

Offices of Dr. Jane A. Simington Ph.D.

205 Griesbach Road NW Edmonton AB T5B 6S5

Tel: 780 473 6732 Fax: 780 472 0885

Websites: www.drjanesimington.com www.takingflightbooks.com www.takingflightinternational.com

Email: info@takingflightinternational.com

A Mother's Voice: Indestructible Family Relationships to Survive a Child's Death



Dr. Jane A. Simington, PhD.

For more than thirty years, I have been a professional helping people as they move through difficult life experiences. I am also a bereaved mother whose son was killed when he was 13 years of age. In my therapeutic practice and in my presentations and workshops, I blend both my personal and professional experiences of loss and grief. As a therapist, when I work with an individual or a couple who have endured the death of a child, I help them prepare for the rocks in the waters they will have to navigate, both as individuals, as couples, as parents and as a family. I explore with them the solutions that they think will work for them, and I give them suggestions of what worked for me and for the many other couples I helped through many crises.

A Mother's Voice: Indestructible Relationships to Survive a Child's Death advances your knowledge about how grief for a child differs from other types of grief, and increases your skills to work in a safe and therapeutic way with grieving parents, helping their relationships and families survive as they navigate the angry waters of their individual, relationship and family grief.

During our time together you will:

- 1) Advance your awareness of the challenges faced by grieving parents and siblings following the death of a child.
- 2) Discuss models of grief that can be applied when working with grieving families.
- 3) Explore various ways to help grieving children cope with, and heal from, the grief.
- 4) Gain practical skills to share with a grieving couple to help them keep their relationship strong as they grieve and heal from the death of their child.

Please follow this link to read about *Indestructible Relationships Following the Death of a Child*. http://takingflightinternational.com/a-mothers-voice/poem-of-the-month/

Read related Articles written by Dr. Jane Simington.

A Not-So-Happy- Father's Day

http://drjanesimington.com/grief/the-not-so-happy-fathers-day/

Gratitude for Grandfathering of Grandsons

<u>http://drjanesimington.com/learning/gratitude-for-grandfathering-of-grandsons/</u>
Love Saved a Life

http://drjanesimington.com/grief/love-saved-a-life/

A Mother's Voice

http://drjanesimington.com/grief/a-mothers-voice-indestructible-relationships-to-survive-a-childs-death/

Mothering & Grand-Mothering: Weaving Spiritual Intergenerational Bonds http://drjanesimington.com/gratitude/spiritual-intergenerational-bonds/