

## B TTC Tennis Camp Culture

Our coaching philosophy and emphasis is geared toward sharing the love of the game of tennis. We love to play – to play the game and have fun while we are doing it – and this is a very powerful tool to engage kids and encourage learning. Players will grow in their tennis and athletic skills while bringing home some of the more subtle and valuable life lessons that come with playing tennis. We always emphasize tennis etiquette, good sportsmanship, integrity, best effort, and FUN! Our camps range from two to four days in a row, depending on the time of year.

Here is a typical camp day:

- Intro and Ice Breakers – “Tennis is fun! No matter what your age or ability” – getting to know each other and the basics of camp
- Rally & Athletic Development – “Move Better, Play Better” – Agility, balance, and coordination
- Small Group Fundamentals Work – “How and where to hit the ball” drills and skills practice for stroke development
- Break “Popsicle Time!” – A little rest and a treat
- Big Group Activities – “Applying the skills and drills” fun and skill level appropriate tennis, games, mixers, and match play to promote the positive social benefits of camp.

How we organize the players:

We keep a low ratio of 6-8 players to 1 coach. On the first day of camp, during the warm up and rally, we group the kids onto different courts based on:

- Ability to rally
- Use of proper technique
- Athleticism
- Effort and focus

We make this organization of groups because we have found that players have more fun and learn more quickly when they are playing with their peers. During the course of camp, it is possible that kids will move up group levels (that’s what we want!). No matter what group level, we make sure that each child feels equally valued and appreciated.

Here is How To Prepare for Camp

### WAIVER & CHECK IN

**WAIVER & COVID POLICY FORM:** Must be completed prior to using the B TTC facility or participate in any of our programs.

All minors must have the form completed and signed by their parent or guardian.

We simply cannot allow anyone on the courts without it.

**CHECK-IN:** Please arrive a few minutes early and check in at desk or kiosk (if outdoors) – just tell our staff your name and the name of the clinic you are attending and they will check you in. Parents please accompany your child to the check-in to make sure we are all set with payment and waiver.

**GET READY FOR CAMP! WHAT TO BRING:**

- Tennis Racquet (We do have loaners)
- Tennis or Court Shoes (non-marking sole – NOT running shoes)
- Water Bottle (We will have re-fill stations on site)
- Snack (we usually offer popsicles as a treat. If participant cannot have a popsicle, please provide your own treat)
- Wear Layers appropriate to the weather/temperature
- Hat, visor, sunglasses if we are outside.

**WEATHER IFFY?**

If the weather is questionable for outdoor camps, we will decide to hold camp outside or indoors (at the Bellingham Training & Tennis Club) by 7am on the day of Camp. You can find the decision on our Facebook Page or on our Blog. If you have trouble accessing either one, please just call the Club! If there is no mention of weather, then we will be outside. You can always call the Club if you have any questions.

We think you are going to love tennis camp!

Please give us a call if you have any questions: 360-733-5050

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