

COVID-19 Exposure Control, Mitigation and Recovery Plan

Members and Guests

A. General—Club Wide

1. *Publication of Policies:* These policies shall be
 - a. emailed to every member
 - b. posted on the BTTC Website and the Club
 - c. referenced in all Covid related Club information
 - d. included in BTTC Covid Compliance Acceptance
2. *COVID Compliance Officer:*
>Robin Robertson is the Club designated COVID-19 Supervisor
3. *Who May and May Not come to BTTC*
 - a. Members and Guests may use the Club during Phase 2.
 - b. All Members and Guests must complete the Covid Compliance Acceptance prior to use of the Club. *See Appendix A*
 - c. The Governor has dictated that you **shall not** enter the Club if you meet any of the following:
“High risk clients are not permitted as part of Phase 2 re-opening. High risk clients include people over the age of 65, people with serious underlying medical conditions like chronic lung disease, moderate to severe asthma and people who are immunocompromised.”¹
 - d. Each Member and Guest is responsible to self-screen and **not** come to the Club for any reason if you:
 - i. have been diagnosed with COVID-19 (have not recovered or are still within the required 14-day quarantine),
 - ii. had symptoms of COVID-19 (within the last 24 hours)², or
 - iii. had contact with a person that has or is suspected to have COVID-19 (within the last 14 days).
4. *Member Etiquette—These are required by the State of WA.* All Club users shall:
 - a. wear appropriate face masks while in the Club, except as provided below.

¹ <https://www.governor.wa.gov/sites/default/files/COVID19Phase2FitnessGuidelines.pdf>

² Fever or chills, cough, Shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or Diarrhea.
<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

- b. maintain appropriate social distancing
- c. observe all spacing marks, ingress/egress flow patterns and other signage
- d. wash their hands and/or use hand sanitizer³ before entering the Club and periodically while at the Club.
- e. scan in using membership tag before each and every entry to the Club.⁴
- f. follow all instructions and directions from Club staff regarding these policies
- g. only use water fountains for filling your water bottles.

5. Locker Room & Towel Use

- a. The locker rooms shall only be used for toilet and sink access. No changing or shower use.
- b. Access to lockers will be allowed to remove items, but no items should be stored at the Club during this period.
- c. All Users must bring their own towels for use during exercise. All Club Towel service is suspended.

6. Lobby and Social Areas

- a. There shall be no use of the Club lobby and social areas.
- b. Coffee and Tea service is suspended.

7 Timing of Member Access/Exit

- a. Arrive at the front entrance no earlier than 5 minutes prior to court time, class/lesson/clinic/training time.
- b. Exit the Club immediately upon completion of their Club related activity.
- c. Follow all ingress/egress signage and staff directions.

B. Tennis Specific Policies

1. Player Attire:

- a. Masks are not practicable and not required/recommended during play.
- b. All Players shall wash hands and/or use sanitizer prior to and after their play.
- c. All Players must bring their own racket. Demo Club and all Club loaners are not available.

2. Court Etiquette

³ "Sanitizer" as used herein will be a commercially produced liquid, gel or spray material with at least 60% alcohol content intended for the purpose of disinfecting the surfaces it is used on.

⁴ If required by Federal or State authorities, we will disclose to appropriate government agencies the history of all check-ins in support of contact-tracking of Covid.

- a. Maintain appropriate social distancing at all times, except when not practicable for the activity.
- b. The court lights will be flashed off/on when there are 5 minutes remaining on court time. At that point, play must stop, balls and personal items collected and players shall leave the court space. The 5 minutes may be extended to 10 if players do not leave the courts quickly.
- c. Players on Courts 3,4,5 shall exit the building out of the Court 5 door by the garage door (north side). Players on Courts 1 & 2 shall exit out the main entry door.
- d. Observe signage that is in place to guide for social distancing directions.
- e. Avoid picking up balls with hands. Use your racket and feet to send ball to playing partner(s) and fellow players on other courts.
- f. Do not change sides.
- g. If possible use 2 cans of balls with different numbers so each side has different balls when serving.
- h. Please bring your own water bottle and towel.

3. *Lessons, Clinics and Camps:*

- a. Clinics and Camps will be limited to 5 players and one Pro per court.
- b. Observe all signage and other markers for access and on court locations.
- c. Maintain social distancing at all times.
- d. All participants shall wash hands or use hand sanitizer before entering courts. Also Clinic participants shall use hand sanitizer during the clinic as appropriate.
- e. Clinic/Camps/Lesson participants shall arrive no earlier than 5 minutes prior to lesson/clinic and then enter their assigned court at the exact time it is scheduled.
- f. All Clinics/Camps/Lessons shall wrap up early enough to allow clearing the court and exiting the court on time.
- g. Parents are allowed to wait on the court using social distancing standards. There shall be no waiting allowed in any other locations in the club.
- h. The instructor shall begin every clinic/camp/lesson with a Covid safety briefing.⁵

4. *Ball Machine*

- a. Ball machine users shall pick up all balls up at least 10 minutes before the end of court time.
- b. All users shall sanitize⁶ any touched surfaces on the ball machine and ball mower with sanitizer provided towels and spray bottle provide on court after use.
- c. Put ball machine away and sweep up fuzz at least 5 minutes prior to end of court time.
- d. Ball machine players shall leave the court when the court lights are flashed off/on.

⁵ To re-emphasize the protective measures for everyone to include maintaining social distancing, sanitation protocols, and pre-session screening.

⁶ As used herein, “sanitize” means to use BTTC approved sanitizer, applying the sanitizer to the surface or a disposable wipe or BTTC supplied towel, and then thoroughly wiping that surface down as per <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>

C. Fitness Specific Policies

1. Attire while on Gym Floor

- a. Masks shall be worn by all users at all times that it is practicable.
- b. If a Member or Staff is undertaking aerobic or other activity, masks may be removed for that activity only if social distancing is maintained.

2. Open Gym Policies

- a. The capacity of both Strong and Zone shall be limited to less than 30% of capacity: no more than 10 people in each area at one time.
- b. There shall be a reservation system to access each floor. Sign up periods are for 60 minutes on the hour. If you make a reservation and do not use it, future ability to make reservations shall be affected.
- c. Observe signage that is in place to guide for social distancing directions and maintain social distancing while using the facility.
- d. Users must sanitize down each piece of equipment before and after each use.
- e. Please bring own water bottle and towel for use during exercise.

3. Use of Cycling Studio (non-class)

- a. The Ride Room will be limited to 5 people.
- b. 5 bikes will be identified for use to maximize physical distancing. All other bikes will be unavailable.
- c. The back door shall be kept open while ride room in use.
- d. There shall be a reservation system to access each floor. Sign up periods are for 60 minutes on the hour. If you make a reservation and do not use it, future ability to make reservations shall be affected.
- f. Every user of the Ride Room must clean their bike before and after each use.⁷

4. Group Training Policies

- a. All classes limited to 5 people plus instructor and all shall be by reservation only
- b. All users are encouraged to provide their own equipment for class use.
- c. Separate equipment will be made available for individual use when possible
- d. All users shall clean equipment they use before and after each use/class⁸.
- e. Social distancing shall be maintained as much as practicable
- f. For Cycling classes, the instructor shall assign bikes for use
- g. The instructor shall begin every clinic/camp/lesson with a Covid safety briefing.⁹

⁷ Using sanitizer and towels/wipes provided.

⁸ Using sanitizer and towels/wipes provided.

⁹ To re-emphasize the protective measures for everyone to include maintaining social distancing, sanitation protocols, and pre-session screening.

D. Administrative Policies

- >For the protection of Club staff, Members shall not meet in person with or drop in on Club employees.
- >Members or guests shall not enter any of the administrative offices.
- >Online and phone access to all Club employees shall be maintained.
- >If a Member wishes a face to face meeting, such shall be arranged by that Club employee and Robin Robertson.

References: BTTC staff has spent significant effort to determine the best practices to make sure our Phase 2 re-opening meets all state requirements and industry standards. The following are some of the sources relied upon.

https://www.governor.wa.gov/sites/default/files/COVID19Phase2FitnessMemo.pdf?utm_medium=email&utm_source=govdelivery

<https://www.governor.wa.gov/sites/default/files/COVID19Phase2FitnessGuidelines.pdf>

<https://lni.wa.gov/forms-publications/F414-164-000.pdf>

https://www.usta.com/content/dam/usta/2020-pdfs/20200421_USTA_COVID19_PlayingTennisSafely-Players.pdf

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/index.html>

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/social-distancing.html>

<https://www.cdc.gov/media/releases/2020/s0522-cdc-updates-covid-transmission.html>

https://www.governor.wa.gov/sites/default/files/SafeStartWA_4May20.pdf?utm_medium=email&utm_source=govdelivery

<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>