

## PACT Training Overview

A Psychobiological Approach to Couple Therapy® (PACT) was developed by Dr. Stan Tatkin out of exciting, cutting-edge research in three areas: developmental neuroscience, attachment theory, and the biology of human arousal. PACT has a reputation for effectively treating the most challenging couples.

PACT focuses on clients' moment-to-moment shifts during the therapy session. Rather than rehashing past conflicts, the PACT therapist learns to create experiences similar to those troubling the relationship and help clients work through them in real time during the session. PACT tends to require fewer sessions than do other forms of couple therapy.

PACT currently offers training in Austin, Berkeley, Boulder, Los Angeles, New York, Santa Fe, and Seattle. Some years, courses are also available internationally.

## About the PACT Level II Training

PACT Level II training, taught by PACT founder Dr. Stan Tatkin, emphasizes skill mastery and deepening the integration of PACT in students' clinical practices.

Two 3-day sessions feature a combined didactic and multimedia delivery of information, group discussion, experiential exercises, clinical video presentations, case consultation, and live case enactments. Trainings deepen understanding about all aspects of PACT, including assessment of and interventions for attachment, arousal regulation, and neurological capacity.

Learning objectives for PACT Level II can be found on pages 3-4.

### **2018 Level II course includes:**

- Two training modules per year on Fridays, Saturdays, and Sundays
- 36 continuing education (CE) hours\*
- Digital copies of the PACT Level I training manuals
- Three live webinars, presented by Dr. Stan Tatkin
- A year of access to PACT Level I Training Videos
- Membership in online discussion group
- Access to online Student Library, which contains an extensive bibliography with downloadable articles, as well as classroom materials, including audio, video, and webinar recordings
- Invitation to participate in city consultation groups, where available (separate fee required)

*\*See page 3 for CE Information.*

### **2018 Level II requirements for participants:**

- To qualify for attendance in PACT Level II you must have completed Level I since 2013.

**Successful completion of PACT Level II requires:**

- Attendance at all six meetings
- Participation in course reading, discussions, and role plays
- Participation in online webinars

Students who successfully complete this training can identify as a PACT Level II clinician/therapist, indicating knowledge of and proficiency in integrating basic and advanced PACT skills and principles in a clinical setting.

**Price: \$2095**

Register 90 days before the start of training and receive a 10% discount off the registration fee (a savings of \$210).

## 2018 Level II Training Schedule

PACT Level II comprises two 3-day modules which take place Fridays through Sundays. Trainings on Fridays take place from 1pm-7:30pm local time. Trainings on Saturdays and Sundays take place from 9am-4:30pm local time.

Austin	Berkeley	Boulder	Los Angeles	New York City	Seattle
Nov 30-Dec 2	Oct 12-14	Oct 5-7	Oct 26-28	Oct 26-28	Sep 28-30
Jan 11-13	Dec 14-16	Nov 2-4	Feb 1-3	Jan 25-27	Nov 9-11

## Locations

St. Edward's University 3001 South Congress Ave Austin, TX 78704	Church Divinity School of the Pacific 2451 Ridge Road Berkeley, CA 94709	Best Western Plus Boulder Inn 770 28th Street Boulder, CO 80303	Pepperdine University West LA Graduate Campus 6100 Center Drive Los Angeles, California 90045	The Radisson Hotel New Rochelle 1 Radisson Plaza New Rochelle, NY 10801	Antioch University Seattle 2400 3rd Avenue, Suite 200 Seattle, WA 98121
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## CE Information

You must complete an application for CE hours within 10 days of completing Level II to receive a CE certificate. No partial CE hours will be awarded, and additional CE hours are not available for online webinars, quizzes, and discussion groups.

***CEUs are awarded when all two modules of the course are completed. If your CE renewal occurs midway through training, the first modules should count towards your next renewal. Check with your license board to be sure.***

Level II training is sponsored by the PACT Institute (ACEP #6641, PCE #5551, and SW CPE #0104) for 36 continuing education hours.

**Marriage and Family Therapists, Licensed Professional Clinical Counselors, Licensed Educational Psychologists, Licensed Clinical Social Workers, and Certified Counselors:** The PACT Institute has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6641. Programs that do not qualify for NBCC credit are clearly identified. The PACT Institute is solely responsible for all aspects of the programs.

**New York Social Workers:** PACT Institute SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0104.

**New York LMHCs:** PACT Institute, LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0114.

**Psychologists:** The PACT Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The PACT Institute maintains responsibility for this training and its content.

## **Tax Information**

The PACT Institute is a LLC. Our LLC number is: 46-3397760  
See page 7 for our W-9.

## **2018 Level II Course Objectives**

**Module 1: In this module, students will learn to:**

1. Demonstrate the ability to integrate PACT into clinical practice
2. Explain the overarching principles for the first session of PACT
3. Explain the principles for forming a therapeutic alliance
4. Identify and describe couple acting out behaviors
5. Discuss the mindset of a PACT therapist
6. Discuss and use genograms

7. Demonstrate the skills of GUSS (get, use, synthesis, and summarize) in the first session
8. Demonstrate advanced skills for working with disorganized partners
9. Explain the overarching principles for the middle sessions of PACT
10. Demonstrate advanced skills for the PAI and Toward and Away assessment and intervention
11. Demonstrate advanced skills for assessment and intervention with beckoning
12. Demonstrate advanced skills for assessment and intervention with declarations of commitment
13. Demonstrate advanced skills for assessment and intervention with bending metal
14. Demonstrate advanced skills for assessment and intervention with collaborative narratives
15. Demonstrate advanced skills for assessment and intervention with corralling questions
16. Demonstrate advanced skills for assessment and intervention with PACT posing and staging

**Module 2: In this module, students will learn to:**

1. Demonstrate the skills for assessment and intervention with the 5-minute argument
2. Demonstrate the skills for assessment and intervention with “Do you know how?”
3. Demonstrate the skills for assessment and intervention with “What are the 3 or 4 things?”
4. Demonstrate the skills for assessment and intervention with change your partner’s face
5. Demonstrate the skills for assessment and intervention with playing catch
6. Demonstrate the skills for assessment and intervention with “What’s your song?”
7. Explain the additional principles for the middle sessions of PACT
8. Demonstrate the skills for assessment and intervention with lead with relief
9. Demonstrate the skills for assessment and intervention with level the playing field
10. Demonstrate the skills for assessment and intervention with the deal breaker
11. Demonstrate the skills for assessment and intervention with betrayal
12. Demonstrate the skills for assessment and intervention with work with projections and projective identification
13. Explain the principles and demonstrate the skills for the end session of PACT
14. Demonstrate the skills for creating a treatment plan
15. Discuss the distinguishing characteristics of a PACT therapist

16. Explain the clinical and cultural challenges in adapting PACT for LGBT and multicultural pairings

## **Terms of Service and Cancellation Policy for PACT Level II**

PACT Level II training requires a commitment to attend two 3-day sessions within 12 months. You are financially responsible for the full registration fee of \$2095. Please do not join if you believe you cannot fulfill such a commitment.

If more convenient, payments can be made in two installments of \$1047.50 each. The first payment is due upon registration and the second is due on or before the first class. There will be no payment due at your last class. Payments can be made via check, cash, or PayPal.

If you miss a meeting, you can make it up in a different city within the same calendar year. If you cannot make up a missed day, you remain financially responsible for it.

### **Cancellations:**

If you wish to cancel/withdraw from your participation in one of our live or online events, you may do so by notifying the PACT Institute at least 1 month prior to the official start date of the first module, and a full refund minus a 5% processing fee will be given.

If the cancellation is less than a month but at least 1 week before a program, a credit will be issued toward a future event, valid for up to 1 year from the date of issue. If you cancel your registration within 1 week or if you fail to attend a live/online event, no refund will be given.

The PACT Institute reserves the right to cancel or reschedule any live /online event due to instructor illness or circumstances beyond our control. In such cases, you will be notified at least 24 hours prior to the scheduled start time and will receive a full refund. In the event of insufficient registrations for live trainings, notice of cancellation will be provided at least 4 weeks prior to the scheduled start date of the event.

All refunds will be processed within 10 working days of cancellation/rescheduling.

The PACT Institute will not be liable for any penalties or other expenditures incurred due to the cancellation/rescheduling of any of our trainings.

### **Proprietary information:**

The training manual, PowerPoint presentations, videos, handouts, and other class materials are considered proprietary information and may not be reproduced or cited by PACT students or alumni.

Students should not share their login information with anyone.

### **ADA Compliance:**

In accordance with the American with Disability Act (ADA), please contact our office (323-642-8003) at least 2 weeks before the program if you need special accommodations.

### **Grievance Policy:**

The PACT Institute is committed to conducting all activities in conformance with the ethical principles of the APA, NBCC, and NYSED. We comply with all legal and ethical responsibilities to be non-discriminatory in promotional activities, program content, and treatment of program participants. We take full responsibility for the monitoring and assessment of compliance with these standards.

While we assure fair treatment for all participants, we recognize that from time to time issues may require our intervention and/or action. Our guidelines for handling such grievances are as follows:

1. If a participant files a grievance, either orally or in written format, we will respond promptly and in good faith.
2. If the grievance concerns a program offering, program content, level of presentation, or the facilities in which the program was offered, and the participant requests action, we will (a) provide a fee credit toward a future program or (b) provide a partial or full refund of the program fee. Actions 2a and 2b will require a written note, documenting the grievance, for record keeping-- purposes. The note need not be signed by the grieved individual.

### **Privacy:**

The PACT Institute will make every reasonable effort to assure your privacy. We will never sell your information. We will not share your personal information except as necessary to comply with the reporting requirements of the various accrediting organizations that enable us to provide CE credit or if required to do so by governmental or law enforcement agencies. We do not retain or store any credit card payment information on our server.

### **Disclosure:**

Dr. Tatkin and the PACT Institute have no commercial conflict of interest.



Form **W-9**  
(Rev. December 2014)  
Department of the Treasury  
Internal Revenue Service

## Request for Taxpayer Identification Number and Certification

**Give Form to the  
requester. Do not  
send to the IRS.**

**1** Name (as shown on your income tax return). Name is required on this line; do not leave this line blank.  
**PACT Institute, LLC**

**2** Business name/disregarded entity name, if different from above

**3** Check appropriate box for federal tax classification; check only **one** of the following seven boxes:  
 Individual/sole proprietor or single-member LLC  
 C Corporation  
 S Corporation  
 Partnership  
 Trust/estate  
 Limited liability company. Enter the tax classification (C=C corporation, S=S corporation, P=partnership) ▶ **S**  
**Note.** For a single-member LLC that is disregarded, do not check LLC; check the appropriate box in the line above for the tax classification of the single-member owner.  
 Other (see instructions) ▶

**4** Exemptions (codes apply only to certain entities, not individuals; see instructions on page 3):  
 Exempt payee code (if any) \_\_\_\_\_  
 Exemption from FATCA reporting code (if any) \_\_\_\_\_  
*(Applies to accounts maintained outside the U.S.)*

**5** Address (number, street, and apt. or suite no.)  
**5012 Chesebro Road, Suite 201**

**6** City, state, and ZIP code  
**Agoura Hills, CA 91301**

**7** List account number(s) here (optional)

Requester's name and address (optional)

**Part I Taxpayer Identification Number (TIN)**

Enter your TIN in the appropriate box. The TIN provided must match the name given on line 1 to avoid backup withholding. For individuals, this is generally your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the Part I instructions on page 3. For other entities, it is your employer identification number (EIN). If you do not have a number, see *How to get a TIN* on page 3.

**Note.** If the account is in more than one name, see the instructions for line 1 and the chart on page 4 for guidelines on whose number to enter.

<b>Social security number</b>										
OR										
<b>Employer identification number</b>										
4	6		-	3	3	9	7	7	6	0

**Part II Certification**

Under penalties of perjury, I certify that:

- The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me); and
- I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and
- I am a U.S. citizen or other U.S. person (defined below); and
- The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.

**Certification instructions.** You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions on page 3.

**Sign Here**      Signature of U.S. person ▶ *Hans Baldemann Tarkin*      Date ▶ *1/26/15*

**General Instructions**

Section references are to the Internal Revenue Code unless otherwise noted.

**Future developments.** Information about developments affecting Form W-9 (such as legislation enacted after we release it) is at [www.irs.gov/fw9](http://www.irs.gov/fw9).

**Purpose of Form**

An individual or entity (Form W-9 requester) who is required to file an information return with the IRS must obtain your correct taxpayer identification number (TIN) which may be your social security number (SSN), individual taxpayer identification number (ITIN), adoption taxpayer identification number (ATIN), or employer identification number (EIN), to report on an information return the amount paid to you, or other amount reportable on an information return. Examples of information returns include, but are not limited to, the following:

- Form 1099-INT (interest earned or paid)
- Form 1099-DIV (dividends, including those from stocks or mutual funds)
- Form 1099-MISC (various types of income, prizes, awards, or gross proceeds)
- Form 1099-B (stock or mutual fund sales and certain other transactions by brokers)
- Form 1099-S (proceeds from real estate transactions)
- Form 1099-K (merchant card and third party network transactions)

- Form 1098 (home mortgage interest), 1098-E (student loan interest), 1098-T (tuition)
- Form 1099-C (canceled debt)
- Form 1099-A (acquisition or abandonment of secured property)

Use Form W-9 only if you are a U.S. person (including a resident alien), to provide your correct TIN.

If you do not return Form W-9 to the requester with a TIN, you might be subject to backup withholding. See *What is backup withholding?* on page 2.

By signing the filled-out form, you:

- Certify that the TIN you are giving is correct (or you are waiting for a number to be issued),
- Certify that you are not subject to backup withholding, or
- Claim exemption from backup withholding if you are a U.S. exempt payee. If applicable, you are also certifying that as a U.S. person, your allocable share of any partnership income from a U.S. trade or business is not subject to the withholding tax on foreign partners' share of effectively connected income, and
- Certify that FATCA code(s) entered on this form (if any) indicating that you are exempt from the FATCA reporting, is correct. See *What is FATCA reporting?* on page 2 for further information.