



**VICKIE**  
*Mudra*



## About **VICKIE MUDRA**

Experience what can happen when you ask "What if it could be different?" for yourself, your team, or your entire organization.

With a passion for serving professionals and organizations dedicated to the health and safety of others, Vickie Mudra understands the critical importance of ensuring all communities around the globe have a happy, healthy, mission-ready workforce.

Fueled by her commitment to help leaders and teams challenge the workplace status quo, she has embarked on a lofty quest to ask the tough questions, invite people to wake up, truly connect with why they do what they do, celebrate excellence around who and what matters most, and learn how to transform their personal well-being, their relationships, and their workplace cultures.

With the goal of bringing joy into the workplace, Vickie has set out on a mission to make sure that those who are so committed to caring for others are energized and empowered to also care for themselves. Using her DeliberateCARE™ model, she knows that living and working in your purpose, on purpose is the most crucial thing we can do as professionals, leaders, and as part of this human experience.

Vickie is an ICF-credentialed transformational leadership coach, educator, consultant, author, researcher, speaker, and community-builder. Founder and CEO of the Institute for Deliberate Practice, she has over 30 years of leadership and development experience in both the public and private sectors; holds a bachelor's degree in Healthcare Administration, and a Master's degree in Public Health, with graduate certification in Disaster Management and certification as a Six Sigma Lean in Healthcare.

She is a graduate of the Happiness Studies Academy, Certified in Emotional Intelligence, Conversational Intelligence and Energy Leadership, and is a Fellow with the Institute of Coaching, McLean Hospital, a Harvard Medical School Affiliate.

## SPEAKING TOPICS

- Discover Courage in CHOICES: What if it Could be Different?
- Welcome to the New Kind of Superheroes: What's your Kryptonite?
- Build Amazing Relationships Using the Power of Conversations: Four Stages of Deliberate CARE
- inSPIREd Excellence: What Matters Most
- Happy, Healthy, Mission-Ready Workforce: Build One. Thrive in One.
- The Making and Retention of Great Leaders: Leadership Academy for High-Potential Emerging Leaders



Conversational  
**INTELLIGENCE**®  
for Coaches

Enhanced Skills  
Practitioner



Contact Us to Schedule

[info@InstituteforDeliberatePractice.com](mailto:info@InstituteforDeliberatePractice.com)

📍 PO Box 5575 Goodyear, AZ 85338

☎ 708-955-3412

🌐 [www.InstituteforDeliberatePractice.com](http://www.InstituteforDeliberatePractice.com)

