



If your eyes are opened, you'll see the things worth seeing.

~ Rumi

Assignment: Create a vision board

Create your board

A vision board is a collection of imagery and/or words that **represents your desired life**. Note that this assignment does not necessarily have to be focused on “work”.

Choose your medium

Your vision board could be created using any medium:

- A physical board (paste images to cardstock or pin images to a cork board); or
- A PDF board (collect digital images and compile them into a PDF document); or
- A virtual board (use an online app such as Pinterest); or
- Any other unique version you would like to create.

What to look for

Select images from an intuitive state. Don't give it too much thought. Allow yourself to be drawn to whatever it is you feel called to include.

Compose the images into a collage

Craft your collage in the same intuitive way. Just follow your own inner guidance without trying to generate any particular outcome. Have fun with the process. Let it be light.

Receive feedback and insight

If you'd like to meet with me over Zoom for a personal one-to-one review of your board and explore what it means for your work and for your life, then email me with your message here: info@thenewschool.ca

Happy visioning!

Kiley