



SMART Goals

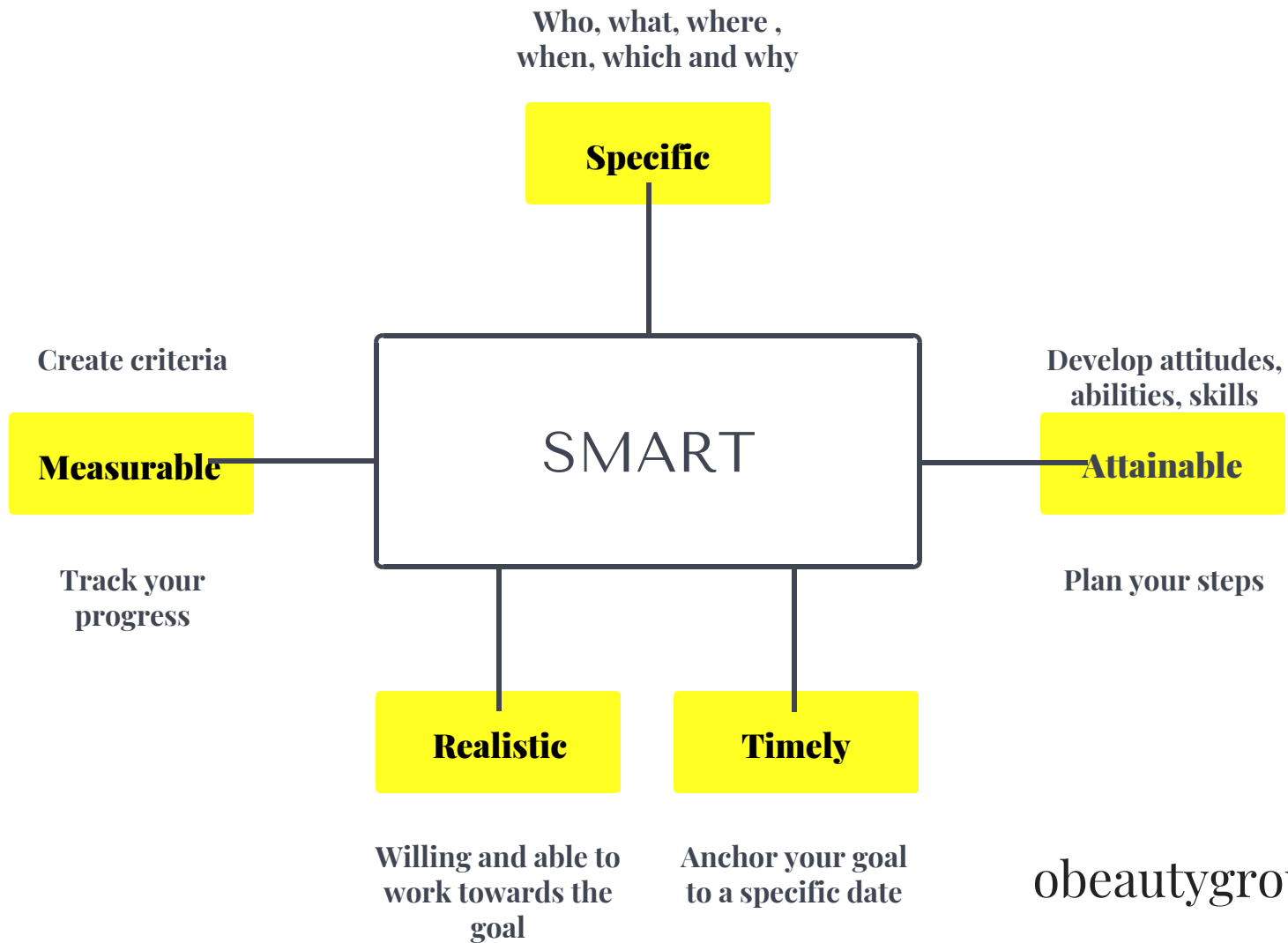
obeautygroup.com

My Goals

Now let's face the truth. Many times we will make GOALS with all intentions of achieving them, but life happens & things fall by the wayside. For this reason this is why we should limit our GOALS to no more than 3 Goals.

Plan the 3 Big Goals that you want to tackle this year and break them down into actionable steps in order to make them happen using the SMART method.

SMART GOALS



How to PLAN Goals

Write your goals in present tense, as though you have already achieved them. This will help you visualize your goals. Make sure to use the SMART (Specific, Measurable, Timely, Relevant, Timely) Method.

For Example,:

By the end of 2019 , I am a highly respected well known income strategist for hairstylist and I have helped 50 hairstylist increase their income by 25%.

S.M.A.R.T. Goals Worksheet



Specific

What exactly do you want to do?

Measurable

How will you track your progress?

Attainable

Do I have what I need to make this possible?

Relevant

Why am I doing this?

Timely

When will I have this completed?

Goal 1



Goal 2



Goal 3