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The Uplifting Giftbook

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THE TREASURE HUNT
COMPRISES 10 TREASURE MAPS

The support
you seek
comes from within,
not without.

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1. Utilize The Supportive Treasure Hunt to change your script in time. When you feel supported within, you will experience it without. This hunt will take you deep within the subconscious mind to truly forgive the call for punishment. Remember, what is without, is projected from within. It is never what another does or does not do to you, but rather what you are doing to yourself.
2. Each pathway will take a minimum of 1.5 hours to finish. Sometimes it might take 3+ hours to complete. Do not rush this process. Leave no stone unturned, for it is by removing the shadows that you will find how truly supported by Perfect Love you are. So, with ten treasure maps, you have at least 15 hours of forgiving within. It might even be 30 hours. But the hunt will be worth it, for your separation from love will change at the completion of it, when you find the wholeness of truth. This will allow you to give up the lack of support you experience, for every type of lack you face can be traced back to the choice for separation.
3. Please ensure you follow the process of FAITH, the practice of the 'I Forgive' principle until you place your Truforgiveness upon the altar to God at the last question. This is where peace will be found.
4. Trust the voice within that will tell you when you need to move on to the next question. This is important, as it is also this inner voice that gives you the layers of guilt you need to forgive to free. Please do not allow the voice of ego judgment to jump in and offer feedback for what you are truly forgiving. This work is for Truforgiveness only, which is the opposite of judgment.
5. As you journal, allow the feelings to move through your body. Breathe into them. They might be uncomfortable, but it is these emotions that are covering the truth of your Perfect Love and peace. Where your love is, so too is all the support you could want.
6. Remember, the answer to the question can be found in the mini-map before it.
7. Do not be afraid of the darkness you are encountering within. For if it is not within you, you will not find it. As long as you are diving deep with Truforgiveness and not judgment you will be safe. The story of this life does not matter, for you are the dreamer of the dream. Truly forgive the shadows of sin to be returned to your truth of innocence and experience the support you could only dream of.
8. This work of Truforgiveness Therapy is simply removing the barriers to the awareness of love's presence within. By doing this, you know love, which is always supportive.
9. You must truly forgive everything that surfaces, no matter what. You receive healing when you forgive within. So, this work is not to be used to seek confirmation for events of the past, for the true cause is always some aspect of the decision to be separate instead of whole.
10. At the end of The Supportive Treasure Hunt, wholeness will have been restored. This is what you are going to do, as well as correct your belief system. This allows you to miraculously manifest, by healing the one cause of lack you face in every form. The choice to be separate instead of whole.

Important Disclosure

I am not a therapist, nor a doctor. In no way should this material replace what your care professional says. I am neither responsible nor liable for any harm or injury resulting from the use of this material. I've written this from personal experience in the hope that it may assist others. It is up to each seeker to take responsibility for their own healing. I wish you every success, peace, safety and joy on the path to unlearning fear to remember Perfect Love. Do not be afraid of the shifts that take place when forgiving within, they can be extremely powerful, for it is a pathway to spiritual awakening.

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- GOD'S SUPPORT -

The Supportive Treasure Hunt

4.01 How do you feel you lack God's support?

I forgive lacking God's support

4.02 How do you feel?

I forgive myself for feeling

The Supportive Treasure Hunt

4.03 What do you lack?

I forgive my lack of

4.04 What do you want?

I forgive wanting

The Supportive Treasure Hunt

4.05 What do you need?

I forgive myself for needing

4.06 How do you feel?

I forgive myself for feeling

The Supportive Treasure Hunt

4.07 What is happening to you?

I forgive

4.08 Who/what do you forgive?

I forgive

The Supportive Treasure Hunt

4.09 What do you want?

I forgive myself for wanting

4.10 What do you need to have?

I forgive myself for needing to have

The Supportive Treasure Hunt

4.11 What do you feel?

I forgive myself for feeling

4.12 What is the mistake you have made?

I forgive the mistake of

The Supportive Treasure Hunt

4.13 What do you need to let go of?

I forgive the need to let go of

4.14 What do you forgive yourself for?

I forgive

The Supportive Treasure Hunt

4.15 What are you being?

I forgive myself for being

4.16 What is the support you need from God?

I forgive needing God to

The Supportive Treasure Hunt

4.17 What do you need freedom from?

I forgive needing freedom from

4.18 What do you want?

I forgive wanting

The Supportive Treasure Hunt

4.19 What do you need?

I forgive myself for needing

4.20 How do you feel?

I forgive myself for feeling

The Supportive Treasure Hunt

4.21 What is the mistaken belief you have made?

I forgive the mistaken belief that

4.22 What do you lack?

I forgive my lack of

The Supportive Treasure Hunt

4.23 What do you need?

I forgive needing

4.24 What is the mistake you have made?

I forgive the mistake of

The Supportive Treasure Hunt

4.25 What is the support you lack?

I forgive my lack of

4.26 What do you want?

I forgive wanting

The Supportive Treasure Hunt

4.27 What did you give up?

I forgive giving up

4.28 What is the mistaken belief you have made?

I forgive the mistaken belief that

The Supportive Treasure Hunt

4.29 How do you feel?

I forgive feeling

4.30 How do you feel you have God's support?

I forgive myself for feeling



It is God's grace you seek to know, by simply removing the belief in sin, the projection of guilt, and the experience of fear. When you know God, you will know His Perfect Love. You will feel supported from within, which will project outwards and you will feel supported by a blanket of beauty, no matter the events of form. But you must support God to know Him.

How you feel within, is what you see without. If you do not like the projection of form, instead of chasing your tail around, dig within to undo from where the cause arose. Always some aspect of the belief in separation from Source.

What did this treasure map reveal? What has been undone? Where have you hidden your guilt? Did you find the innocence within?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.