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The Uplifting Giftbook  
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THE TREASURE HUNT  
COMPRISES 10 TREASURE MAPS

The support  
you seek  
comes from within,  
not without.

Tash McKenna  
[www.tashmckenna.com](http://www.tashmckenna.com)



1. Utilize The Supportive Treasure Hunt to change your script in time. When you feel supported within, you will experience it without. This hunt will take you deep within the subconscious mind to truly forgive the call for punishment. Remember, what is without, is projected from within. It is never what another does or does not do to you, but rather what you are doing to yourself.
2. Each pathway will take a minimum of 1.5 hours to finish. Sometimes it might take 3+ hours to complete. Do not rush this process. Leave no stone unturned, for it is by removing the shadows that you will find how truly supported by Perfect Love you are. So, with ten treasure maps, you have at least 15 hours of forgiving within. It might even be 30 hours. But the hunt will be worth it, for your separation from love will change at the completion of it, when you find the wholeness of truth. This will allow you to give up the lack of support you experience, for every type of lack you face can be traced back to the choice for separation.
3. Please ensure you follow the process of FAITH, the practice of the 'I Forgive' principle until you place your Truforgiveness upon the altar to God at the last question. This is where peace will be found.
4. Trust the voice within that will tell you when you need to move on to the next question. This is important, as it is also this inner voice that gives you the layers of guilt you need to forgive to free. Please do not allow the voice of ego judgment to jump in and offer feedback for what you are truly forgiving. This work is for Truforgiveness only, which is the opposite of judgment.
5. As you journal, allow the feelings to move through your body. Breathe into them. They might be uncomfortable, but it is these emotions that are covering the truth of your Perfect Love and peace. Where your love is, so too is all the support you could want.
6. Remember, the answer to the question can be found in the mini-map before it.
7. Do not be afraid of the darkness you are encountering within. For if it is not within you, you will not find it. As long as you are diving deep with Truforgiveness and not judgment you will be safe. The story of this life does not matter, for you are the dreamer of the dream. Truly forgive the shadows of sin to be returned to your truth of innocence and experience the support you could only dream of.
8. This work of Truforgiveness Therapy is simply removing the barriers to the awareness of love's presence within. By doing this, you know love, which is always supportive.
9. You must truly forgive everything that surfaces, no matter what. You receive healing when you forgive within. So, this work is not to be used to seek confirmation for events of the past, for the true cause is always some aspect of the decision to be separate instead of whole.
10. At the end of The Supportive Treasure Hunt, wholeness will have been restored. This is what you are going to do, as well as correct your belief system. This allows you to miraculously manifest, by healing the one cause of lack you face in every form. The choice to be separate instead of whole.

#### Important Disclosure

I am not a therapist, nor a doctor. In no way should this material replace what your care professional says. I am neither responsible nor liable for any harm or injury resulting from the use of this material. I've written this from personal experience in the hope that it may assist others. It is up to each seeker to take responsibility for their own healing. I wish you every success, peace, safety and joy on the path to unlearning fear to remember Perfect Love. Do not be afraid of the shifts that take place when forgiving within, they can be extremely powerful, for it is a pathway to spiritual awakening.

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- SPIRITUAL SUPPORT -

# The Supportive Treasure Hunt

5.01 What is the spiritual support you need?

*I forgive needing the spiritual support of*

5.02 What do you lack?

*I forgive my lack of*

# The Supportive Treasure Hunt

5.03 How do you feel?

*I forgive myself for feeling*

5.04 What do you want?

*I forgive wanting*

# The Supportive Treasure Hunt

## 5.05 What do you need?

*I forgive needing*

## 5.06 What do you not have?

*I forgive myself for not having*

# The Supportive Treasure Hunt

5.07 What is the mistake you have made?

*I forgive the mistake of*

5.08 What do you not know?

*I forgive not knowing*

# The Supportive Treasure Hunt

5.09 What do you want?

*I forgive wanting*

5.10 What do you need to feel supported?

*I forgive needing*



# The Supportive Treasure Hunt

5.11 What is the mistaken belief you have made?

*I forgive the mistaken belief that*

5.12 How do you feel?

*I forgive feeling*

# The Supportive Treasure Hunt

5.13 What do you need to have?

*I forgive needing to have*

5.14 What is the mistake you have made?

*I forgive the mistake of*

# The Supportive Treasure Hunt

5.15 What do you want?

*I forgive wanting*

5.16 What is the support you lack?

*I forgive the lack of support from*

# The Supportive Treasure Hunt

5.17 What do you need?

*I forgive needing*

5.18 What is the mistaken belief you have made?

*I forgive the mistaken belief that*

# The Supportive Treasure Hunt

5.19 What is the mistake you have made?

*I forgive the mistake of*

5.20 What is the support you need?

*I forgive needing the support of*

# The Supportive Treasure Hunt

5.21 What do you lack?

*I forgive my lack of*

5.22 What do you have to do?

*I forgive myself for having to*

# The Supportive Treasure Hunt

5.23 How do you feel?

*I forgive myself for being*

5.24 What will you let go of?

*I forgive letting go of*

# The Supportive Treasure Hunt

5.25 What do you need?

*I forgive needing*

5.26 What do you want?

*I forgive wanting*



# The Supportive Treasure Hunt

5.27 What do you lack?

*I forgive my lack of*

5.28 What is the support you require?

*I forgive requiring support in*

# The Supportive Treasure Hunt

5.29 What is the mistake you have made?

*I forgive the mistake of*

5.30 What is the support you have?

*I forgive the support of*



Who/what are you supported by? How do you feel within, the further you dig through this darkness? Are you learning of the things to be grateful for? Can you see the light at the end of the tunnel as yet?

There is so much support for you, but you do need to remove the guilt of the shadow of sin so that you can see truth. When you see through the lens of separateness, you simply cannot see clearly. You cannot see the support that is ready to lift you up, whilst you chain yourself to cruelty. Undo the guilt within, to know the grace that will support those heartfelt desires you wish to make manifest, as you head into the happy dream that precedes awakening.

What did this treasure map reveal? What has been undone? What have you learned you have?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.