

## Dorothy Cook Bio

Having been in this field of work for over 33 years, I have found it a privilege and a delight to help individuals get unstuck. I never tire of walking alongside them. For some, the journey was short lived and for others, we walked many miles together.

In my early forties, a major health crisis kick-started me into coming out of denial. Over the ten years of recovery, God was faithful to walk me through my “stuff”...and I got my smile back!

I can honestly look back now and thank God for that difficult part of my life's journey. Back then, I would have never thought that, but I love the woman I am today! I am grateful for God's faithfulness to carry me when I struggled to walk through that gut wrenching time.

Out of my own struggle to overcome, I have become a woman that I have learned to love and respect. That was not always the case, but I can easily say it now.

A lot of the tools I now use to help others came out of my own struggle to break free of lies, shame and emotional pain. The rest of the “toolbox” came through my schooling at Fuller Theological Seminary, and other amazing online teachers and mentors.

In 2014, I became an ordained minister through Lighthouse To All Nations Church, choosing to share my love for the Lord online and in the marketplace.

Since that time, I have written several books, created online courses, and touched the hearts and lives of many.

So, it is with delight that I share God's unconditional love in creative and tangible ways, with my goal of helping to create a billion smiling faces.