

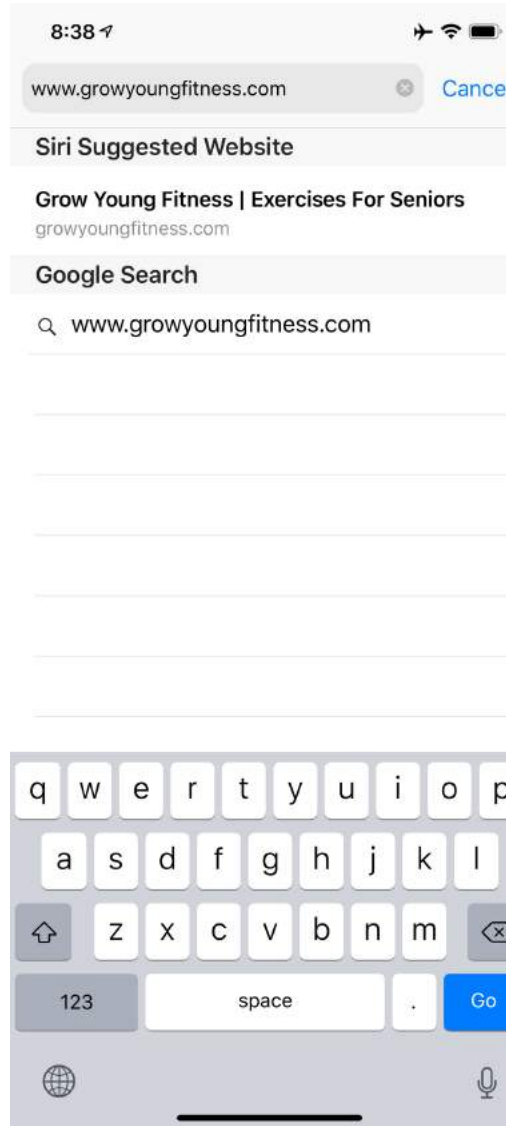
Step 1



Locate Safari.

This setup will only work with safari!

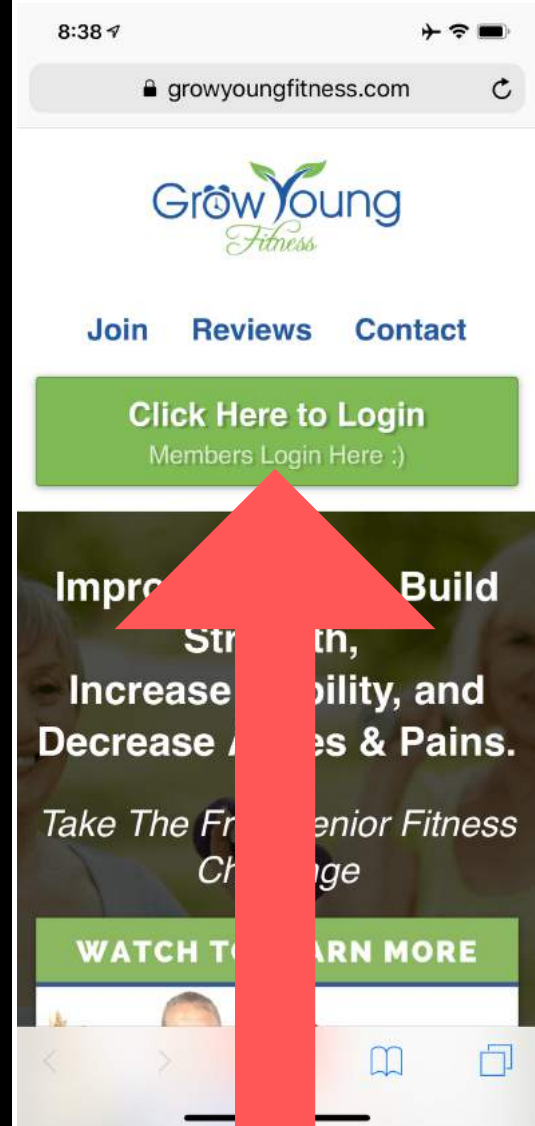
Step 2



Go To
www.growyoungfitness.com

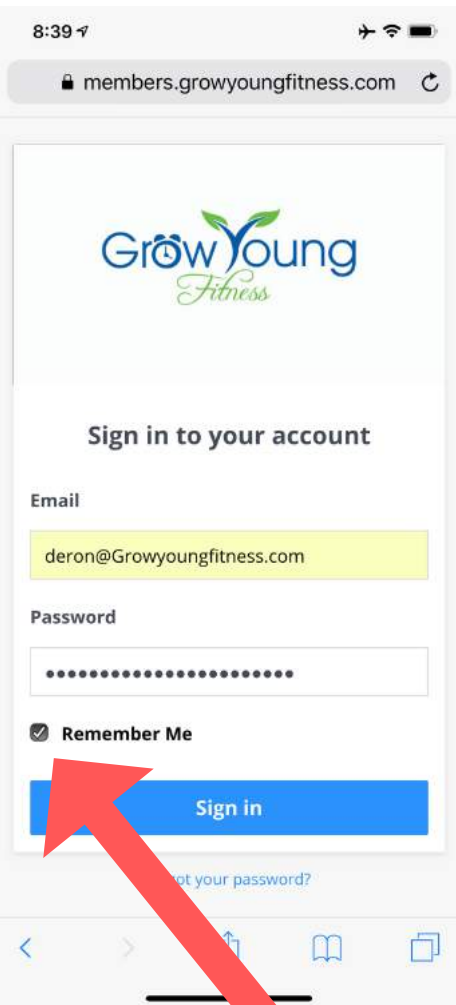
This is the home page!

Step 3



Click Login!

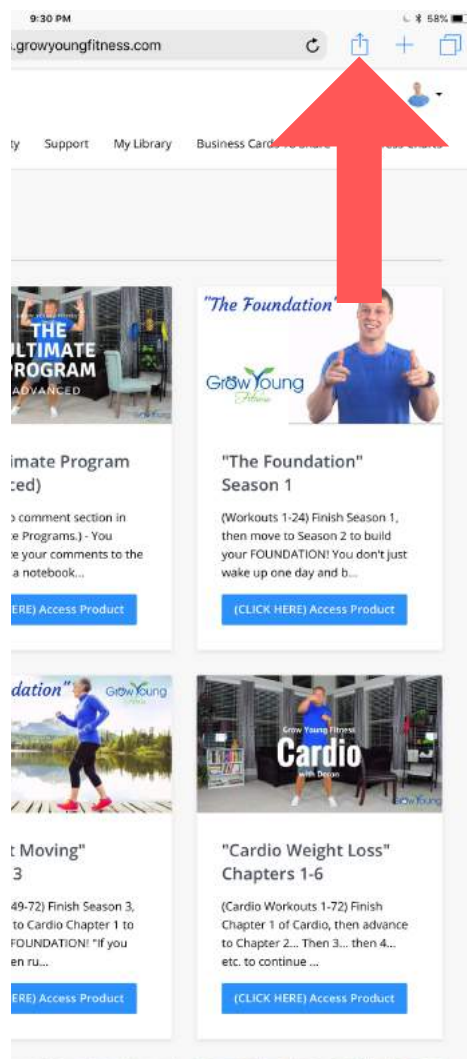
Step 4



Login.

DO NOT forget
to click
**"REMEMBER
ME"**

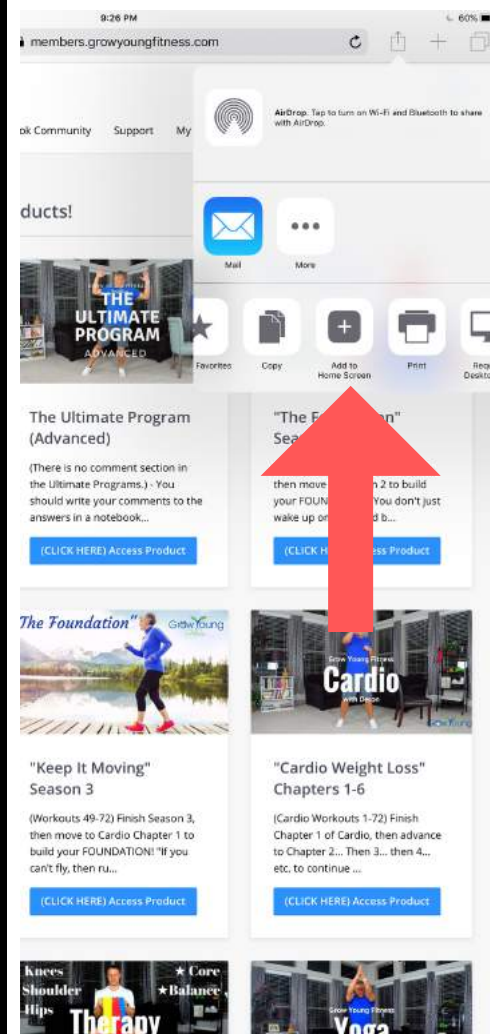
Step 5



Click The Box
with an arrow



Step 6

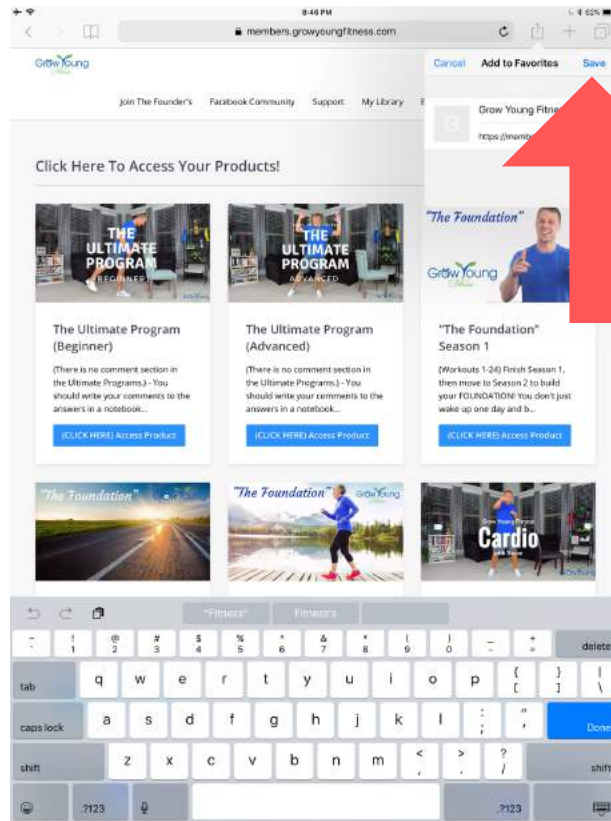


Locate Add to
home screen.



Add to
Home Screen

Step 7



Click SAVE
and you are
done!