



## Your Life Alignment Course

# YOUR LIFE ALIGNMENT COURSE SCHEDULE

## NOVEMBER

November 20: Intro Video

November 26: Week 1:

November 29: Week 1:

**Module 1 released: Your View**

Zoom Call Group Coaching on this week's module and homework

## DECEMBER

December 4: Week 2:

December 6: Week 2:

December 10: Week 3:

December 13: Week 3:

December 17 : Week 4:

December 20: Week 4:

December 24: Week 5:

December 27: Week 5:

December 31 : Week 6:

January 3: Week 6:

**Module 2 released: You Loving Yourself**

Zoom Call Group Coaching on this week's module and homework

**Module 3 released: Your New Vision**

Zoom Call Group Coaching on this week's module and homework

**Module 4 released: Your Identity**

Zoom Call Group Coaching on this week's module and homework

**Module 5 released: You Being Alive**

Zoom Call Group Coaching

**Module 6 released: Your Mind**

Zoom Call Group Coaching on this week's module and homework



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### JANUARY

January 7 : Week 7:

January 10: Week 7:

January 14: Week 8:

January 17: Week 8:

January 21: Week 9:

January 24: Week 9:

January 31 Week 10:

**Module 7 released: Your Environment**

Zoom Call Group Coaching on this week's module and homework

**Module 8 released: Your Finances**

Zoom Call Group Coaching on this week's module and homework

**Module 9 released: Your Dream**

Zoom Call Group Coaching on this week's module and homework

Zoom Call Group Coaching on any course topics

### FEBRUARY

February 7: Week 11:

Zoom Call Group Coaching on any course topics

February 14: Week 12:

Zoom Call Group Coaching on any course topics and wrap up.