



WHO I AM AND WHAT I DO

Hi there! My name is Joshua Wayne, and I've been working with young men and their families for 25 years. You can learn more about me at: joshuawayne.com/about

My primary focus is mentoring teen boys and young men who need additional guidance on the path to adulthood and independence. The work is typically organized around helping him build a clear picture of what he wants in his life, and then developing the skills, confidence and focus needed to make it happen.

Sometimes it works to jump right into a 1-1 relationship with the young man, but this isn't always possible for a variety of reasons. If it's not, I can still help your family. I will be able to tell which approach makes the most sense when we speak.

HOW I CAN WORK WITH YOUR SON

- If you son and I connect and decide to work together, on average we'll speak 4-5 times per month, plus texting as needed. What's important to understand is that I'm not counting minutes; I'm focused on helping him get results.
- If I work directly with him, I ask that you be prepared to make a one-year commitment. It may be less – and you can expect me to be very up front if I think our work is done - but it's important that you're comfortable with this timeframe from the outset both to manage expectations and for budgeting purposes.
- After a year we'll reevaluate how much time and support he needs, and then adjust pricing accordingly.
- If we determine that additional services are needed (i.e. academic or psychological testing, academic tutoring, college counseling, etc.) I will help you find top quality resources, most of whom are likely in my personal network.

WHAT TO EXPECT AFTER I WORK WITH YOUR SON

- He'll know how to make healthy decisions that move his life forward.
- He'll know how to handle challenges, disappointment and criticism maturely.
- He'll know how to build and maintain healthy relationships with the right people.
- He'll be on the path to adulthood, maturity and responsibility as he becomes an independent adult you are proud of.



HOW I CAN WORK WITH YOU AS THE PARENTS

For a variety of reasons, the timing may not be right for me to work with your son, but I can still help you move the situation in the right direction through my month-long **Intensive Family Coaching** process. In this process I'll help you develop the *right* strategy to help him move his life forward, or get over whatever hurdle he's stuck at. I will walk you through the exact conversations you need to have with him, and will provide you with a written plan of action. In that month:

- We'll talk in person, or by phone, Skype or Facetime approximately 4-5 times.
- I'll get to know you, learn about your son, and the dynamics of your relationship with him.
- I'll provide you with practical feedback right away that will get things moving in a more positive direction.
- You can reach out to me between sessions as issues arise that you would like feedback on. I'm not counting minutes; I'm focused on helping you get results.
- I'll connect with your son, if appropriate, and will provide you with suggestions on how to facilitate that happening.

WHAT TO EXPECT AT THE END OF THE MONTH

At the end of the month, one of the following will be true:

1. You'll have all the clarity you need to move your situation forward positively.
2. Your son and I will transition into a professional, supportive mentoring relationship.
3. We'll agree that it makes sense for me to work further with you the parents for a period of time to help you implement the plan I will create for you (typically 3-6 months).

WHAT IT COSTS

- 1 Month Family Assessment Process: **\$3,500/month**
- Ongoing coaching/mentoring with you or your son: **\$2,500/month**

WHAT'S NEXT

Put some time on my calendar and we'll chat for an hour (no cost) to discuss working together. You can expect me to be up front about whether or not - and how - I can help you. You can find my calendar link at joshuawayne.com/coaching. Thanks and I look forward to speaking with you.