

# Milk Chocolate PREMIUM COLLAGEN

"Who knew collagen could taste this good!"

Getting your daily dose of collagen is now extra delicious & super convenient. Add me to your favorite hot or cold liquids. Or mix me in yogurt, oatmeal, and baked goods for a healthy, chocolate treat any time of the day! I come in a compact container making me easy to store in any cupboard & perfect for traveling! My grass-fed USA premium collagen will make you feel, AND look, your best from the inside out:)

#### **FACTS**

- No added Caffeine. 0g sugar. Only 50 Calories
- Type I & III hydrolyzed bovine collagen
- Grass-Fed USA Bovine sourced
- Classic Milk Chocolate Flavor
- Stevia 100% natural sweetener used
- 11.5g of Collagen Protein per serving
- No Gluten, No Dairy, & Soy Free
- Non-GMO & 3rd Party Tested for Purity
- Safely made in USA





## **Promotes Joint Health**

- Supports cartilage & ligaments
- Provides extra cushion & lubrication



#### **Builds Stronger Bones**

- Helps increase bone density
- Reduces risk of Osteoporosis



#### Supports Hair, Skin, & Nails

- Strengthens & nourishes cells
- Improves cellular reproduction



#### **Supports Digestive System**

- Repairs stomach lining
- Eases digestive discomfort



### **Supports Immunity & Muscles**

- Improves nutrient absorption
- Provides vital protein to muscles



REDUCES JOINT PAIN!

# DID YOU KNOW?

Collagen is in our hair, skin, nails, joints, & bones. We all naturally produce collagen. But as we age, existing collagen breaks down and it becomes more difficult for us to produce enough. That's why taking a collagen supplement is so important for ages 40+!



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# **RECIPES**

#### **CLASSIC CHOCOLATE MILK**

#### Ingredients:

- 1 scoop of Milk Chocolate COLLAGEN
- 12-16 oz water

#### **Directions:**

- 1. Combine in a glass or shaker bottle and mix well.
- TIP: Try me in yogurt, oatmeal, or even your Coffee!
- TIP: Adjust the amount of liquid to augment the taste to your liking.
- ϔ TIP: Powdered supplements mix best using Blenders, Shaker Bottles, or Frothers.



#### WORLD'S HEALTHIEST HOT COCOA

#### Ingredients:

- 1 scoop of Milk Chocolate COLLAGEN
- 10-12 oz hot water or milk

#### **Directions:**

- 1. Heat water or milk.
- 2. Add 1 scoop Collagen
- 3. Mix well & enjoy!

#### **CHOCOLATE BANANA DREAM**

## Ingredients:

- 1 scoop Milk Chocolate COLLAGEN
- 5-6 ice cubes
- 8-10 oz of water or milk
- 1/2 frozen banana

#### **Directions:**

1. Combine ingredients in a blender and blend until smooth.



\*Water can be substituted with fat free milk, unsweetened coconut milk, unsweetened almond milk or another non-dairy alternative\*