

# Hygge Advent Calendar

Create moments of joy!

1

Start a reverse advent calendar for a food bank

2

Collect winter foliage and display

3

Make a gift for the birds

4

Make Christmas cards

5

Drink hot chocolate

6

Decorate your tree

7

Bake Christmas gingerbread

8

Watch a Christmas film

9

Light a candle

10

Wrap presents in brown paper, string and greenery

11

Take a wintery walk

12

Sing along to your favourite Christmas Songs

13

Get in touch with an old friend

14

Play a board game with friends/family

15

Change your phone wallpaper to a happy moment

16

Take a car tour of your city lights

17

Donate old toys

18

Look at old Christmas photos of your family

19

Do a random act of kindness

20

Make a mason jar snow globe

21

Have a screen free day

22

Light a candle at breakfast

23

Make a blanket fort

24

Get cosy under a blanket

25

Celebrate Christmas Day