12



## BURNED-IN Teacher Training Full-Day Workshop

Eight Steps to Go from Surviving to Thriving in  
Education

**Learn more at:**

[www.burnedinteacher.com/workwithme](http://www.burnedinteacher.com/workwithme)

**What Teachers Are Saying About This Workshop**

This program opened my eyes to how much negativity I was releasing and Amber gave me tips and strategies to help me set action steps to change my mindset.

**-Sabrina, Technology Coach**

# Workshop Overview

## BURNED-IN Teacher Training



This workshop is for educators and administrators wanting to learn more about building positive school culture, relationships, how to set goals, and take action on them. This training will give educators a chance to assess their current education reality, decide what they need to do to become a happier, more fulfilled educator, and make plans of action to get there.

This inspiring and activating training will not end when the training does. It's an ongoing, transformational process that will continue for as long as educators decide to take action and control over their teaching lives.

### What Does BURNED-IN Mean?

BURNED-IN Teacher Training is a system and process of reflection, planning, and action I've created to help teachers take their next best steps to be the happiest and most fulfilled educators and humans they can possibly be. BURNED-IN is an acronym and order of operations that takes teachers on a journey out of burnout:

- B: Begin Where You Are
- U: Understand Your Teacher Brand
- R: Reflect on Your Challenges
- N: Nurture Your Strengths
- E: Extend Your Reach
- D: Determine Your Long-Term Goals
- I: Initiate Lasting Change
- N: Never Settle

Each of these letters is a step in the process that includes a lesson, reflection, and includes specific action steps, depending on the type of burnout each teacher is struggling with.

### Training that Transforms Teachers and Their Administrators

In this workshop, teachers will learn strategies and practices they can implement into their daily lives while planning, engaging with students, grading, and meeting the high demands that are asked of today's teachers.

Administrators will learn the best ways to engage with a teacher who they believe is struggling with burnout and the steps they can take to build a bridge of trust and support to help them through it.

Questions or  
Want to Book a Workshop?

Contact Amber Harper



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Fill Out Contact Form: [www.burnedinteacher.com/contact](http://www.burnedinteacher.com/contact)

Learn More About Amber: [www.burnedinteacher.com/about](http://www.burnedinteacher.com/about)



What Teachers Are Saying about  
Burned-In Teacher Training

I feel I have the tools and outlook that are helping me to stay focused.

**-Janelle, Middle School Teacher**

## Presenter



Amber Harper is a Google Certified Educator, Trainer, and Innovator whose mission is to “Activate Educator Self-Empowerment.” She’s the creator of [www.burnedinteacher.com](http://www.burnedinteacher.com) and founder of Burned-In Teacher Coaching and EdTech Consulting where she has joined her two loves: edtech and innovation in the classroom and her obsession with helping educators who are struggling to find their own passions within the education profession. As a former public elementary school teacher, she promotes the use of technology as a tool for transformation and efficiency in the classroom and is obsessed with helping educators take themselves from burned-out to BURNED-IN! She hosts a weekly podcast dedicated to action, inspiration, and support for teachers dealing with teacher burnout called [The Burned-In Teacher Podcast](#).