WHAT DO YOU VALUE?

Use the values list provided to identify your top five values, or feel free to add your own. Then take it a step further and choose just two from your list of five. Once you've gotten to those two values ask yourself these questions:

- Are these words a reflection of who I am at my core?
- When I'm at my best, would these words describe me?
- Will these words help me make hard decisions?
- Would someone else be able to list these values based on my behavior?

Abundance	Commitment	Enthusiasm	Individuality
Accuracy	Communication	Ethics	Influence
Accountability	Community	Excellence	Inner Peace
Accomplishment	Compassion	Excitement	Innovation
Adventure	Competence	Fairness	Inspiration
Advocacy	Confidence	Faith	Integrity
Agility	Continuous	Family	Intelligence
Altruism	Conviction	Fitness	Intimacy
Ambition	Cooperation	Flexibility	Intuition
Appreciation	Courage	Focus	Investing
Autonomy	Courtesy	Fortitude	Joy
Awareness	Creativity	Friendship	Justice
Balance	Credibility	Fun	Kindness
Beauty	Curiosity	Generosity	Leadership
Belonging	Daring	Goodness	Learning
Bliss	Desire	Grace	Logic
Boldness	Determination	Gratitude	Love
Bravery	Discovery	Growth	Loyalty
Brilliance	Diversity	Happiness	Mastery
Camaraderie	Drive	Hard Work	Maturity
Caring	Duty	Health	Meaning
Charity	Education	Honesty	Merit
Charm	Effectiveness	Honor	Modesty
Change	Efficiency	Humor	Money
Collaboration	Empathy	Imagination	Neatness
Comfort	Encouragement	Inclusiveness	Openness

Opportunity	Skill	
Optimism	Speed	
Order	Spirituality	
Outcome	Spontaneity	
Orientation	Stability	
Outstanding	Strength	
Service	Success	
Passion	Supremacy	
Peace	Sympathy	
Persuasiveness	Teamwork	
Philanthropy	Tenacity	
Poise	Thoughtfulness	
Power	Tolerance	
Preservation	Trust	
Privacy	Understanding	
Professionalism	Unity	
Progress	Utility	
Prosperity	Valor	
Punctuality	Variety	
Purity	Vision	
Quiet	Warmth	
Relationships	Wealth	
Resilience	Winning	
Respect	Wisdom	
Responsibility	Wonder	
Risk-Taking	Zeal	
Safety		
Satisfaction		
Security		
Selflessness		
Service		
Simplicity		
Sincerity		