

# Vital Mindset

**De'Anna Nunez** is your Speaker & Trainer, specializing in High Performance Hypnosis. She teaches her **Subconscious Integration System**® to breakthrough mental blocks and activate you into a cyclical unconscious system for success.

*"She fills the room with energy and has a gift connecting with people."*



*"De'Anna rocked the stage with her talk!"*



*"A thousand employees cheered for more!"*



## A Mindset Expert That Quickly and Effectively Connects the Psychological Dots Between Internal and External Goals

*"The Hypnosis she did for our executive leadership team was impactful and her visualization techniques were powerful. She really helped us set the tone for our meeting."*



Laurie Miller, Executive Vice President  
Alliance Health Care

Studies in Neuroscience and Psychology are using brain imaging to successfully document Hypnotic phenomenon and its usefulness to modifying behavior.

*"We laughed, learned and experienced the power of the mind."  
-Aflac Corporate Meeting Minnesota*



## CLIENT LIST

Aflac  
Norwegian Cruise Lines  
Mercury Insurance  
CW Network  
Aramark  
Knott's Berry Farm  
Reach Up Inc.  
Boy Scouts of America  
Harley Davidson  
Jenny O'Turkey

US Marine Corps  
California Dept. of Health  
EMC2  
Coldwell Banker  
First State Bank of Texas  
Minnesota State U  
New York State U  
Schwan's Red Baron  
Dairy Queen Corporation  
Bernick's Distributing



*“De’Anna’s keynote was dynamic and enjoyed by all.”*

## BIO

De’Anna Nunez is your Strategic Performance Coach leading with hands-on experience. She has transformed herself from smoking under the bleachers in high school and voting herself least likely to succeed to launching a Professional career. She’s spoken on over 1,000 stages to over 500,000 audience members, hypnotizing over 10,000 people demonstrating the power of the subconscious mind. She’s an overcomer who’s completed 100+ marathon distances and shares her lessons of struggle and belief through her storytelling and teachings. Having coached, trained and hypnotized Csuite executives, athletes, Marines and everyday people with her methodologies, her goal is to help you break through limiting behaviors, be more productive in your thinking habits and invest in your bigger vision. Her purpose is to empower people.

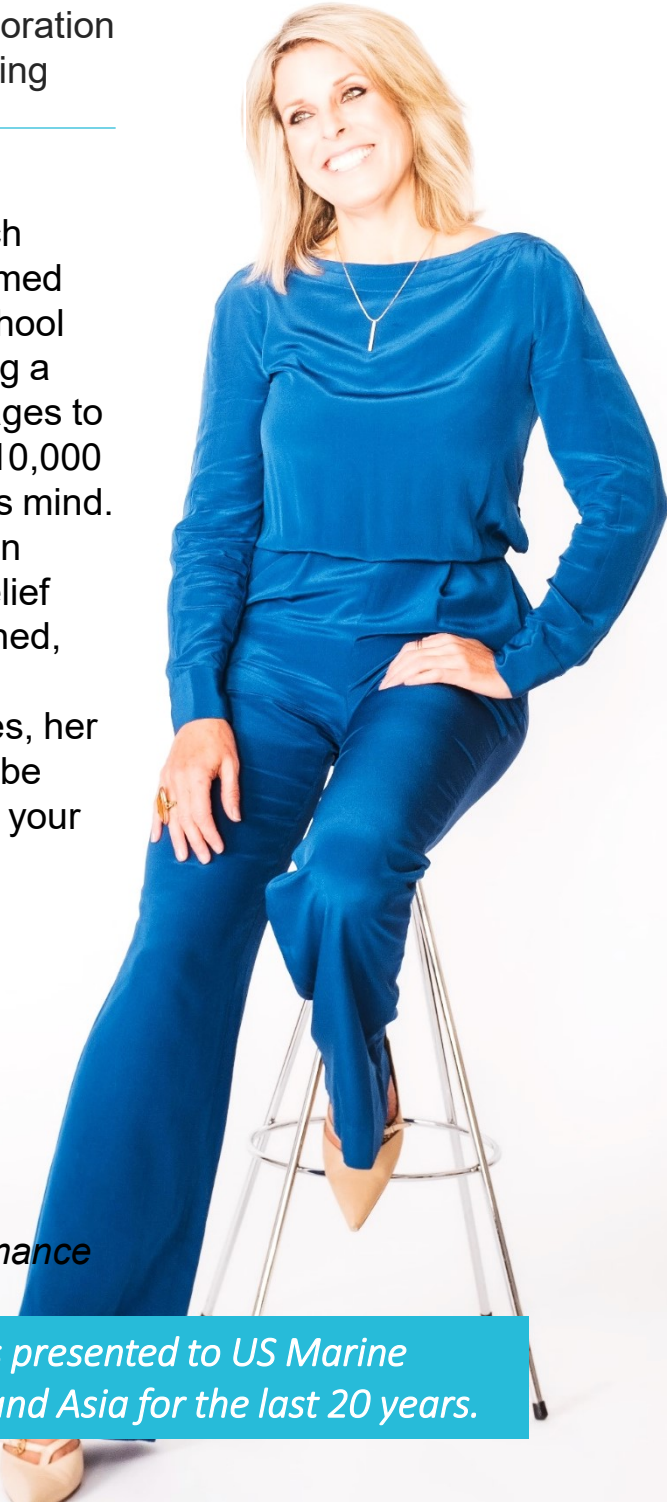
## OFFERINGS

### Training & Keynote Presentations

- *Reveal Subconscious Blocks*
- *Quickly Diminish Unnecessary Stress*
- *Implement Vital Self Talk Skills*
- *Leverage Values for Goal Achieving*
- *Heighten Internal Belief Systems for Top Performance*



*The only Hypnotist who has presented to US Marine bases throughout the U.S. and Asia for the last 20 years.*



## HIGH PERFORMANCE HYPNOSIS™

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Like Yoda to Luke Skywalker, you and De'Anna Nunez become a trusted team. She gets in your head and makes you a believer. She trains on the psychology and behaviors of success and personalizes it to you. Her Neuroscience-based High-Performance Hypnosis™ techniques are a tool she uses to activate a powerful Subconscious Integration System™. How does this effect the bottom line?

- *Higher Engagement and Personal Drive*
- *Improved Productivity Habits*
- *Influence on Contribution and Culture*
- *Attitude of Joy and Service*

Her strategies are designed to strengthen performance without sacrificing optimal health. With stress being known to have a strong effect on mental focus, her techniques ward off distraction so you can concentrate your efforts through a highly focused mind and body.

### The results of the Subconscious Integration System are:

- *Increased confidence and focus to execute on team and personal goals*
- *Greater command of thoughts and emotions*
- *The skill of internalizing oneself toward meaningful goals*
- *Being intimately connected to personal core values and beliefs that drive behavior*
- *The ability to align with company principles for increased personal ownership and contribution to culture*
- *Transforming interpersonal skills into more effective communication*
- *Command over stress*
- *Increased energy, health habits and brain focus*

**Developing People**  
**at a Deeper Level is Good for Business**