



Elena Bensonoff

C.RPH, ABAAHP Diplomate, Author, Intuitive Energy Practitioner, Artisan Perfumer, and Founder of



WHOLISTIC®

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Visit: wholistic.com | orali.com

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Bio

Elena Bensonoff is an award-winning holistic practitioner, consultant pharmacist and the founder of Wholistic, Inc. As a pioneer in the fields of functional, regenerative and energy medicine, she has been sharing her gift for healing for over 20 years. Using her clinical skills and medical intuition, Elena has been able to support clients in reducing stress, ending digestive issues, overcoming chronic illnesses and more. Elena is the author of *Wholistic Wisdom: Awakening Your Inner Healer*, a #1 Amazon Best Seller in Holistic Medicine, and her expertise has been sought out by and featured on media outlets including *Elephant Journal*, *Mindvalley*, *iHeartRADIO*, *Daily Grind*, *Soulvana* and *NBC News*. She is also a guest instructor at the Omega Institute in Rhinebeck, New York, and board certified as an advanced fellow in anti-aging, functional and regenerative medicine. When she's not combining modern medicine and ancient healing modalities to improve her clients' health, she's spending quality time with her partner, four kids and two dogs. [Learn More About Elena](#)

Media

[Forbes](#) 6 Cures for Stress During Shelter in Place
[TEN x TEN Talk](#) World Peace Begins with Your Next Breath by Elena Bensonoff

[NBC News](#) Chakra Healing is the Latest Trend
[NBC News](#) Wholistic Wisdom Book: Journey to Wellness

[Wholistic Wisdom Live](#) Interview Series
[Kimberly Archuleta](#), Avance Learning Solutions, Interviews Elena on Spiritual Healing

[Cellular Healing TV](#) The Podcast of Dr. Daniel Pompa: Wholistic Wisdom

[Tri-Dosha Skincare UK](#) #TrulyInspirationalPeople: Elena Bensonoff, Business Tips

[Mindvalley](#) Group Immersion Session with Elena Bensonoff: Cultivating Inner Peace

[What It's Really Like to be an Entrepreneur](#) by Vincent A. Lanci: Become Wholistic with this CEO!

[iHeartRADIO](#) Moments with Marianne: Wholistic Wisdom with Elena Bensonoff

[The Essential Oil Revolution](#) Wholistic Wisdom
[Living Fabulously with Bev](#) Elena Bensonoff: Embracing Illness as a Friend and Guide

Testimonials

"Elena Bensonoff presents an account of the mechanisms by which environment and consciousness create the conditions of our bodies and the character of our lives." -Bruce Lipton, Phd, Stem Cell Biologist and Bestselling Author

"The unique value Elena brings to the field of holistic healing is that she truly understands how everything is connected." -Nassim Hamein, World Leader in Unified Physics, Founder of the Resonance Science Foundation
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