

**What situation  
am I reflecting on?**

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**POSITIVE PROGRESS**

What did you do successfully?  
What went well?  
What did you like or enjoy?

**CHALLENGES AND DIFFICULTIES**

What did you find challenging?  
What did you not enjoy?

**UNANSWERED QUESTIONS**

What questions remain?  
What are you not sure about?  
What do you need answers for?

**MOVING FORWARD**

What would you do differently next time?  
What needs to be answered or solved?