

Inclusion 247 Podcast

Show notes

www.inclusion247.com



Episode #5 – Supporting disabled people to live, work and enjoy life



In this episode we talk with **Heath Gunn – CEO of Enham Trust**

Enham Trust is a disability charity that provides services to over 6500 disabled people each year that focus on individual's abilities, enabling them to live a life of independence, choice and control.

Over almost 100 years Enham Trust have facilitated opportunities for hundreds of thousands of disabled, elderly and vulnerable people to live the lives they choose, as independently as possible.

During this episode we explore how organisations can become disability confident and how they can create a culture of inclusivity. You'll receive practical guidance on ways in which all employees can feel supported and valued for the gifts and talents that they have rather than limited because they have a different kind of ability.

Enham Trust was founded at the end of the first world war and the village, which is owned by the Trust was a gift from the King to support war wounded soldiers returning back from the first world war. Enham Trust has three main areas for supporting individuals with a disability this includes housing, care and employment. Their philosophy is to:

- Support individuals to have a place to live which is suitable for their needs, accessible,

enabling them to move around their home freely.

- To receive a level of care which is supplementary yet complementary to an individual's unique life needs, allowing independence.
- To support those with a disability to gain employment or meaningful occupation, providing social and economic independence.

Heath helps to bust some myths regarding sickness absence, he shares some practical steps companies can take when it comes to making reasonable adjustments and highlights that not all disabilities are visible.

Contacting Heath

- Website www.enhamtrust.org.uk
- LinkedIn – [Heath Gunn](#)
- Twitter - @Heathgunn
- Heathgunn.com

About the Show

The **Inclusion 247** podcast is for busy professionals who want to know 'how' to create an inclusive workplace culture. Throughout this series Teresa will speak to some of the most inspiring thought leaders of today, including yourself(!) who will share their knowledge and insight into what it takes to build an inclusive workplace culture. She will guide listeners through her tribe's Diversity & Inclusion® methodology - from taking stock, raising awareness, to inspiring all stakeholders, building for the future and embedding positive Diversity & Inclusion practices.

Inclusion 247 Podcast

Show notes

www.inclusion247.com



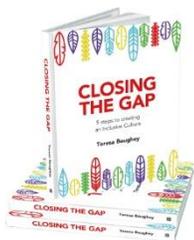
The format of the Podcast is 30 minutes of conversational-style discussion about ideas relating all aspects of equality, diversity, inclusion and belonging.

About your host

Teresa Boughey is an Award-Winning Diversity and Inclusivity specialist with over 25 years' Senior Leadership experience working with large organizations and their executive boards.

Teresa is a TEDx speaker, a UK Female Entrepreneur Ambassador and has been recognised as a Top 100 F: entrepreneur. She is business board member of two All-Party Parliamentary Groups, influencing Government on Policy.

She has appeared on BBC One's Sunday Politics Show and local BBC Radio. Teresa has also been a judge at the UK Biz Awards and UK Employee Experience Awards.



Teresa is the author of the #1 best-selling book *Closing the Gap – 5 Steps to Creating an Inclusive Culture*.

As an active fundraiser Teresa has also helps raise funds for various charities and is currently an Ambassador for The Hunger Project – **Unleashed Women's Project**.