

Conscious Leadership Accelerator



3-Month Online Program

Today more than ever, leaders struggle to keep pace in the face of unprecedented challenges. As the world's complexity and unpredictability ramp up, yesterday's mindsets and solutions no longer suffice. Leaders need new ways of thinking, acting and collaborating. They need to accelerate their growth and develop new

capacities and capabilities for leading and teaming through these tumultuous times. The Conscious Leadership Accelerator program catalyzes this shift by taking leader-learners on a powerful three-month transformational journey.



Conscious Leadership 3-Month Online Program

Month 1:

Foundations of Conscious Leadership

During month 1, the focus is on waking up leaders to provoke a profound shift that empowers them to become more conscious, collaborative and effective.

Foundations of Conscious Leadership is designed around five key objectives:

- 1** Understand how your level of consciousness determines your leadership effectiveness
- 2** Explore leadership from an evolutionary perspective and locate yourself within this developmental framework
- 3** Disidentify from your mental models (unconscious thinking) and lead from a deeper sense of Self
- 4** Learn how to recognize and take radical responsibility for the state of consciousness you are leading from
- 5** Discover transformational practices to shift and lead from a more conscious and creative mindset

The program is offered in four half-day modules with transformational practices between each module to foster a deeper integration of each module's key teachings.

Month 2:

The Leadership Circle Profile™ 360 Assessment + Debriefing

In month 2, learners complete and are debriefed on their Leadership Circle Profile™ 360 assessment, a powerful tool for fast-tracking their development. This assessment allows them to clarify their key strengths and areas of growth. The debriefing session enables them to start clarifying the One Big Developmental Goal that they focus on in month 3 to shift to higher levels of leadership effectiveness.

Month 3:

Mapping Your Immunity to Change™

Most of us are all too familiar with the experience of fully committing to a goal and then failing to achieve it. Why does this keep happening? Because our best intentions are no match for our unconscious commitments. These hidden competing commitments keep our feet firmly on the brakes. Examining these underlying commitments, beliefs and emotions dramatically increases our ability to make changes and achieve once-elusive goals. The Immunity to Change™ process gets leaders to dig, discover, challenge and transcend these roadblocks to higher levels of performance and value creation.



Optional: An Additional Three Months of Coaching

Months 4 & 5:

Bi-Monthly Group Coaching Sessions

Equipped with an overarching developmental goal and greater self-awareness, leaders are further supported and challenged during four two-hour group coaching sessions. These bi-monthly sessions enable participants to deepen their transformation through personalized coaching. Leaders also fast-track their growth by seizing this rare opportunity to learn from the challenges, experiences and wisdom of their cohort peers.

Month 6:

Individual Wrap Up Coaching Session and Next Steps

To close the program, each participant receives a 60-minute individual coaching session to review their key learnings, explore current and anticipated challenges, and clarify the next step on their conscious leadership journey. With the coach, the leader creates and commits to specific practices to support their ongoing growth.

Audience

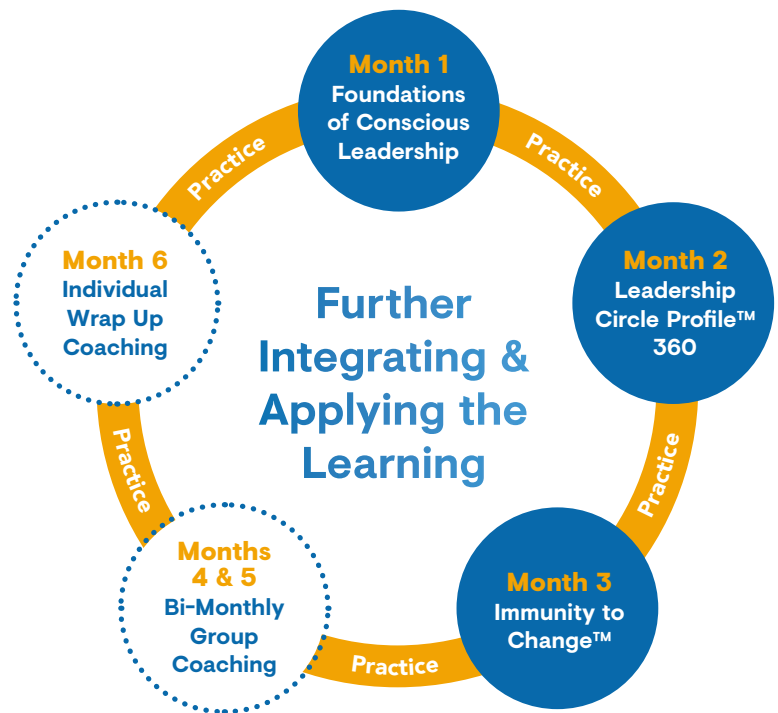
All leader-learners who are interested in reaching higher levels of self-awareness and leadership effectiveness.

Online learning format

This online course follows a clearly defined transformational process. The course's design reflects the principles and best practices in adult experiential learning. As with all of our programs, it encourages introspection, increases self-awareness and facilitates a fundamental shift in consciousness and behaviours.

For more information:

gilles@trans-formation.ca
monica@oncorpcoaching.com



Your Facilitators/Coaches



Gilles Brouillette, Ph.D.
gilles@trans-formation.ca

Gilles is a founding partner and President of the Transformational Learning Institute, and co-founder of the Leadership Imperative Institute. He has a Doctorate in Transpersonal Psychology. He is the Co-director of the Conscious Leadership Program at the Professional Development Institute of the University of Ottawa. He is also a Senior Leadership Consultant and Executive Coach for The Leadership Circle.



Monica Callon
monica@oncorpcoaching.com

Monica is an assistant faculty member of the Global Team Coaching Institute, and co-founder of the Leadership Imperative Institute. Certified as a Senior Practitioner in team and individual coaching by the European Mentoring and Coaching Council (EMCC), she is also a member of The Leadership Circle core debriefing faculty. Monica partners with courageous and open-minded leaders and teams to foster breakthroughs in self- and systemic awareness, influence and business results.