

workshops for companies



Workshops for companies - Lunch and Learn Workshops

Are you looking for initiatives that meet your Corporate Responsibility goals involving your employees? Is your company passionate about incorporating good corporate citizenship into your culture? Are you looking for ways to show your employees that you care? Especially those with families that make up a large portion of your loyal workforce?

If yes, then the "Lunch and Learn" Workshops for parent employees may be what you are looking for. These workshops are designed to deliver the latest in digital parenting and keeping children safe online.

How does it work?

- The 1-hour workshop consists of a 30-minute presentation followed by interactive discussion on issues relevant to the parent-employees.
- It fits perfectly into the lunch hour without disturbing your employees' day and provides a socialization opportunity in addition to an educational one.
- The topic of the workshop is chosen by the employees either from a list of proposed topics or following a survey conducted by the Digital Parenting Coach in collaboration with your HR department.

What will your employees get out of the Lunch and Learn Workshops?

The parent-employees will:

- Receive a brief introduction or update (if it is a follow-up) on the topic chosen.
- Understand the risks and benefits for their children of the technology related to the issue.
- Discover the latest trends, tools, challenges and research outcomes on the use of digital media by young people.
- Engage in a discussion on strategies for awareness, prevention and response.

What tools will the parent-employees receive?

- The presentation material.
- Checklists and tip sheets to further their understanding and management of the issue.
- Evidence-based resources on the issues and list for Internet associations and organizations protecting children.
- Family media agreements to be tailored to the family situation if appropriate.

What follow-up will there be after the workshop?

- Given the nature of the discussion, the parents will receive further issue-specific resources, if not already covered in the initial workshop.
- Recommended reading will also be indicated.
- Depending on the age of the children, the parents will receive age-appropriate strategies for the issues raised during the workshop.

Proposed topic list (a detailed description of each category is available):

Screen balance and boundaries

Social media, websites, IM and apps

Sexuality, body image and the Net

Games, gaming, and addiction

Parental controls, software and tools

Future tech from virtual reality to smart homes

Legal issues in online child protection

Raising a responsible digital citizen: how to be a role model and teach them to stay safe, help them develop netiquette and digital resilience

Past Lunch & Learn topics

- Internet, Technology and Social Media: Challenges and Trends
- Parenting in the Digital Age: Issues and Resources
- Screens, Tweens and Teens: How to guide your children in the digital age
- Online Harassment, Trolling and Cyberbullying: Strategies for prevention and response

Some of the companies/organizations that arranged Lunch & Learn Workshops with the Digital Parenting Coach

Accenture

Council of Europe

Lunch & Learn Fees - 2018

One 1-hour workshop on topic chosen from the proposed list: 300€ (V.A.T. Included)

On the occasion that the participants wish for the topic to be further tailored after being individually surveyed, an additional fee of 200€ is added.

want to book a lunch and learn workshop?

Contact me at Elizabeth@digitalparentingcoach.com to schedule a workshop at a time and place of your convenience. Not located in Paris, France? Not a problem. Contact me to see how we can schedule an online workshop. I'm here for you!

CONTACT INFORMATION

Send me an email at Elizabeth@digitalparentingcoach.com.

Watch my two-minute tutorials on my YouTube channel: [@digiparentcoach](https://www.youtube.com/@digiparentcoach).

Reach out to me on social media :

     [@digiparentcoach](https://www.instagram.com/digiparentcoach).

Join me in the private Facebook group **The Digital Parenting Community**.

Subscribe to the newsletter at digitalparentingcoach.com.

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