



Here's what to post or go live about
when writer's block hits:

BE CURIOUS - ask questions about a recipe, an ingredient, a tree, a movie, favorite hang-out, favorite coffee shop

Self Care tips that are new to you, that you get excited about! let that show in your post!

How to Stand out (in your area)

How to Combat the struggle (weight, feeling bad, farm life, working too hard, not enough time, wilted plants, don't like to cook)

3-5 ideas to manage stress - why are you using these tools now?

3-5 ideas to manage time - why are you using these tools now?

The 1 key to success ... tell your story.

Here's what to post or go live about
when writer's block hits:

5 ways to stop... (worrying, eating too much, your dogs from jumping on people when they come to the door, kids from sneaking out) Today I'm so excited because... before I was feeling and now... BEHIND THE SCENES -
Daily feed about what you do!

HACK THIS... how to beat the system... get movie tickets before everyone else, not wait in line, you know what someone else might not...

3 ways to help you stop worrying about... (relate to your business)

3 ways to find your inner strength to (overcome)... (social anxiety, overeating, get through a detox day)

How to stop feeling (self-conscious, low energy, upset about your business etc.)

Simple ways you can transform your (ranch, kitchen, garden, house, body, car, skin etc.)



Here's what to post or go live about
when writer's block hits:

Be a kick-ass better friend (your story) How we can be better in social situations How to be a kick-ass ...

how to love your _____ more... (love your body more, mind more, car more, mother-in-law more etc.)

Have more fun with... (your exercise, oracle cards, meditations, meal planning)

My morning/ evening thoughts...

Still Struggle with what to post? Give yourself themed days... don't post that your doing themed days, but this can be behind the scenes to help you get started...***Motivation Monday, Transformation Tuesday, Wacky/ Wellness Wednesday, Thrive Thursday, Freedom/fabulous Friday/ Friyay, Savory Saturday, Soul/ Satisfied Sunday***

material here is creatively written by SpeakEasy Enterprise™ all rights reserved.

material here is creatively written by SpeakEasy Enterprise™ all rights reserved.