

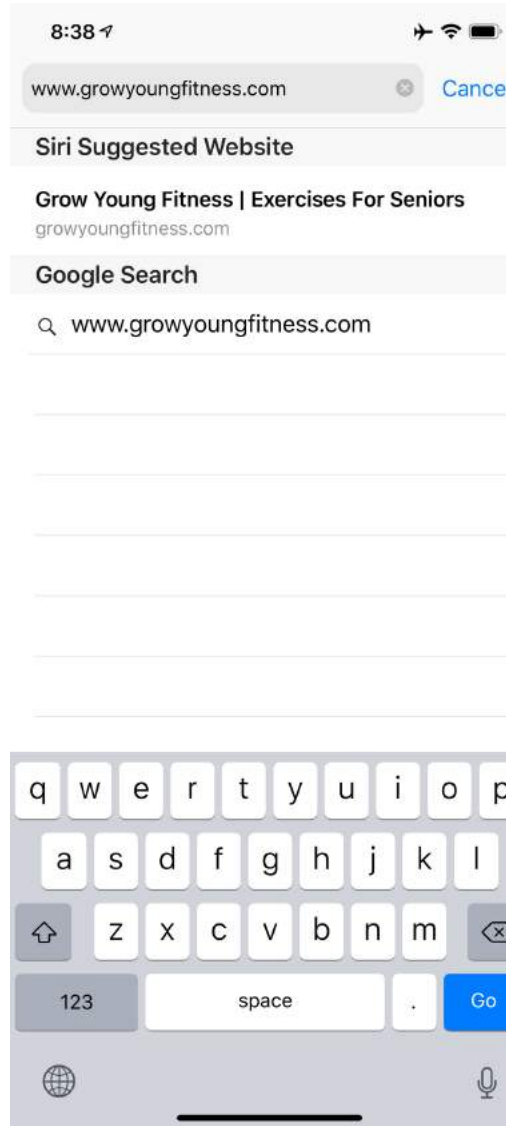
# Step 1



Locate Safari.

This setup will only work with safari!

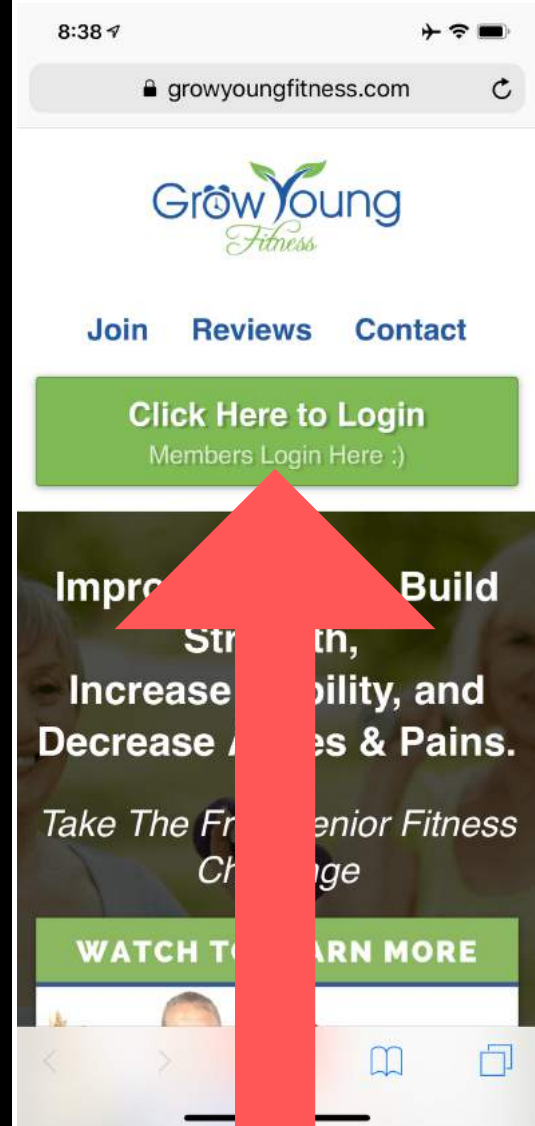
# Step 2



Go To  
[www.growyoungfitness.com](http://www.growyoungfitness.com)

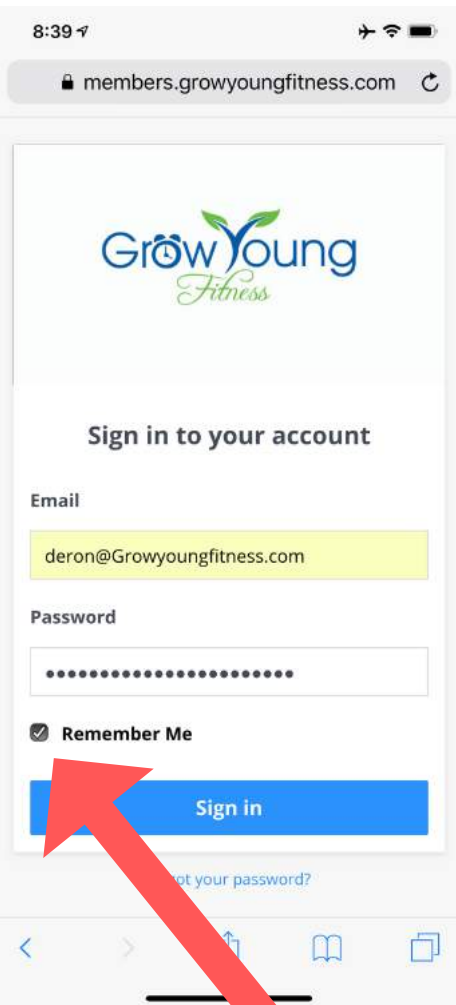
This is the home page!

# Step 3



Click Login!

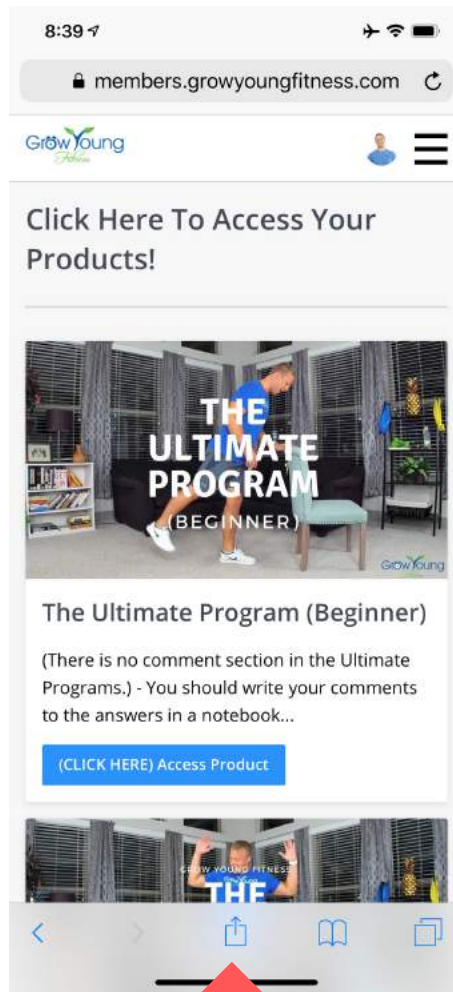
# Step 4



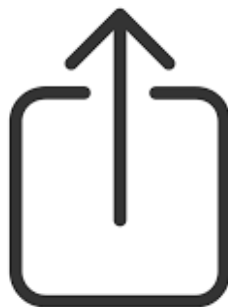
Login.

DO NOT forget  
to click  
**"REMEMBER  
ME"**

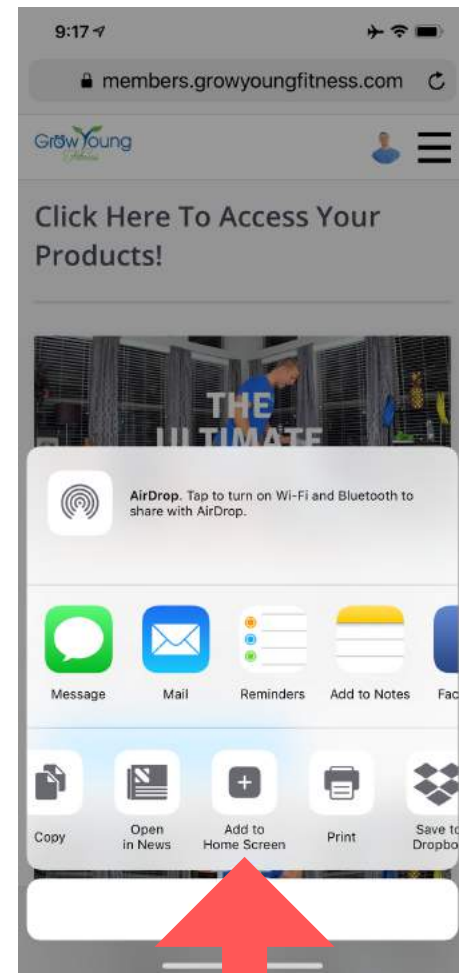
# Step 5



Click The Box  
with an arrow



# Step 6

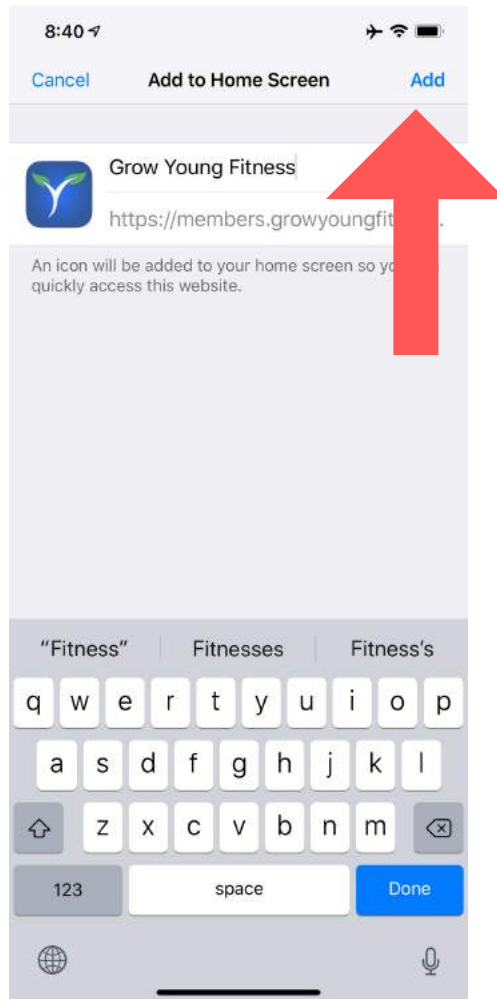


Locate Add to  
home screen.



Add to  
Home Screen

# Step 7



Click ADD and  
you are done!