



Sayre Training Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:15am - 5:00am	Journey Group Coaching	Journey Group Coaching	Journey Group Coaching	Journey Group Coaching	Journey Group Coaching	
5:15am - 6:00am	Journey Group Coaching	Journey Group Coaching	Journey Group Coaching	Journey Group Coaching	Journey Group Coaching	
6:15am - 7:00am	Journey Group Coaching		Journey Group Coaching		Journey Group Coaching	
7:00am - 7:45am						Journey Group Coaching
8:00am - 8:45am	Journey Group Coaching		Journey Group Coaching		Journey Group Coaching	Journey Group Coaching
9:00am - 9:45am	Journey Group Coaching		Journey Group Coaching		Journey Group Coaching	Journey Group Coaching
12:00pm-12:45pm		Journey Group Coaching		Journey Group Coaching		
4:15pm-5:00pm	Journey Group Coaching	Journey Group Coaching	Journey Group Coaching	Journey Group Coaching	Journey Group Coaching	
5:15pm-6:00pm	Journey Group Coaching	Journey Group Coaching	Journey Group Coaching	Journey Group Coaching		
6:15pm-7:00pm	Journey Group Coaching		Journey Group Coaching			