

## MENTORING FOR TEEN BOYS & YOUNG MEN

I provide a unique 1-1 mentoring relationship for teen boys and young men who need support and guidance on the path of independence, responsibility and adulthood. My role is one-part big brother, one-part trusted friend, one-part Sensei. If he, you and myself all agree it's a good fit, I'll be a significant adult in his life who's there to help him figure out what he wants, clear the blockages in his way, and develop the skills & confidence necessary to make it happen.

### HOW IT WORKS

- We'll talk in person, or by phone, Skype or Facetime on average 4-5 times a month. We'll also text on a regular basis.
- He will have access to me as needed. I'm not counting minutes; I'm focused on getting results.
- I will also check in with you as his parents as needed (typically monthly).
- Please be prepared to make a one-year commitment. It may be less, but it's important that you're comfortable with this from the outset, both to manage expectations and for budgeting purposes.
- If we determine that additional services are needed (i.e. academic or psychological testing, academic tutoring, college counseling, etc.) I will help you find top quality resources, many of whom are likely already in my personal rolodex.

INVESTMENT: \$2500/MONTH

## PERSONALIZED COACHING FOR PARENTS

If we can't engage your son to engage with me in a 1-1 mentoring relationship, but you're willing to try some different strategies in how you're approaching him, I can help you get the situation moving in the right direction. My approach is very effective at helping you decrease conflict, increase positive communication, and getting him to take greater responsibility for his life and future.

### HOW IT WORKS

- We'll talk in person, or by phone, Skype or Facetime on average 3-4 times a month. We'll also text and/or email on a regular basis.
- You will have access to me as needed. I'm not counting minutes; I'm focused on getting results. You will have me in your corner.
- Please be prepared to make a 4-month commitment. It may be less, but it's important that you're comfortable with this from the outset, both to manage expectations and for budgeting purposes.
- If we determine that additional services are needed (i.e. academic or psychological testing, academic tutoring, drug & alcohol treatment, college counseling, etc.) I will help you find top quality resources, many of whom are likely already in my personal rolodex.

### INVESTMENT

- **\$2,500/month** *under most circumstances*
- **\$3,500/month** *if your family is in crisis and requires intensive, ongoing support. I will let you know if I think this is the case when we speak.*