

Lyme Disease

- Lyme is a bacteria in the form of a spirochete, and also has qualities of a parasite. Lyme bacteria travel with many “friends” – aka co-infections. You will typically see the following co-infections: Babesia, Bartonella, Mycoplasma, Epstein Barr virus, parasites, yeast, and various other bacteria & viruses.
- Lyme bacteria have been around a long time, and it was made very potent on Plum Island during research on animal disease for use in war-time. People (especially children) became very ill in Lyme, CT, in 1975.
- Transmission of Lyme: biting insects/spiders, human fluids (semen, urine, breast milk), blood transfusions, food supply
- While antibiotics will kill a certain amount of Lyme bacteria, Lyme can easily detect antibiotics in the system and mutate and hide in an encapsulated form until the antibiotic is no longer in the system (months or years), and then come out stronger than ever.
- Symptoms of Lyme Disease
 - Bull’s eye rash, or other strange rashes
 - Low-grade fevers, swollen glands, general flu-like symptoms
 - Mild to moderate joint/muscle pain
 - Severe headaches and neck stiffness
 - Twitching muscles (esp. the face or near the eyes)
 - Chest pain and heart palpitations/murmurs
 - Numbness in arms/legs; unexplained back pain
 - Erectile dysfunction, decreased libido
 - Herpes zoster/shingles
 - Bell’s Palsy
 - Mental confusion & loss of short-term memory
 - Mood swings, irritability, depression
 - Fatigue, tiredness, poor stamina
 - Vision weakness with rapid changes in prescriptions
 - Bipolar, paranoia
- Common Mis-Diagnosis (generally ANY autoimmune disease)
 - Bell’s Palsy
 - Multiple Sclerosis (MS)
 - Chronic Fatigue Syndrome
 - Fibromyalgia
 - Arthritis
 - Vertigo
 - ALS
 - Alzheimer’s
 - Lupus
 - Rheumatoid Arthritis



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