

Foundations of Conscious Leadership

From Training to Transforming Leaders

The current level of development of our leaders is no longer adequate for dealing with today's complex organizational reality. More than ever, in order to lead effectively, we need to think and act from a more conscious and systemic perspective. This transformation requires more than learning new skills and competencies. It depends on our capacity to make fundamental shifts in how we think and act. Foundations of Conscious Leadership focuses on this core objective: to awaken leaders and provoke a profound shift that empowers them to become more conscious, collaborative and effective.

Integral and developmental leadership framework

Participants will be introduced to an integral and developmental framework that offers a comprehensive map of the seven stages of leadership development. Participants will begin assessing their own level of development based on these stages. They will also learn conscious leadership practices and gain powerful insights into the drivers that underlie individual, team and organizational transformation.

Workshop Objectives

Foundations of Conscious Leadership is designed around five key objectives:

- 1 Understand how your level of consciousness determines your leadership effectiveness
- 2 Explore leadership from an evolutionary perspective and locate yourself within this developmental framework
- 3 Disidentify from your mental models (unconscious thinking) and lead from a deeper sense of Self
- 4 Learn how to recognize and take radical responsibility for the state of consciousness you are leading from
- 5 Discover transformational practices to shift and lead from a more conscious and creative mindset

“The profound changes that are necessary today require a shift in our paradigm of thought and a shift in consciousness from ego-system to an eco-system awareness.”

Otto Scharmer & Katrin Kaufer
Authors, *Leading from the Emerging Future*

“We now recognize that leadership is a process of transformation whereby leaders are encouraged to make a profound shift — to gain a deeper understanding of themselves, the world, and their relationship to other.”

Bob Anderson
Founder of The Leadership Circle

Online learning format

This online course follows a clearly defined transformational process. The course's design reflects the principles and best practices in adult experiential learning. As with all of our programs, it encourages introspection, increases self-awareness and facilitates a fundamental shift in consciousness.

Foundations of Conscious Leadership is typically offered in four half-day modules with transformational practices between each module to foster a deeper integration of each module's key teachings.

Audience

All leaders who are interested in reaching higher levels of self-awareness and leadership effectiveness.

Workshop Outcomes

As a participant, you will:

- Learn transformational principles and practices to accelerate your leadership development and effectiveness
- Develop greater agility and responsiveness in addressing constantly evolving realities and complex, unpredictable business environments, including change initiatives
- Increase your reflective capacity and ability to rethink the way you respond to situations and make decisions
- Begin cultivating a capacity for deeper systemic awareness and for taking into account multiple stakeholder priorities, competing needs and divergent perspectives
- Learn the foundational teachings and frameworks required to continue your learning journey on our 8-month online Leadership Imperative program



“I have attended many excellent leadership development workshops, but it is the only one that profoundly changed my life.”

Caroline-Anne Tylko

Director, Organizational Effectiveness,
General Dynamics

“Transformational leadership is a crucial part of our leadership program for creating a sustainable, continuous improvement culture. It is instrumental for helping us work collaboratively while embracing change.”

Dave Legge

Senior VP, Air Canada

Your Facilitators/ Coaches

Gilles Brouillette, Ph.D.
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Gilles is a founding partner and President of the Transformational Learning Institute, and co-founder of the Leadership Imperative Institute. He has a Doctorate in Transpersonal Psychology. He is the Co-director of the Conscious Leadership Program at the Professional Development Institute of the University of Ottawa. He is also a Senior Leadership Consultant and Executive Coach for The Leadership Circle.

Monica Callon
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Monica is an assistant faculty member of the Global Team Coaching Institute, and co-founder of the Leadership Imperative Institute. As a certified leadership coach and Leadership System™/Leadership Circle Profile™ practitioner, Monica partners with courageous and open-minded leaders and teams to foster breakthroughs in self- and systemic awareness, influence and business results. Her focus is on executive and team purpose, values, capacity, authenticity and impact.

**For more
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