

# Brainstorming Questions



***Write down (or record on audio)  
your answer to these questions***

**What have been  
your greatest  
accomplishments?**

**What qualities or  
behaviors in others  
really turn you off?**

**What actions or traits  
of yours have people  
given you the most  
compliments for?**

**What was a time  
when you were most  
ashamed of your  
behavior?**

**What is a rule of yours  
that you can never see  
yourself breaking?**

**What values do you  
want to keep...and  
which do you want  
to change?**

**If you could choose  
two values to put on  
your tombstone...what  
would they be?**

**What are some qualities  
in a person you really  
admire that you would  
like to have more of?**