

HABIT CHALLENGE

HABIT is _____

★ START DATE:

Baby Step #1

1	2	3	4	5	6	7
8	9	10	11	12	13	14

Baby Step #2

15	16	17	18	19	20	21
22	23	24	25	26	27	28

Baby Step #3

29	30	31	32	33	34	35
36	37	38	39	40	41	42

Baby Step #4

43	44	45	46	47	48	49
50	51	52	53	54	55	56

