

Mercury Poisoning Symptoms

What are the Symptoms of Mercury Poisoning?

Numerous experts have listed symptoms and diseases caused or made worse by mercury poisoning. For example, here is a list from Dr. Andrew Cutler's book called, "Amalgam Illness Diagnosis and Treatment."

Do you or someone you know suffer from:

Allergies

Asthma

Autoimmune diseases

Amyotrophic lateral sclerosis

Ankylosing spondylitis

Myasthenia gravis

Parkinson's disease

Alzheimer's disease

Schizophrenia spectrum disorders

Borderline personality disorder

Anxiety

Panic attacks

Attention deficit hyperactivity disorder

Learning disabilities

Endocrine problems

Depression

Obsessive-compulsive disorder

Manic depressive disorder

Rheumatoid arthritis

Juvenile arthritis

Lupus erythromatosus

Multiple chemical sensitivities

Environmental illness

Chronic fatigue

Fibromyalgia

Sciatica

Gastritis

Irritable bowel syndrome

Colitis

Crohn's disease

Sleep disorders

Anorexia nervosa

Bulimia

Yeast syndrome

Dr. Klinghardt is considered a world-renowned expert in mercury toxicity, amongst other things. You can read about him on his website at the following link:

<http://www.klinghardtacademy.com/>

He also published numerous papers and videos on many health-related topics. Here are some quotes from Klinghardt's website:

Mercury has been called "the great imitator". There is virtually no medical condition that has not been caused by Mercury or is not aggravated by it.

A consistent theme across his work is that every illness or weakness in your body is made much worse by mercury poisoning:

Mercury is a potent neurotoxin and should be suspected as the underlying cause of every chronic neurological illness unless proven otherwise.

Detoxifying from heavy metals should be a significant component of any holistic treatment of chronic illness. Further, it should also be a significant component of any preventive health regime or "anti-ageing" program.

According to Klinghardt and other holistic doctors, most chronic diseases will be greatly diminished or heal automatically as you detox your body.

Patients suffering from heavy metal toxicity – Symptom Frequency (%)

Mercury poisoning has many diverse symptoms. Dr. Georgiou has prepared a table that lists the tendency of mercury toxic patients experiencing certain symptoms. This information is based on a questionnaire of 1320 patients from the Huggins Diagnostic Centre.

Are you toxic ... Who isn't?

Frequency of symptoms for those suffering with heavy metal toxicity – Symptom Percentage (%)

- | | |
|--|--|
| 1. Unexplained irritability - 73.3 % | 16. Get out of breath easily - 43.1 % |
| 2. Constant or very frequent periods of depression - 72.0 % | 17. Frequent or recurring heartburn - 42.5 % |
| 3. Numbness and tingling in the extremities - 67.3 % | 18. Excessive itching - 40.8 % |
| 4. Frequent urination during the night - 64.5 % | 19. Unexplained rashes, skin irritation - 40.4 % |
| 5. Unexplained chronic fatigue - 63.1 % | 20. Constant/frequent metallic taste in the mouth - 38.7 % |
| 6. Cold hands/feet even in warm weather - 62.6 % | 21. Jumpy, jittery, nervous - 38.1 % |
| 7. Bloating feeling most of the time - 60.6 % | 22. Constant death wish or suicidal intent 37.3 % |
| 8. Difficulty remembering or use of memory - 58.0 % | 23. Frequent insomnia - 36.4 % |
| 9. Sudden unexplained/unsolicited anger and advice - 55.5 % | 24. Unexplained chest pains - 35.6 % |
| 10. Constipation on a regular basis - 54.6 % | 25. Constant or frequent pain in the joints - 35.5 % |
| 11. Difficulty in even making simple decisions - 54.2 % | 26. Tachycardia - 32.4 % |
| 12. Tremors or shakes of head, hands or feet, etc. - 52.3 % | 27. Unexplained fluid retention - 28.2 % |
| 13. Twitching of face and other muscles - 52.3 % | 28. Burning sensation on the tongue - 20.8 % |
| 14. Experience frequent leg cramps - 49.1 % | 29. Get headaches just after eating. - 20.1 % |
| 15. Constant or frequent ringing or noise in the ears - 47.8 % | 30. Frequent diarrhoea - 14.9 % |

Do you have these symptoms?

These are just a few assessments from professionals who have extensive experience with mercury poisoning. There are many other professionals who give their opinion online and in their books.

My Symptoms with Mercury Poisoning

At my worst, I was plagued with allergies and numbness on my left side, shortness of breath, angina (chest pains), and heart palpitations. My heart was racing all the time and I felt exhausted. These symptoms were so strong that I could not fall asleep for a week at a time, even though I was totally exhausted. I sought help from many sources in conventional and alternative health fields. I tried just about everything and nothing worked.

Severe mercury poisoning can feel like a heart attack. One day I suffered from such strong chest pains, heart palpitations and shortness of breath, that I thought I might be having a heart attack. My husband called an ambulance which took me to the hospital. They tested my vital signs and my heart condition looked good. The doctor concluded that I had anxiety and prescribed anti-depressant pills. His opinion was that I was just too anxious and should ignore what I was feeling.

We later learned from Hal Huggins that this is a common symptom of people who are highly toxic. Indeed, mercury binds to the hemoglobin in your blood, which prevents it from carrying oxygen. So even though my hemoglobin count looked good, a lot of it was contaminated with mercury and therefore useless, which caused me to suffocate. However, the doctors did not notice that, and they labelled me as being too anxious.

Today, most of my mercury poisoning symptoms have disappeared and I attribute the improvements in my health to the following:

- Complete dental revision
- Mercury detox
- Healthy nutrition

Your body has a God-given ability to heal itself, if you remove the toxins and give it proper nutrition.