Certified Relationship Program
Continuing Education Credits & Learning Objectives

Students will be able to apply the knowledge and skills learned in the Certified Relationship Program for their own practice as relationship coaches, love coaches, wellness coaches, intimacy coaches, and other professional specialties such as educators, sexologists, counselors or therapists.

The courses in this program meet the requirements of the American Association of Sexuality Educators, Counselors and Therapists (AASECT) and together are approved for 43.5 CE credits. These CE credits may be applied toward AASECT certification and renewal of certification. Please note that AASECT applies these credits on an individual basis, and LU cannot guarantee AASECT membership based on the completion of any LU course or program. Visit AASECT for more details: https://www.aasect.org/

This program is also eligible for credit at the American College of Sexologists towards the 300 hours required for membership. Please note professional life experiences are also eligible for academic credit as determined by the discretion of the ACS International board, including researchers, documentary filmmakers, authors, adult toy retailers or other entrepreneurs in the field of sexual health and pleasure. Visit ACS for more details: http://www.americancollegeofsexologists.org/

The courses in this program follow SMART learning objectives (Specific, Measurable, Achievable, Realistic, Time-Phased). Consult the learning objectives for each course individually to review its learning objectives.

Certified Relationship Coach Program
At-a-glance CE credits by course
1. LOVE COURSE = 3.5 CE credits
2. FLIRTING COURSE = 3.5 CE credits
3. COMMUNICATION COURSE = 4 CE credits
4. APHRODISIACS 4 CE credits
5. DATING COURSE = 4 credits
6. KISSING COURSE = 2 CE credits
7. FOREPLAY 4 CE credits
8. EROTIC MASSAGE 4 CE credits
Learning Objectives by course:

1. **Love Course**

This course is eligible for 3.5 CE credits
AASECT CE provider number: 18-916-LU

**THIS IS AN ONLINE COURSE AT LOVEOLOGY UNIVERSITY®**

This course lays the groundwork for understanding intimate human behavior with essential statistics, history, theory, skill sets and foundational knowledge on the concept of love. Discover the elements of self-love, romantic love, passionate love as well as key theories on rejection and forgiveness. Finally, learn about the necessary ingredients of true love, such as communication, trust and respect to provide the basic underpinning for the program.

This course follows SMART learning objectives (Specific, Measurable, Achievable, Realistic, Time-Phased). By the end of this course, students will understand and be able to:

1. Identify at least five (3) brain chemicals involved in the ‘feeling’ of love.
2. Differentiate between the concepts of love and lust.
3. Name & describe four historical philosophies of love.
4. Explain John Allen Lee’s ‘Types of Love’ categories.
5. Understand Sternberg’s Triangular Theory of Love.
6. Explain how forgiveness can heal personal relationships.
7. Summarize the most important factors in maintaining love in a long term relationship.
8. Identify at least five ways to coach someone to process rejection from an intimate partner.
9. Distinguish between at least five (5) ways of expressing love to an intimate partner.
10. Understand how business practices can be applied to romance.
11. Examine successful communication techniques with examples.
12. Develop a plan for keeping a relationship exciting.
13. Identify at least ten (10) steps that lead to healing from a break up.
14. Identify at least three (3) ways to help others let go of the past.
15. Learn about how flirting works to engage potential partners.

**COURSE WORK FORMAT:**

1. **Video:**
   - LOVE Narrated Multimedia Presentation Video (1hr. 3m)
   - Ask the Expert video: Addictions & Recovery with Sherry Gaba, LCSW (13m 52s)

2. **Reading Material:**
   - 12 Steps to Everlasting Love eBook (200 pages, estimated time to complete: 3.5 hours)
   - Love Around the House eBook (160 pages, estimated time to complete: 2.5 hours)

3. **Final Quiz** – 25 questions (about 30 minutes)*

**2. Flirting Course**

This course is eligible for 3.5 CE credits
AASECT CE provider number: 18-916-LU

**THIS IS AN ONLINE COURSE AT LOVEOLOGY UNIVERSITY®**

Flirting is a crucial element of romance and human sexuality with its own history, techniques, skills and approaches. This course delves into the science of body language, the power of conversation, the role of our five senses, the value of active listening, the significance of positivity, how flirting works in long term relationships and much more.

This course follows SMART learning objectives (Specific, Measurable, Achievable, Realistic, Time-Phased). By the end of this course, students will understand and be able to:

1. Identify at least five (5) research findings about flirting.
2. Differentiate between appropriate and inappropriate ways to flirt.
3. Name the ways in which women’s flirting habits change with their menstrual cycles.
4. Explain the truth about at least two (2) flirting myths.
5. Summarize how conversation can affect flirting.
6. Identify at least five (5) types of body language that are considered flirtatious.
7. Distinguish between flirting, seducing and teasing.
8. Understand how vocal inflections signal flirting.
9. Examine reciprocal disclosure and how it influences flirting behavior.
10. Develop a 5 stage plan for flirting with exercises based on W5 principles of journalism.
11. Identify sexual harassment in the context of flirting.
12. Identify at least three (3) flirting techniques.
13. Explain how flirting works in long-term relationships.
14. Understand the value of positivity in the context of flirting.
15. Learn about flirtatious conversation starters.

COURSE WORK FORMAT:

1. Video:
   FLIRTING Narrated Multimedia Presentation Video (51m 29s)
   Giving Love To Your Body & Showing Love To Your Partner with Dr. Amie Harwick (1hr. 30 minutes)
2. Audio:
   Build Confidence Hypnosis Session (20 minutes)
3. Reading Material:
   Guide to Flirting & Dating e-book (21 pages, estimated time to complete: 42 minutes)
4. Final Quiz – 25 questions (about 30 minutes)*

3. Communication Course

This course is eligible for 4 CE credits
AASECT CE provider number: 18-916-LU

THIS IS AN ONLINE COURSE AT LOVEOLOGY UNIVERSITY®

Communication plays a central and vital role in relationships of every kind, and mastering the basic elements of human interaction is key to becoming an effective Love Coach. This course outlines fundamental concepts like negotiation, forgiveness, saying no, navigating family life, communicating fantasies, constructive criticism, body language, conversation skills and much more to provide a framework for understanding the development and nuance of most types of personal human connection.

This course follows SMART learning objectives (Specific, Measurable, Achievable, Realistic, Time-Phased). By the end of this course, students will understand and be able to:

1. Identify three (3) levels of communication and how they relate to intimacy.
2. Differentiate between at least five (5) left and right brain differences.
3. Name three forgiveness exercises and be able to explain how they work.
4. Explain the three (3) modes of communication styles: auditory, visual & kinesthetic
5. Summarize how couples can effectively communicate three (3) different types of personal boundaries.
6. Identify at least three (3) ways to negotiate disagreements.
7. Distinguish between negative and constructive criticism.
8. Understand general gender communication patterns.
9. Examine how successful communication can lead to safer sex.
10. Develop a plan for facilitating better communication between partners.
11. Identify at least six (6) of the 15 C’s for charismatic couples.
12. Identify at least three (3) techniques for single people to communicate more successfully with a goal toward meeting a partner.
13. Explain the role of body language in communication between partners or potential partners.
14. Understand how processing grief affects communication between intimate partners.
15. Learn how to use effective listening to create mutual understanding between partners.

**COURSE WORK FORMAT:**

1. **Video:**
   - COMMUNICATION Narrated Multimedia Presentation Video (1hr 45m)
   - Ask The Expert – Terri Amos Britt, The Enlightened Mom (15 minutes, 28 sec.)
2. **Reading Material:**
   - Understanding Cheating eBook (132 pages, estimated time to complete: 4 hours)
   - NeuroLoveology (300 page book, estimated time to complete: 10 hours)
3. **Final Quiz** – 25 questions (about 30 minutes)*

4. **Aphrodisiacs Course**

   ![Aphrodisiacs Menu Image](image)

   This course is eligible for 4 CE credits
   AASECT CE provider number: 18-916-LU

**THIS IS AN ONLINE COURSE AT LOVEOLOGY UNIVERSITY®**

Aphrodisiacs have a long and storied history that speaks to the central importance of love and sexuality in human history. This course studies the history, major classifications, meaning, common use, sensory impact, unusual applications and brain effects of aphrodisiacs and how they integrate into relationships, sexual fantasy, libido and orgasmic pleasure. And if you want to create an aphrodisiac menu for that special occasion, then you are in luck as there is a whole list of love foods for foreplay, excitement and orgasm.
This course follows SMART learning objectives (Specific, Measurable, Achievable, Realistic, Time-Phased). By the end of this course, students will understand and be able to:

1. Identify the two (2) classes of aphrodisiacs and what categories they include.
2. Differentiate between food-related aphrodisiacs based in dietary value and dangerous or unusual aphrodisiacs based in superstition.
3. Name which common herbs are thought to have sexual stimulant properties and identify what medical science is behind it.
4. Explain why Viagra is not an aphrodisiac.
5. Summarize the Hawthorne effect.
6. Identify at least five (5) ingestible types of aphrodisiacs, and explain why they are thought to enhance sexuality.
7. Understand how the placebo effect works.
8. Examine a variety of common foods, and be able to name the active proteins and minerals and nutrients of at least five (5).
9. Develop a plan for clients to begin experimenting with food and sex.
10. Identify at least three (3) ways in which aphrodisiacs may positively affect an individual’s sexual desire.

COURSE WORK FORMAT:

1. Video:
   - APHRODISIACS Narrated Multimedia Presentation Video (1hr 3m)
     Aphrodisiacs with Dr. Ava Cadell (28 minutes)
     Aphrodisiacs Audio Course (27 minutes)
     Beyond Dinner – Short Film (35 minutes)

2. Reading:
   - Sexy Little Book of Sex Games eBook (145 pages, estimated time to complete: 4 . hours)

3. Final Quiz – 25 questions (about 30 minutes)*

5. Dating Course

This course is eligible for 4 CE credits
AASECT CE provider number: 18-916-LU

THIS IS AN ONLINE COURSE AT LOVEOLOGY UNIVERSITY®
This course studies the ritual of dating throughout history and across global cultures, with a focus on how dating works within modern society. Practical information about how and where people meet, the art of conversation, compatibility, the role of sex, dating after divorce, dating at different life stages and more provides individuals and coaches with substantive resources to help single clients navigate their romantic lives.

This course follows SMART learning objectives (Specific, Measurable, Achievable, Realistic, Time-Phased). By the end of this course, students will understand and be able to:

1. Identify three (6) questions to ask a client to determine whether they are ready to date.
2. Differentiate between at least five (5) negative personality types that an individual on the dating scene might encounter, and how to identify them early.
3. Name three ways that single people can meet new potential partners.
4. Explain four (4) dating rules and how they lead to more successful, open communication.
5. Summarize the history of dating from colonial times, naming at least one (1) important social behavioral norm per period.
6. Identify at least three (3) ways to communicate adult dating to children who are affected.
7. Distinguish between common dating experiences throughout a lifespan from 20s to over 60.
8. Understand how body language affects dating.
9. Examine ways to reframe negative thought patterns and establish new positive new thoughts to replace them.
10. Develop a realistic dating plan with clear goals for themselves or their clients.
11. Identify at least three (3) ways to practice safer online dating.
12. Identify at least five (5) questions to ask individuals who are ready to have sex with someone they are dating, to encourage physical and emotional safety and pleasure.
13. Explain the value of a sexual compatibility survey in the context of dating.
14. Understand how divorce or grieving affects dating safety and the desire to date.
15. Learn what dating conversation starters are effective and successful.

COURSE WORK FORMAT:

1. Video:
   - DATING Narrated Multimedia Presentation Video (1hr 20m)
   - Ask The Expert – Eva Nagorski, The Down & Dirty Dish of Revenge (12 minutes)
   - Ask The Expert – Lisa Steadman, Breaking Up Is Hard To Do (24 minutes)
   - Ask The Expert – Marc Mani on plastic surgery and self-©-confidence (8 minutes, 6 seconds)

2. Reading
   - Your Sexual Personality e-book (65 pages, estimated time to complete: 2 hr,10m)
   - The Sexpert Guide to 52 Weeks Of Sizzling Sex (21 pages, estimated time to complete: 45 minutes)

3. Final Quiz – 25 questions (about 30 minutes)*
6. Kissing Course

This course is eligible for 2 CE credit
AAECT CE provider number: 18-916-LU

THIS IS AN ONLINE COURSE AT LOVEOLOGY UNIVERSITY®

This comprehensive course on ‘osculatorion’ explores the history, benefits, styles, and techniques of kissing including psychological benefits, brain chemical breakdown, the role of oral health and disease prevention, sensory and sexual impact (including oral sex) and much more.

This course follows SMART learning objectives (Specific, Measurable, Achievable, Realistic, Time-Phased). By the end of this course, students will understand and be able to:

1. Identify at least five (3) historical kissing related events in the 15th and 16th century.
2. Describe & define MHC (major histocompatibility complex.)
3. Explain how to create a kissing barrier from a latex glove for genital kissing.
4. Identify at least five physiological effects of kissing.
5. Distinguish between three (3) brain chemicals that are activated during kissing.
6. Develop a plan for establishing kissing boundaries with an intimate partner.
7. Identify at least three (3) kissing techniques.
8. Identify two (2) types of Tantric kissing.
9. Learn about different kissing customs in countries around the world.
10. Identify (5) ways that herpes simplex 1 may be transmitted between human beings.

COURSE WORK FORMAT:

1. Video:
   KISSING Narrated Multimedia Presentation Video (1hr 15m)
2. Reading:
   Head to Toe Kissing e-book by Nikki Leigh (45 pages, estimated time to read: 30min)
3. Final Quiz – 25 questions (about 30 minutes)*

7. Foreplay Course
This course is eligible for 4 CE credits
AASECT CE provider number: 18-916-LU

THIS IS AN ONLINE COURSE AT LOVEOLOGY UNIVERSITY®

This course on foreplay is designed to equip students with detailed information on how to build sexual anticipation that is non-coital. Exploration of sensual breathing techniques, erotic vocal signals, kissing, undressing, sensual touch, physiological response and the role of ‘outercourse’ can all be a prelude for a magical and memorable date. Learning unique foreplay techniques such as mammary, axillary and gluteal sex can open a whole new foreplay world and become your sexual main event.

This course follows SMART learning objectives (Specific, Measurable, Achievable, Realistic, Time-Phased). By the end of this course, students will understand and be able to:

1. Identify three (3) ways for sexual partners to communicate their foreplay preferences.
2. Name at least ten activities that are considered foreplay.
3. Identify and explain at least three (3) types of breathing exercises that enhance foreplay and create sexual anticipation.
4. Understand how a “Want, Will, Won’t” list helps sexual partners to communicate their preferences and desires.
5. Examine how oral sex can be considered foreplay.
6. Identify at least six (6) types of touch.
7. Identify at least five (5) erogenous zones that are not related to the genitals.
8. Explain the Triangular Theory of Love.
9. Understand how vocal variations can create attraction between partners.
10. Learn about outercourse and how it functions as both foreplay and safer sex.

COURSE WORK FORMAT:

1. Video:
   - FOREPLAY Narrated Multimedia Presentation Video (1hr 15m)
   - Creative Foreplay & Communication: To Empower Yourself & Your Partner with Dr. Nikki Goldstein (1 hour)
   - Penthouse Sex Academy, Foreplay, Hosted by Dr. Ava Cadell & Dr. Hernando Chaves, (1 hour, 23 minutes)
2. Final Quiz – 25 questions (about 30 minutes)*
8. Erotic Massage Course

This course is eligible for 4 CE credits
AAECT CE provider number: 18-916-LU

THIS IS AN ONLINE COURSE AT LOVEOLOGY UNIVERSITY®

The art of erotic massage is examined closely in this how-to course that breaks down the process into step-by-step techniques including setting the scene, sensory stimulation, types of touch, basic body landmarks, permission, and Orgasmic climaxes. You don’t have to be a pro massager to give your lover an erotic massage. The most important component of a great massage is the desire to please your lover. But after watching the erotic massage videos, you might feel like a pro when you or your partner experience a “happy ending.”

This course follows SMART learning objectives (Specific, Measurable, Achievable, Realistic, Time-Phased). By the end of this course, students will understand and be able to:

1. Identify the five (5) factors to consider when deciding the type of massage to give to a partner.
2. Differentiate between breast and nipple massage, and learn to do both.
3. Name the seven sacred chakras and how they relate to body “landmarks.”
4. Explain how trust intersects with massage.
5. Summarize the list of limitations to be considered before giving an erotic massage.
6. Identify at least eight (8) types of physical touch.
7. Identify all the major parts of female and male genitalia.
8. Identify at least three (3) penis massage techniques and how to execute them.
9. Explain how to massage the clitoris to achieve a clitoral orgasm.
10. Learn how to give an erotic foot massage.

COURSE WORK FORMAT:

1. Video:
   EROTIC MASSAGE Narrated Multimedia Presentation Video (51m)
   Penthouse Sex Academy Erotic Massage, hosted by Dr. Ava Cadell & Dr. Hernando Chaves (1 hour)
2. Audio
   Sensual Massage Audio (23 minutes)
3. Final Quiz – 25 questions (about 30 minutes)∗
9. **Intimacy Course**

This course is eligible for 2.5 CE credits
AASECCT CE provider number: 18-916-LU

**THIS IS AN ONLINE COURSE AT LOVEOLOGY UNIVERSITY®**

Achieving intimacy in a relationship involves a process of mutual personal discovery that includes learning how your partner loves, how their brain works (are they primarily left or right-brained?), in what ways they become distracted, and many other subtle nuances that, once explored, can strengthen the bond. This course delves into all aspects of romantic and sexual intimacy and includes practical exercises for couples’ discovery.

This course follows SMART learning objectives (Specific, Measurable, Achievable, Realistic, Time-Phased). By the end of this course, students will understand and be able to:

1. Identify the primary hormone associated with intimacy and how it works.
2. Differentiate between Erik Erikson’s eight stages of Psychosocial Development.
3. Name and define John Allen Lee’s six types of love.
4. Explain the Matching Hypothesis.
5. Summarize the Proximity Effect.
6. Identify all five (5) patterns in the progression of flirting.
7. Distinguish between left and right brain thinking and how these styles affect the ability to be intimate and understand another person’s intimate needs.
8. Understand the “field of eligible” and how it pertains to finding an intimate partner.
9. Examine the 12 Cs of Intimacy and couples enrichment.
10. Develop a plan for self-disclosure with your clients so they can overcome fear of judgment, rejection, insecurity or embarrassment.
11. Identify internal and external distractions and how they impact intimacy.
12. Identify the five (5) steps of intimacy.
13. Explain how Erikson’s “intimacy and isolation” dichotomy works and how it can result in healthy choices for partnership.
15. Learn about historical practices to encourage intimacy such as “Bundling.”

**COURSE WORK FORMAT:**

1. Video:
   INTIMACY Narrated Multimedia Presentation Video (1hr 16m)
Intimacy Wellness - Experiential Therapy with Dr. Elaine Floyer (15 minutes)
Ask The Expert – Dr. Diana Wiley on Baby Boomer Sex (7 minutes, 54 seconds)
2. Final Quiz – 25 questions (about 30 minutes)*

10. Tantric Love Course

This course is eligible for 5 CE credits
AASECT CE provider number: 18-916-LU

THIS IS AN ONLINE COURSE AT LOVEOLOGY UNIVERSITY®

This in-depth course will teach you what is Tantra, the types and history of Tantra, tantric sex, orgasmic kissing, multiple orgasms, tantric massage, tantric sex positions, and much more! It covers the 5000-year-old practice of Tantra which involves opening up the Chakras, (energy centers), balancing love energy and ancient sexual techniques such as the Venus Butterfly. Discover how Tantra can heal hurt relationships and treat common sexual concerns such as lack of desire, premature ejaculation and inability to orgasm. Tantric love helps couples to connect on a spiritual level and heighten their intimacy.

This course follows SMART learning objectives (Specific, Measurable, Achievable, Realistic, Time-Phased). By the end of this course, students will understand and be able to:

1. Identify three (3) types of Tantra.
2. Name and define the six basic elements of Tantra.
3. Explain where the 7 sacred chakras are located on the body and what energy centers they represent.
4. Differentiate between orgasm and ejaculation for men.
5. Summarize the various types of Tantra kissing.
6. Identify at least five (5) qualities each for yin and yang energy.
7. Understand how the G-spot can be stimulated to achieve a G-spot orgasm that may result in female ejaculation.
8. Develop a Lovework plan for clients who want to explore opening their energy centers.
9. Identify seven (7) types of Tantric touch.
10. Identify and define at least six (6) Tantric breathing techniques.
11. Explain how to administer an erotic Tantric massage for a man and a woman.
12. Learn the glossary of Tantric terms.
COURSE WORK FORMAT:

1. Video:
   - TANTRIC LOVE Narrated Multimedia Presentation Video (1hr 51m)
   - Tantric Sex: Spiritual Sexuality & Deeper Intimacy for Couples with Dr. Ava Cadell (57 minutes)
   - Kundalini Yoga for Balancing the Chakras by Gurutej Kaur (30 m)
   - Ask The Expert – Gurutej on Energizing Yourself (17 minutes)
   - Ask The Expert – Laurie Handlers (10 minutes)
   - Ask The Expert – Destin Gerek (12 minutes)

2. Audio:
   - Tantric Lab Audio Course (32 minutes)

3. Reading:
   - Tantra Workbook eBook (68 pages, estimated time to complete: 2 hours, 10 minutes reading and approximately 6 – 12 hours of exercises, depending on availability of partner)

4. Final Quiz – 25 questions (about 30 minutes)*

11. Couples Enrichment Course

This course is eligible for 5 CE credits
AASECT CE provider number: 18-916-LU

THIS IS AN ONLINE COURSE AT LOVEOLOGY UNIVERSITY®

This course is designed to give individuals and Love Coaches the tools they need to help couples enrich their relationships with better communication, forgiveness, praise, touch, healing and sexual techniques. From building strong new foundations to creating intense sexual experiences, Couples Enrichment is created to facilitate couples falling in love again and making passion a priority to improve the quality of their love lives.

This course follows SMART learning objectives (Specific, Measurable, Achievable, Realistic, Time-Phased). By the end of this course, students will understand and be able to:

1. Identify and describe each of the seven (7) ingredients of love.
2. Explain how to write a forgiveness letter and name its benefits.
3. Identify the “Big Five” (5) personality traits as theorized by Paul Costa in the 1970s, and describe how these traits relate to communication between partners.
4. Distinguish between a G-spot orgasm for her and a Tri-gasm for him.
5. Understand how Tantric Sex practice increases sexual intimacy and fosters spiritual communication.
6. Examine how oral sex games can increase intimacy in couples.
7. Develop a plan for partners and couple to “fight fair” by identifying ways in which conflict can be communicated productively.
8. Identify all the major ways to cultivate intimacy between partners.
9. Identify the three (3) modes of neurolinguistic programming, and how they impact intimate communication.
10. Explain the main idea of the ‘art of seduction’ and name at least three (3) elements involved in creating an erotic mood and building sensual excitement.
11. Name and understand Dr. Ava’s 12 Cs of couples enrichment.
12. Learn how to use foundation building exercises to strengthen intimacy, including the Love List.

COURSE WORK FORMAT:

1. Video:
   COUPLES ENRICHMENT Narrated Multimedia Presentation Video (1hr 45m)
   Love Lust & Laughter with Dr. Ava Cadell, Dr. Hernando Chaves & Dr. Nancy Sutton-Pierce (53 minutes)

2. Audio:
   Passion Power for Couples (6 x 1-.hour Audios = 6 hours)

3. Reading:
   Passion Power eWorkbook (101 pages, estimated time to complete: 3 hours, 20 minutes)
   Stock Market Orgasm eBook (172 pages, estimated time to complete: 5 hours, 45 minutes)

3. Final Quiz – 25 questions (about 30 minutes)*

12. Coaching the Relationship Coach

This course is eligible for 2 CE credits
AASECT CE provider number: 18-916-LU

THIS IS AN ONLINE COURSE AT LOVEOLOGY UNIVERSITY®

Coaching The Relationship Coach empowers students to begin their own private practice with many coaching techniques developed and employed by Dr. Ava Cadell. Detailed step-by-step information covers how to use these techniques, the results to expect, and how to deal with
coaching issues. Also provided is information about developing a rapport with clients, ethics, business tips and referrals. Discover trade secrets and learn how to market yourself and your Relationship Coach business.

This course follows SMART learning objectives (Specific, Measurable, Achievable, Realistic, Time-Phased). By the end of this course, students will understand and be able to:

1. Identify at least five (5) responsibilities of the Relationship Coach.
2. Teach single clients how to find love by asking ten (10) meaningful questions.
3. Explain how a Mutual Love Agreement can benefit a couple or partnership.
4. Summarize Foundation Building techniques in the context of common elements that kill passion in a relationship.
5. Examine neurolinguistics programming and be able to differentiate between auditory, kinesthetic and visual communication styles.
6. Develop a plan for clients who are experiencing the break-up of a relationship.
7. Identify the dynamics of a couple’s conflicts and teach them the principles of “fighting fair.”
8. Explain how to use a Pattern Tree, a Control Chart and a Motivational Table to help clients change their own behavior and relationship outcomes.
9. Understand the value of the Satisfaction Scale and Powerful Questions to help clients evaluate their life experience with relationships up to the present moment.
10. Learn about how the Action Checklist assists clients in identifying and moving past obstacles to their relationship goals.

COURSE WORK FORMAT:
1. Video:
   COACHING THE RELATIONSHIP COACH Narrated Multimedia Presentation Video (1hr 8m)

*If you are enrolled in our Certified Love Coach Program, Certified Master Sexpert Program or Certified Relationship Coach Program, you will be required to take an exam of 100, 50 or 30 questions respectively with a combination of multiple choice, true false and essay questions. A passing grade is 80%.