

# workshops for families



## Workshops for families - Digital Family Workshops (Tweens and Teens)

Do you wish you knew more about your child's point of view and what they are doing online?

Do you know how to get tweens and teens to open up about their digital habits? One method that has worked for me is to get the tweens and teens together with their peers in a neutral, non-judgmental environment and soon enough they begin sharing with each other their routines, frustrations, fears, discoveries and wishes. They even teach me a thing or two about the latest, fun things to do online.

The Digital Family Workshop is for groups of parents who want to understand what their children are doing online, so that they can better guide and support their children. The workshop allows parents to use insights from their tweens and teens' use of digital media to inform their digital parenting strategies.

### How does it work?

- A parent-organizer will secure the commitment of a minimum of 10 children for this exercise. The children are of similar age and are usually friends at school or elsewhere. The parent who functions as the organizer receives 50% discount on this service. You book the session via my booking link where you can specify the number, names and contact details of the families participating (1 parent and 1 child. There is the possibility to have siblings if there is a small age gap).
- I will send all parents a questionnaire to fill in so that I can get your views on issues regarding your child's digital media use.
- I will send all parents an electronic poll to specify the time and date when I can have a group Skype session with their children without the parents being present. The Skype session lasts for 1.5 hours. It is also possible for the parent-organizer to host in her location.
- Afterwards I'll invite the parents to a central Paris location (of I can come to your premises) to discuss my findings in conjunction to the concerns the parents expressed and make recommendations on strategies and resources that are helpful for your situation. The session lasts for 1.5 hours.
- Afterwards, I will send you a summary of our session and any resources that have been discussed.

## What will you get out of the Digital Family Workshop?

- Unique insights about your children's use of digital media.
- My opinion on what they are doing well, what needs improvement and any red flags.
- Specific strategies, best practices and resources to deal with the issue at hand, tailored to your circumstances and family dynamics.
- Advice on how to be a digital role model for your children and deal with any scenario relevant to your situation, without panic.
- Reassurance that you are not alone. Getting empowered by hearing other families' stories and learning from their situation. Bonding with other families that are in the same boat as you and creating a little digital community you can rely on for further support.

## Examples of tools you will receive depending on the issues at hand, in addition to the session summary:

- Recommended reading list.
- Research outcomes and analysis of Internet trends spelled out in parent-friendly language.
- Safety measures on preserving your child's digital reputation and identity.
- List of Internet safety tools and parental control software.
- Emergency contact numbers in France, the United States and the United Kingdom if you experience an online incident.

## Digital Family Workshop fees - 2018

For every parent-child pair: 80€ (V.A.T. Included)

For every additional sibling: 30€

The parent organizing the group will receive a 50% discount

Minimum requirement: 10 children

## want to book a digital family workshop?

Contact me at [Elizabeth@digitalparentingcoach.com](mailto:Elizabeth@digitalparentingcoach.com) to schedule a workshop at a time and place of your convenience. Not located in Paris, France? Not a problem. Contact me to see how we can schedule an online workshop. I'm here for you!

## CONTACT INFORMATION

Send me an email at [Elizabeth@digitalparentingcoach.com](mailto:Elizabeth@digitalparentingcoach.com).

Watch my two-minute tutorials on my YouTube channel: [@digiparentcoach](https://www.youtube.com/@digiparentcoach).

Reach out to me on social media :

     [@digiparentcoach](https://www.instagram.com/digiparentcoach).

Join me in the private Facebook group **The Digital Parenting Community**.

Subscribe to the newsletter at [digitalparentingcoach.com](https://www.digitalparentingcoach.com).

Want exclusive content? Join the private membership group **Digital Parenting Champions**.

