

French Vanilla COFFEE + COLLAGEN

"This ain't your Average Cup of joe"

I'm way more than just coffee! Kick start every morning with energy, focus, & the benefits of collagen protein. Add me to hot water, your favorite cup of coffee, or in a smoothie. The super foods in me help reduce joint pain, inflammation, anxiety & stress! Not to mention the strengthening of your bones, hair, skin, & nails! I help protect against dementia & keep your mind sharp too! Try me before a workout for quick "pick me up"!

FACTS

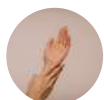
- 60mg caffeine/serving (33% less than regular coffee)
- Only 20 calories and 0g of sugar
- Creamy French Vanilla Flavor
- Stevia 100% natural sweetener used
- 5g of Type I & III Collagen Protein per serving
- No Gluten, No Dairy, & Soy Free
- Non-GMO & 3rd Party Tested for Purity
- Safely made in USA

HOW IT WORKS



Colombian Instant Coffee

- Support energy levels
- May lower risk of Parkinson's



Collagen

- Improves joint & bone health
- Protein to increase skin elasticity



Lions Mane Mushroom

- Protects against dementia, reduces anxiety, depression, and inflammation



Rhodiola

- Helps to decrease stress
- Reduces fatigue



Pink Himalayan Salt

- Strengthens bones & prevents muscle cramping



Chaga Mushroom

- Boosts immune system, fights inflammation, lowers bad cholesterol, & may reduce risk of cancer



DID YOU KNOW?

Collagen is in our hair, skin, nails, joints, & bones. We all naturally produce collagen. But as we age, existing collagen breaks down and it becomes more difficult for us to produce enough. That's why taking a collagen supplement is so important for ages 40+!

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RECIPES

ORIGINAL

Ingredients:

- 1 scoop of COLLAGEN + COFFEE
- 10-14 oz hot water OR coffee

Directions:

1. Combine in a glass and mix well.

- 💡 TIP: Stir occasionally for best results.
- 💡 TIP: Adjust the amount of liquid to augment the taste to your liking.
- 💡 TIP: Powdered supplements mix best using Blenders, Shaker Bottles, or Frothers.



ICED COFFEE



Ingredients:

- 1 scoop of COFFEE + COLLAGEN
- 1 cup ice
- 8-12 oz hot water
- 2 Tbsp unsweetened almond milk (optional)

Directions:

1. Mix COFFEE + COLLAGEN in hot water.
2. Fill a glass with ice.
3. Pour in coffee mixture and stir in almond milk.

MORNING DREAM

Ingredients:

- 1 scoop Vanilla or Chocolate MEAL REPLACEMENT PROTEIN
- 5-6 ice cubes
- 8-12 oz of hot water with 1 scoop COFFEE + COLLAGEN mixed in
- 1/2 frozen banana

Directions:

1. Combine ingredients in a blender and blend until smooth.

