

Grain-Free Coconut Almond Porridge

1 SERVING 10 MINUTES



INGREDIENTS

3/4 cup Unsweetened Almond Milk
1/4 cup Almond Flour
1/4 cup Unsweetened Shredded Coconut
1 tbsp Ground Flax Seed
1/2 tsp Cinnamon

DIRECTIONS

- 01 Add all of the ingredients to a saucepan over medium heat. Whisk continuously until your desired thickness is reached, about 3 to 5 minutes.
- 02 Divide into bowls and enjoy!

NOTES

NO RICE MILK

Use an alternative milk of your choice.

LIKES IT SWEET

Add raisins, dates, maple syrup, honey or your sweetener of choice.

LEFTOVERS

Refrigerate in an airtight container up to 3 to 5 days.

SERVING SIZE

One serving is equal to approximately 1 1/4 cup of porridge.