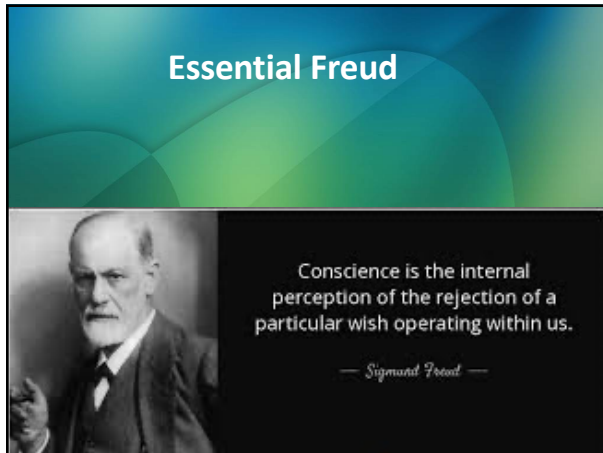


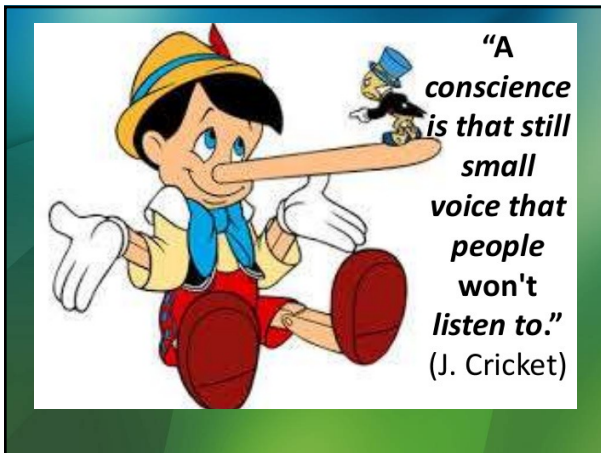
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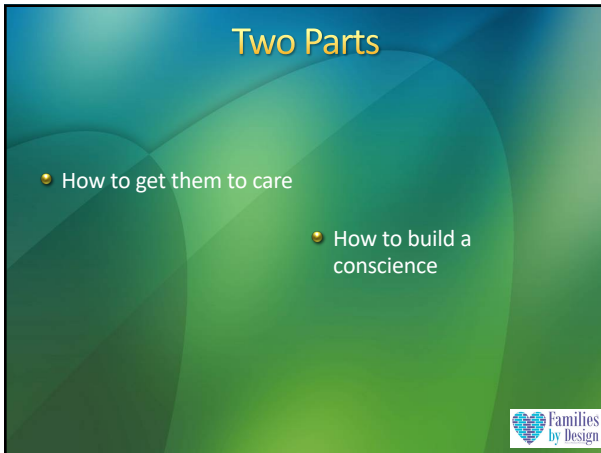
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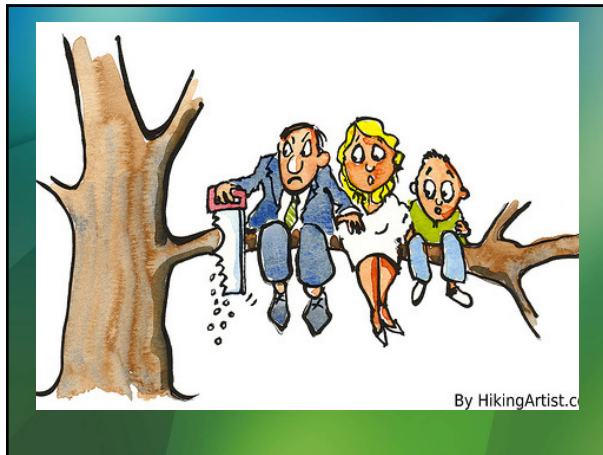
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Punishment VS Consequences

<p>Punishment</p> <ul style="list-style-type: none"> • Pain on the outside • Hurts relationship <ul style="list-style-type: none"> • “you did this to me!” • Interferes with Trust • Adds to resentment & revenge • Works short term 	<p>Consequences</p> <ul style="list-style-type: none"> • Pain on the inside • Increases good choice making • Builds cause and effect • Activates logic part of brain <ul style="list-style-type: none"> • “I did this to me!” • Works long term 
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8



9



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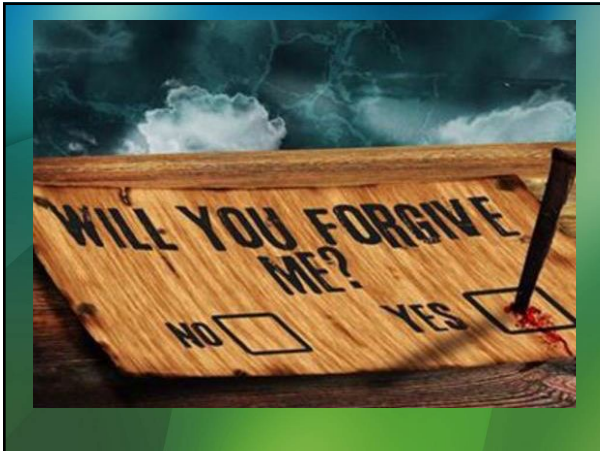


16

How do we Teach them to Care!?

- Feeling of Safety
 - All day, no threats, no abuse, adults in control
 - All night safe and sound
- Adults show how much they care
 - Compassion and empathy
 - Tears for THEIR pain not ours
- Therapy to release and resolve past trauma
- Adults ask forgiveness when needed
- Invest time with them to teach and laugh
- Believe in them
- SOFT eyes and calm voice (low and slow)

17



19

Conscience
is the voice of the
soul. ~Polish proverb

20

How Do We Assess a Child's Conscience Development?



21

Normal Stages of Internalization

Used with permission from Foster Cline MD
From his book "Understanding and Treating the Severely Disturbed Child"

Stage 1

- "I'll take it" (1-3 years old)
- Represents primary process thinking. (no lid on the id)

STAGE 2

- "I would like to take it, but Dad (Mom) would kill me!" Parents seem as all powerful in size, power and mental ability. (2-5 years of age)
- Represents causative thinking although primitive (even this is not present in severely unattached). They steal unless parent is in sight. (outside lid on id)

22

Internalization Continued...

Stage 3

- "I would take it but my parents might find out." (Still fearful, 5-7 years of age)
- They show plan-ful causative thinking. The child is "playing the odds". (partial lid on id)

Stage 4

- "I would take it, but if Mom found out, she'd be upset." (Wistful, 6-9 years of age)
- Shows solid beginning of internalization of object (Lid on id)

23

Internalization continued..

Stage 5

- "I would take it, but I don't feel good about doing things like that." (7-11 years)
- Internalization is complete and the child's own moral values are in place. (super ego complete)

24

Stages of Internalization/Emotional Age

STAGE 1

"I'll take it" **(1-3 years)**

STAGE 2

"I would like to take it, but Dad (Mom) would kill me!" Parents seem as all powerful in size, power and mental ability. They steal unless parent is in sight. **(2-5 years)**

STAGE 3

"I would take it but my parents might find out." (Still fearful, **(5-7 years)**)

STAGE 4

"I would take it but if Mom found out she'd be upset **(6-9 years)**

STAGE 5

"I would take it, but I don't feel good about doing things like that. **(7-11 years)**

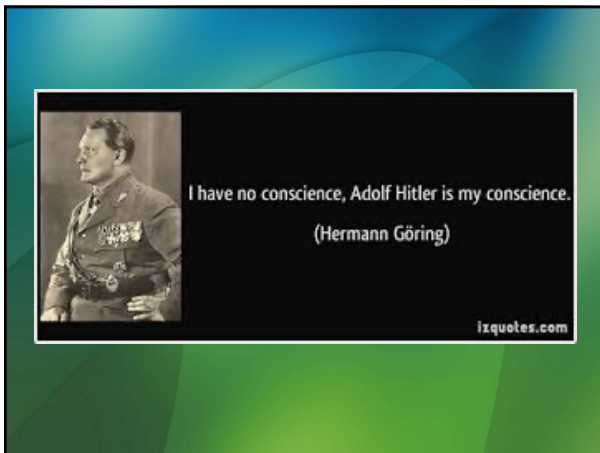
25

Labor to keep alive in your breast
that little spark of celestial fire,
called conscience.

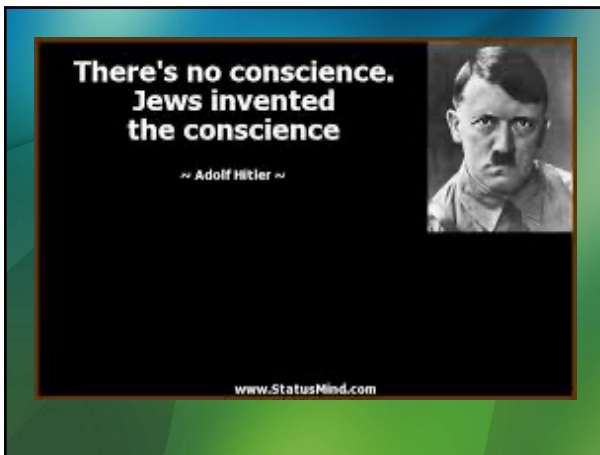
George Washington

BrainyQuote

26



27



28

Normal Stages of Internalization

Used with permission from Foster Cline MD
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Stage 1

- "I'll take it" (1-3 years old)
- Represents primary process thinking. (no lid on the id)

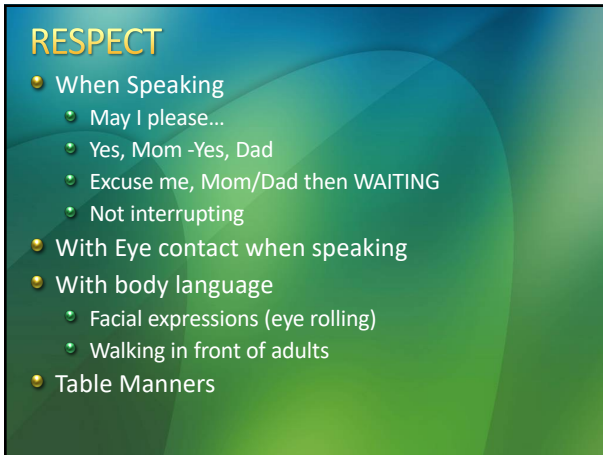
STAGE 2

- "I would like to take it, but Dad (Mom) would kill me!" Parents seem as all powerful in size, power and mental ability. (2-5 years of age)
- Represents causative thinking although primitive (even this is not present in severely unattached). They steal unless parent is in sight. (outside lid on id)

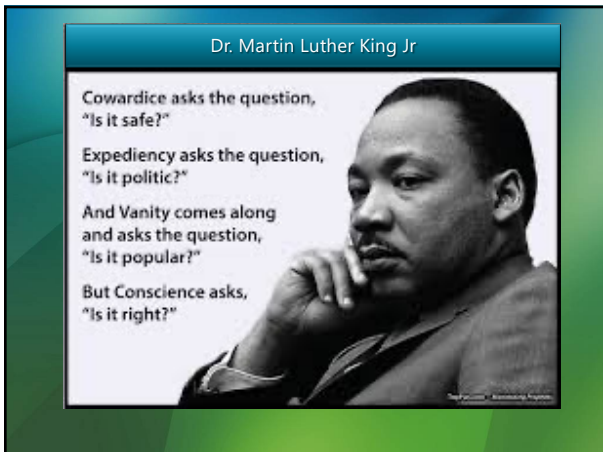
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32

🟡 Why is a Conscience so Important?

- A conscience stops us from doing wrong
 - Unkindness
 - Lying
 - Stealing
 - Hurting others
 - Robbing /Killing
- It is our moral compass
 - Sexual choices
 - Alcohol/ illegal drug use
 - Pleasing God

33



There is
no witness so terrible
and
no accuser so powerful
as *conscience*
which dwells within us.

~Sophocles (496 BC-406 BC)
healththoughts.in

34

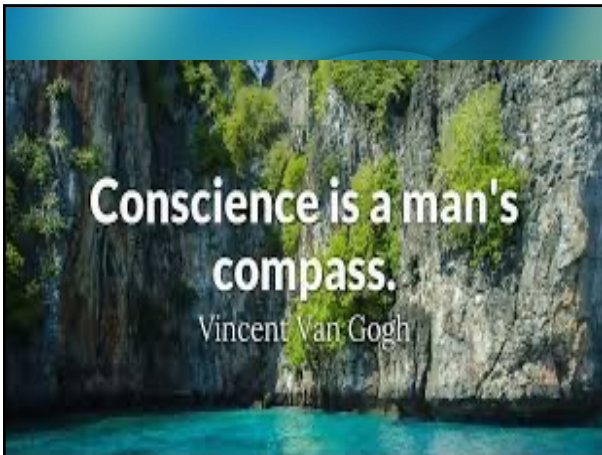
A clear conscience
is the greatest armor.

~Chinese proverb

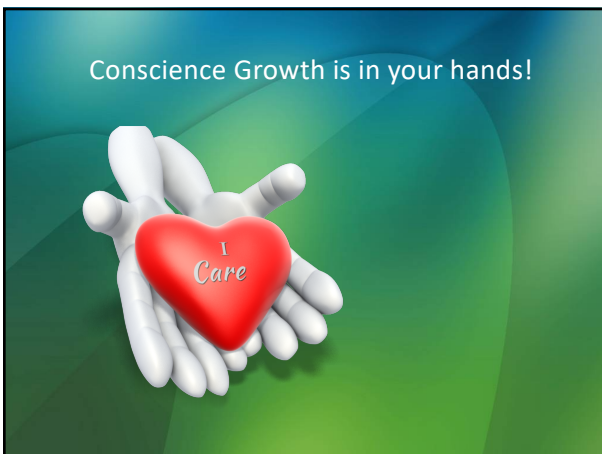
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