

# Inclusion 247 Podcast

## Show notes

[www.inclusion247.com](http://www.inclusion247.com)



## Episode #6 – Equality FC



In this episode we talk with **Karen Dobres, Director of Lewes Football Club** who are the only club in the world to assign equal playing budgets to their men's and women's football team.

Lewes Football Club's Woman's Team play in The Championship League (the second highest tier of Women's Football) and their men's team play in the 7<sup>th</sup> tier. In 2017 the decision to equalize player budgets was spearheaded by two of Lewes Football Club's male directors and endorsed by the board and all community owners. They all felt it was wrong for the teams to be allocated such disproportionate player budgets particularly when the amount of training, effort and number of games which the teams play are the same. This is when the Club started Equality FC.

Lewes FC is 100% community-owned and is focused on creating positive social change for the people who own the club. In the episode Karen talks about how the club became community owned. Listeners can learn how they can become owners of the club.

Karen also shares some of the initiatives which the Club adopted to increase football attendance at both the men's and women's

games and highlights why it's not crazy to pay the women the same as the men in football.

Karen talks about the 'The 50 Year Ban' and how this impacted historically on woman's football.

## Contacting Karen

Karen and Lewes Football Club can be contacted

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Lewes FC	<a href="https://www.lewesfc.com/campaigns/women">https://www.lewesfc.com/campaigns/women</a>
	<a href="https://www.instagram.com/lewesfcwomen/">https://www.instagram.com/lewesfcwomen/</a>
	<a href="https://twitter.com/LewesFC">https://twitter.com/LewesFC</a>
	<a href="https://www.facebook.com/LewesFCWomen/">https://www.facebook.com/LewesFCWomen/</a>

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Karen Dobres	<a href="https://twitter.com/KarenDobres">https://twitter.com/KarenDobres</a>
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	<a href="https://www.linkedin.com/in/karen-dobres-07a54b176/">https://www.linkedin.com/in/karen-dobres-07a54b176/</a>

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## About the Show

The **Inclusion 247** podcast is for busy professionals who want to know 'how' to create an inclusive workplace culture. Throughout this series Teresa will speak to some of the most inspiring thought leaders of today, who will share their knowledge and insight into what it takes to build an inclusive workplace culture. She will guide listeners through her tribe5 Diversity & Inclusion® methodology - from taking stock, raising awareness, to inspiring all stakeholders, building for the future and embedding positive Diversity & Inclusion practices.

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The format of the Podcast is 30 minutes of conversational-style discussion about ideas relating all aspects of equality, diversity, inclusion and belonging.

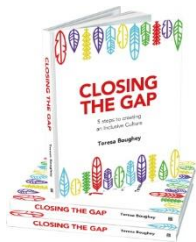
As an active fundraiser Teresa has also helps raise funds for various charities and is currently an Ambassador for The Hunger Project – **Unleashed Women's Project.**

## About your host

Teresa Boughey is an Award-Winning Diversity and Inclusivity specialist with over 25 years' Senior Leadership experience working with large organizations and their executive boards.

Teresa is a TEDx speaker, a UK Female Entrepreneur Ambassador and a Non-Executive Director. She has been recognised as a Top 100 F:entrepreneur. She is business board member of two All-Party Parliamentary Groups, influencing Government on Policy.

She has appeared on BBC One's Sunday Politics Show and local BBC Radio. Teresa has also been a judge at the UK Biz Awards and UK Employee Experience Awards.



Teresa is the author of the #1 best-selling book *Closing the Gap – 5 Steps to Creating an Inclusive Culture.*

*Closing the Gap* has been shortlisted in the 2020 Business Book Awards in the 'Exceptional book that promotes Diversity' category

<https://www.inclusion247.com/closing-the-gap-1-best-selling-book>

