



The Lawyers' Guide to the Great Awakening'

How to become the lawyers
humanity needs now

A M A N D A L A M O N D



WELCOME

I'm a lawyer who, after years of career changes and spiritual study has been shown I'm here to be a Legal Futurist, a Soul Coach to Lawyers and a Spiritual Channel. My Life PHD has been about learning to integrate two very different parts of me: a **fiercely analytical mind**, well suited to the legal profession, that calls me to question everything and not take things at face value; and **deep emotional connection, intuition and sensing abilities** that allow me a different, metaphysical perspective on what is going on. I've finally been able to weave together all these divergent parts of my journey as a lawyer, a lecturer, a leadership facilitator, a coach, and a spiritual seeker and teacher into the **Awakening Lawyers programmes**.

Awakening Lawyers for lawyers who love the law but are disheartened and disillusioned by the way it's practised. It is for those lawyers pulled in 2 directions: your legal calling and your spiritual calling. I'm here to serve these lawyers to reconcile and integrate these parts of yourself so that you can birth the next legal system required by humanity. Our work is urgent.

The Lawyers Guide to the Great Awakening is an extract from my longer e-book and is my gift to you. It is an invitation to join the way-showers and the visionaries in the legal profession who have been called to create a new legal system. Don't worry about where you are in your awakening journey, the point is that you made it here. Now we can start the work to align you with your calling.

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"The present convergence of crises—in money, energy, education, health, water, soil, climate, politics, the environment, and more - is a birth crisis, expelling us from the old world into a new."

~ Charles Eisenstein, Sacred Economics: Money, Gift, and Society in the Age of Transition

The GREAT AWAKENING

It's a fascinating time and a terrifying time to be alive. We have front row seats, as a result of unprecedented technological acceleration and a 24 hour news cycle, to watch the demise of all our major systems including the monetary system, education system, medical system, legal system and underneath it all, the ecological system. Since 2020 the pace of change has accelerated exponentially and it is dizzying. If you feel anxious and uncertain about everything, you're not alone.

In the last few years it has become impossible to ignore that our political systems are based on the desire for power and money and are subject to massive corruption, are broken. The medical system, based on the desire for power and money and subject to massive corruption, is broken. The legal system, based on the desire for power and money and subject to massive corruption, is broken. The education system, based on the suppression of critical thinking and subject to massive corruption, is broken. These are hard truths for those of us working inside these systems. Many cannot face this truth and its implications so they defend our toxic and dysfunctional systems.

Those of us who are awakening are learning that despite things looking bleak, we actually do have a choice. We have a choice NOT to prop up the dying systems or numb ourselves to cope with working within them. We can begin to create systems that are built on a different premise: to support the flourishing of humanity. But first we need to accept there is no "going back to normal".

Let's agree for a moment, that back in 2020 some of us felt we were looking at a disruption of our systems. But if you've been on a conscious journey during this time, you will by now understand that our systems are not fit for purpose. You will be starting to see the systemic injustice in the way modern society is designed, run and ruled and hopefully you've started considering what the alternatives might be. Maybe you're not there yet. Maybe you're still in the overwhelm at the magnitude of civilisation's toxicity. That's OK, keep reading.

Physical, emotional and spiritual exhaustion

Many are suffering from physical, emotional and spiritual exhaustion with the world we have created. We thought we were creating freedom and higher standards of living as the industrial revolution progressed, and we fought for democracy and economic growth.

Yet we have ended up creating a system which has enslaved even the most educated and wealthy among us, and resulted in deplorable, dehumanizing living conditions for the least educated and poorest among us.

"We live, right now, with professional networks of expert decision-makers who are deeply committed...to making the same kinds of decisions they've been rewarded for making before. They are the owners, investors, managers, bankers, engineers, lawyers, consultants, elected officials, bureaucrats, union bosses, advocacy leaders, philanthropists, journalists and academics who are expert at building and running the systems that surround us today. The decisions they've been making have brought humanity to the brink of ruin."

~ Alex Steffen, Discontinuity is the Job





Instead of creating systems that work for all, we've created systems that work for barely anyone. Many of the lawyers with the highest paid jobs who own several homes, have multiple staff and have all manner of luxuries available to them, are disillusioned and disheartened. Many work 10 to 16 hour days using antidepressants and alcohol to survive and have regrets about the time they get to spend with loved ones. Of course there is much fulfilment to be found practising law but when we look at any lawyer depression and anxiety studies, the level of unhappiness is overwhelming. If those at the very top of the food chain are still enslaved by their circumstances, how hard a time are those lower down the ranks faring?

"We in the richest societies have too many calories even as we starve for beautiful, fresh food; we have overly large houses but lack spaces that truly embody our individuality and connectedness; media surround us everywhere while we starve for authentic communication. We are offered entertainment every second of the day but lack the chance to play. In the ubiquitous world of money, we hunger for all that is intimate, personal and unique."

~ Charles Eisenstein, *Sacred Economics: Money, Gift, and Society in the Age of Transition*



The pace of life and the pressures of modern living have increased gradually, which is why most of us just thought we had to work harder to get ahead. Like the proverbial frog in a pot, we have been boiling but because the temperature was going up gradually, we didn't notice it was killing us. All this technology that was supposed to set us free has done the very opposite. We have more information than we can possibly cope with but we're slaves to our digital devices that are deliberately being designed with this in mind.

"The reason it's so hard to change the world is because there's something fundamentally wrong with it. Our civilization is profoundly out of alignment with the basic tenets of a well lived life. It's not just a little tweak here or a little tweak there that's going to fix things now."

~Marianne Williamson

As we awaken we start we question what it means to be human, how our brains function and how the ego works. We go to life's deepest questions "who am I?" and "what am I doing here?" and that is when we enter the spiritual world. We cannot make sense of life on earth from a material perspective. Once we realise we are not who we thought we were, the identity is actually a collection of beliefs and programmes we have running, only then can we start to realise that we've been programmed to adjust ourselves to a very sick world. We can stop trying to figure out new ways to manage living in this broken world, we can create a New Earth. This is what the Great Awakening is about: it's a radical deprogramming.

At some stage of your awakening you will realise that the planetary crisis we are facing is not "out there" in the world. Those are only the effects. The crisis is in the collective consciousness of mankind. Stay with me here, this may be new territory for some lawyers.



WE ARE MULTIDIMENSIONAL BEINGS

What we are experiencing is in fact a global spiritual crisis. The various civilisations that have existed on this planet before us have been through this before. We can only navigate what is happening from a spiritual perspective. For those of us that thought spiritual meant religious, and have experienced the indoctrination of any religious system rather than its spiritual teachings, this is challenging.

So to be very clear: this is a spiritual awakening, not a religious one. Those who feel comfortable within a particular religious path can continue on it, those who don't can find their own spiritual community. But you are going to need community as awakening spiritually is very hard to do alone.

Most of us were raised with the programme of seeing ourselves and the world from a third dimensional perspective in which the material world is our primary concern. Now our collective spiritual awakening is showing us we are multi-dimensional beings. It is a radical concept to grasp that we exist in many dimensions simultaneously. One way to think of it is to draw your attention to the multiple roles in your life. You might at the same time be a lawyer, a parent, a spouse, an employer, a gardener and a Reiki practitioner. You switch between these roles, bringing a different awareness and qualities to each of them and you don't have to physically go anywhere to change roles. In the same way when our minds are imagining a possible future for ourselves, we are in the 4th dimension: the dimension of all possibilities, where thoughts reside. In the 5th dimension, our bodies are still present here on Earth, but now our consciousness is at a higher level where fear and safety are no longer all consuming issues. We live from intuition, we are aware of the interconnectedness of everything. We experience a Higher Power acting through us and become aware that the love we share while here in the world is all that matters.

WHOA, THAT WAS QUITE A TRIP! CAN YOU BRING THIS BACK TO AWAKENING LAWYERS?



Awakening Lawyers: [n. pl] lawyers on a conscious journey, helping the new legal system emerge by being peacemakers, justice warriors and activists for social change.

Do you ever feel

- THIS isn't why you became a lawyer?
- You have much more to offer the world than you are currently able to?
- The way you're practising now exhausts you?
- You actually want to heal conflict not increase it?
- You yearn for greater alignment between who you are and what you do?
- You look around legal environments and despite being able to play the game, you feel profoundly out of place?

If you've answered yes to a few of these, it's because you're an Awakening Lawyer and you need some support in making sense of your experiences. The law is a difficult profession in which to awaken as legal thinking is fiercely **materialistic** and strives to impose logic and rational thinking. The awakening journey requires you to transcend rationality the limitation of living from the **intellect** and instead to now bring **intuition** and intellect together in conjunction with heart-centred consciousness.

Regardless of your stage of awakening, you're part of this tribe discovering they are multidimensional beings. Maybe you're a student who just knows you don't want to sacrifice yourself at the altar of the legal profession and are desperate to know if there is some other way to practise law that feels *human*. Maybe you just want to figure out how to practise law that allows you a balanced life and more meaningful client engagement. Maybe you're realising you are a legal lightworker, here to guide humanity towards a new system. Ultimately we share the same mission and we have all incarnated at this difficult time to help our struggling planet.

They are not the enemy

Awakening lawyers start to see that we have created a legal system that “others” people. We may have been aware that the law has been used for oppression as much as it has been used for good. But some of us thought that was in the history books. Now we look at our current legal systems and see that they continue to dehumanise people. They incarcerate people. They pit people against each other, whether they are companies signing a JV, or people getting divorced or employees joining or leaving a company. The system has been built to “protect people from each other”. It is legal systems that have divided people based on their skin colour, their gender, their nationality and we start to wonder if we want to support this. We look outside of the legal system as we try to make sense of all this and realise the extent to which we have been programmed by society to fear each other and live disconnected from humanity as a whole and from Planet Earth, or Gaia. This is a profound and shocking realisation and will affect all of us differently as day by day we start to see the multiple ways in which we have been living in and supporting a sick and dysfunctional society.

We realise out of the billions of us on this planet, most of us actually want the same things. “They” are not the enemy, whether it’s “they on the other side of the border” or “they who look different to us” or “they who worship a different God”. We are shown how our negative programming is playing out for ourselves in our marriages, our friendships, our communities, our workplaces and the world.

These are heavy realisations. What carries us through the despair to new hope and meaning is our spiritual work.

We find hope and meaning in our spiritual work.





"As lawyers you are sought out by those who are in the greatest pain around fighting their own creations. Your clients will say "This is not what I want!" "this is not what i deserve" and it is a challenge to work with unawakened ones to help them see that everything they experience is of their own creation. You will need to tread lightly as you bring about a new understanding, and importantly, often this will be done energetically - NOT by explaining "you have created this!". Instead by holding a higher frequency of love over fear, those in your presence may start to shift."

~ Message channelled by Amanda Lamond



Light is Flooding in

We realise we are only seeing the darkness because the light is flooding into this planet more than it ever has before. Every human that awakens and reconnects to the Source, the Creator, becomes a conduit for light on this Planet. We start to work with light! We observe what happens in our external world when our internal world is vibrating at low levels when we are in fear, and that when we come from love it's as if our entire reality shifts. We start to work with raising our frequency more and more.

We start to see that everybody is a sovereign being, a soul with a unique set of circumstances that has perhaps caused that soul to lose its way. We now see that our responsibility as evolving human beings is not to destroy it on the witness stand, not to re-enforce its narrative of victim or oppressor, not to chain it up like an animal, but to help that soul find its path back to the light.

We come to understand that people create conflict for their own evolution. Everything begins in the mind and can only be solved permanently at the level of mind! With this realisation, we start lawyering in fundamentally different ways. No longer is our role to resolve conflict FOR our clients. We now choose to resolve conflict IN our clients. We separate the transactional aspects of practice from the deep conflict resolution work but we remain mindful in every moment that our client is creating the reality they are experiencing and we can assist them to create a more peaceful one.

7 STEPS FOR AWAKENING LAWYERS

STEP 1

Develop a new cultural consciousness
It's not YOU that's broken, you're part
of a toxic and dysfunctional
legal system

01

STEP 2

Realise you are the
predominant creative force
in your own life.

02

STEP 3

Explore what it means to be in the
world but not of the world.

03

STEP 4

Deepen your understanding of the
evolutionary, transformative power of
conflict that is handled consciously.

04





STEPS FOR AWAKENING LAWYERS

STEP 5

Become aware of your self-limiting beliefs with particular focus on healing your relationship with money & time.

05

STEP 6

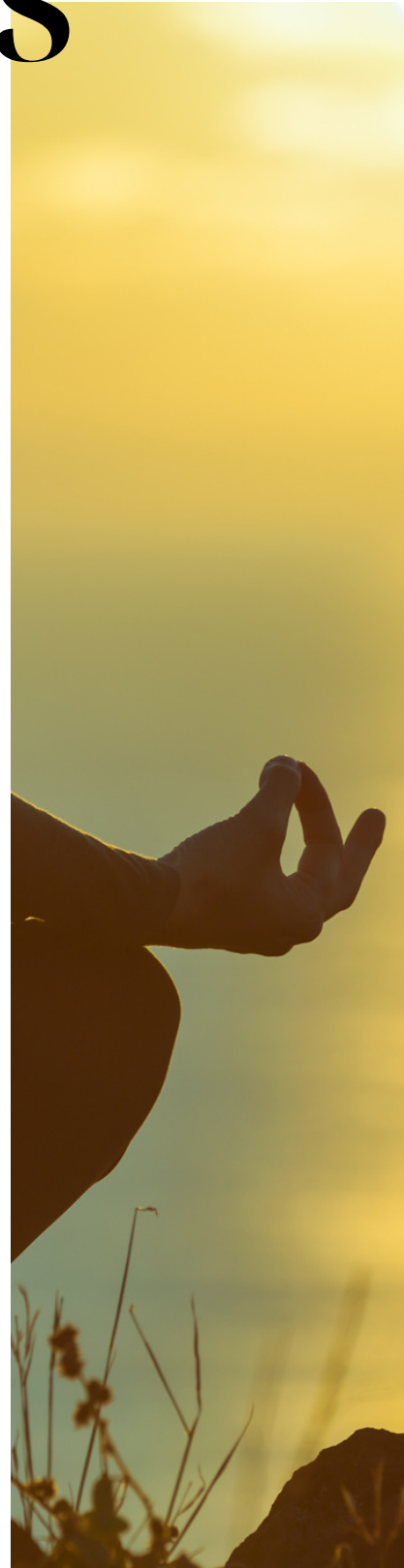
Cultivate your intuitive skills through reflective and meditative practices.

06

STEP 7

Prioritize maintaining inner peace and your connection to Source in order to be a beacon of light for others during the transition to a new era of peace on Earth.

07



Thank you



You'll know once you've read this if you're an Awakening Lawyer and ready to start on our programmes. You can begin with a deep dive into the 7 Steps - by taking ***Lawyering from the Seat of the Soul***. If you're further along the spiritual path and ready to work with a metaphysical approach to creating a new legal system, then join the ***Legal Lightworkers Academy***.

I can't wait to meet you! I LOVE awakening lawyers.

You'll find all the current programmes and coaching offers on
www.awakeninglawyers.com

xxx Amanda Lamond

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