



## Better practices and flexibility of use

- A training path designed to free you from schedule constraints.
- An innovative e-learning platform to support and accompany professional projects, with online management and commercial training courses.
- A videoconference space in which you can work with your dedicated trainer during each planned coaching session.

## A concrete development objective

- A diagnostic meeting to define the main development axis and choose tutored and targeted e-learning modules according to your needs

## A resource space ...

- A comprehensive approach: five theoretical action-oriented e-sessions, together with professional personality tests, and four individual coaching sessions.

## A results commitment

- Review meeting to engage on-going commitments

Intervals between each session  
**to test** the efficiency  
of proposed solutions  
in the work environment.

# The fundamentals of everyday team management

- ❑ How to communicate
  - ❑ How to motivate
  - ❑ How to engage
  - ❑ How to progress
  - ❑ How to gain in efficiency
  - ❑ How to negotiate
  - ❑ How to recruit
  - ❑ How to manage
  - ❑ How to professionalise
  - ❑ How to assert yourself
- Social styles
  - Management styles
  - Leading a meeting
  - Supporting change
  - Managing your time and priorities
  - Promote differences and defend prices
  - The recruitment interview
  - The annual appraisal
  - Coaching and delegation
  - Assertiveness



KNOWLEDGE, KNOW-HOW & BEHAVIOURS

- ❑ PARTICIPANTS Anyone with managerial functions
- ❑ ROLL OUT
  - 1 diagnostic interview
  - 5 theoretical modules (choose out of 10)
  - 4 coaching sessions of 1.5 hours
  - 1 review & wrap-up session