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The Uplifting Giftbook

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THE TREASURE HUNT
COMPRISES 10 TREASURE MAPS

A photograph of a sharp, jagged mountain peak covered in snow and ice, rising steeply from a thick layer of white clouds. The sky above the clouds is a soft, hazy blue.

The support
you seek
comes from within,
not without.

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1. Utilize The Supportive Treasure Hunt to change your script in time. When you feel supported within, you will experience it without. This hunt will take you deep within the subconscious mind to truly forgive the call for punishment. Remember, what is without, is projected from within. It is never what another does or does not do to you, but rather what you are doing to yourself.
2. Each pathway will take a minimum of 1.5 hours to finish. Sometimes it might take 3+ hours to complete. Do not rush this process. Leave no stone unturned, for it is by removing the shadows that you will find how truly supported by Perfect Love you are. So, with ten treasure maps, you have at least 15 hours of forgiving within. It might even be 30 hours. But the hunt will be worth it, for your separation from love will change at the completion of it, when you find the wholeness of truth. This will allow you to give up the lack of support you experience, for every type of lack you face can be traced back to the choice for separation.
3. Please ensure you follow the process of FAITH, the practice of the 'I Forgive' principle until you place your Truforgiveness upon the altar to God at the last question. This is where peace will be found.
4. Trust the voice within that will tell you when you need to move on to the next question. This is important, as it is also this inner voice that gives you the layers of guilt you need to forgive to free. Please do not allow the voice of ego judgment to jump in and offer feedback for what you are truly forgiving. This work is for Truforgiveness only, which is the opposite of judgment.
5. As you journal, allow the feelings to move through your body. Breathe into them. They might be uncomfortable, but it is these emotions that are covering the truth of your Perfect Love and peace. Where your love is, so too is all the support you could want.
6. Remember, the answer to the question can be found in the mini-map before it.
7. Do not be afraid of the darkness you are encountering within. For if it is not within you, you will not find it. As long as you are diving deep with Truforgiveness and not judgment you will be safe. The story of this life does not matter, for you are the dreamer of the dream. Truly forgive the shadows of sin to be returned to your truth of innocence and experience the support you could only dream of.
8. This work of Truforgiveness Therapy is simply removing the barriers to the awareness of love's presence within. By doing this, you know love, which is always supportive.
9. You must truly forgive everything that surfaces, no matter what. You receive healing when you forgive within. So, this work is not to be used to seek confirmation for events of the past, for the true cause is always some aspect of the decision to be separate instead of whole.
10. At the end of The Supportive Treasure Hunt, wholeness will have been restored. This is what you are going to do, as well as correct your belief system. This allows you to miraculously manifest, by healing the one cause of lack you face in every form. The choice to be separate instead of whole.

Important Disclosure

I am not a therapist, nor a doctor. In no way should this material replace what your care professional says. I am neither responsible nor liable for any harm or injury resulting from the use of this material. I've written this from personal experience in the hope that it may assist others. It is up to each seeker to take responsibility for their own healing. I wish you every success, peace, safety and joy on the path to unlearning fear to remember Perfect Love. Do not be afraid of the shifts that take place when forgiving within, they can be extremely powerful, for it is a pathway to spiritual awakening.

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- THANKFUL SUPPORT -

The Supportive Treasure Hunt

10.01 What is the support you would be thankful for?

I forgive being thankful for

10.02 What is the support you lack?

I forgive the lack of support

The Supportive Treasure Hunt

10.03 What can't you do?

I forgive not being able to

10.04 What do you need?

I forgive needing

The Supportive Treasure Hunt

10.05 How do you feel?

I forgive feeling

10.06 What do you need to let go of?

I forgive the need to let go of

The Supportive Treasure Hunt

10.07 What do you want?

I forgive wanting

10.08 What do you lack?

I forgive my lack of

The Supportive Treasure Hunt

10.09 How do you feel?

I forgive myself for feeling

10.10 What will you let go of?

I forgive the need to let go of

The Supportive Treasure Hunt

10.11 What is the mistake you have made?

I forgive the mistake of

10.12 What do you forgive yourself for?

I forgive myself for

The Supportive Treasure Hunt

10.13 What do you want?

I forgive wanting

10.14 What do you need?

I forgive needing

The Supportive Treasure Hunt

10.15 What is the mistaken belief you have made?

I forgive the mistaken belief that

10.16 How do you feel?

I forgive myself for feeling

The Supportive Treasure Hunt

10.17 What do you want?

I forgive wanting

10.18 What do you need to have?

I forgive needing to have

The Supportive Treasure Hunt

10.19 What do you lack?

I forgive my lack of

10.20 What is the mistake you made?

I forgive the mistake of

The Supportive Treasure Hunt

10.21 What do you need to let go of?

I forgive the need to let go of

10.22 What have you done wrong?

I forgive myself for

The Supportive Treasure Hunt

10.23 What do you forgive yourself for?

I forgive myself for

10.24 What is the mistaken belief you have made?

I forgive the mistaken belief that

The Supportive Treasure Hunt

10.25 What do you need?

I forgive needing

10.26 What do you lack?

I forgive my lack of

The Supportive Treasure Hunt

10.27 What do you want?

I forgive wanting

10.28 How do you feel?

I forgive myself for feeling

The Supportive Treasure Hunt

10.29 What do you need to let go of?

I forgive the need to let go of

10.30 What is the support you would be thankful for?

I forgive the need to be thankful for



Every problem you face in the illusion of time can be traced back to the belief in separation. It is this original sin that casts out guilt, that keeps grace hidden from your awareness. Yet it is not even a sin, it is a mistake to be corrected, for it is not true. You cannot separate from God, for what He creates as One cannot be parted.

Give up guilt, by forgiving within, not continuing to bury or project it. The more of the guilt you clean up, the more of the truth of innocence you will find. It is innocence that will support your awakening. For where innocence is, so too is Perfect Love.

It is this innocence within you must remember, but you must undo your belief in the sin of separation to find it. Innocence is true, not sin, and by backtracking within, with the 'I Forgive' principle, you will clean up every shadow that has been cast outwards. Do not feel overwhelmed by this, for it is simply a mind-correction from fear to love. Stop your mind from wandering into worry by making a choice for Truforgiveness rather than those ego judgments that seek to separate.

What did this treasure map reveal to you? What has been undone? Do you feel supported now from within? For this will then reflect outward. Get ready for your picture in time to change, for when you correct the cause, you change the effects of form! Finally, it is God's Love that will support you, and you will remember this when you know your function is to support God. You are His much-loved extension of perfection. Serve God and watch your dream life come to fruition. Do not serve the god the ego has made, for you find God in the place of wholeness where there is no belief in the sin of separation.

This image shows a single sheet of white paper with ten horizontal dashed lines spaced evenly apart, resembling notebook paper. The lines are thin and grey, extending across the width of the page. There is no handwriting or other markings on the paper.