

A close-up photograph of a butterfly with orange, black, and white wings perched on a pink flower. The butterfly's wings are spread, showing intricate patterns of spots and bands. The background is a soft, out-of-focus green. The text is overlaid on the right side of the image.

# Plant Essences for EOL Care

The Natural Carer

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The Centre for Nature Connection

## PRICING

**Each single essence is in a 10ml amber glass dropper bottle. NZD \$17 each.**

**Each Elixir Blend is in a 10ml amber glass dropper bottles. NZD \$19 each.**

**When ordering state which essence or elixir and the quantity of bottles.**

**Custom sets of 3-5 essences/elixirs per box can be created for you. Add NZD\$5 for the gift box**

<b>Archeus Essence</b>	<b>Primary Positive Quality</b>	<b>Key negative emotion to help with</b>	<b>Planet</b>	<b>Direction</b>	<b>Chakra</b>
Hawthorn	Balance	Heartbreak	Mars (with Saturn)	North	4th
Motherwort	Balance	Loss of Self	Venus	North	2nd
Lavender	Calm	Worried, disturbed	Jupiter	East	7th
Mallow	Soothing	Fear, shock	Venus	East	4th
Violet	Calm	Grief	Venus (with moon)	West	2nd
Basil	Focus	Scattered anxious thoughts	Mars (with Jupiter)	East	6th
Rosemary	Focus	Stressed	Sun	East	6th
Borage	Joy	Melancholy	Jupiter (under Leo)	East	4th
Houhere	Nurture	Farewell	Moon (with Venus)	South	1st
Calendula	Nurture	Overwhelmed	Sun	South	4th
Dandelion	Nurture	Fatigued	Sun (with Jupiter)	West	3rd
Rose	Nurture	Self-loathing	Venus (with Jupiter)	South	4th
Self-Heal	Nurture	Overwhelmed	Venus	West	3rd
Kawa kawa	Protection	Depressed	Saturn (with Moon)	west	2nd
Yarrow	Protection	Exhaustion	Mercury	West	3rd
Willow	Protection	Vulnerable	Moon	West	3rd
Cleavers	Release	Pent up emotions	Moon	West	5th
Kowhai	Strength	Sudden change	Venus	West	3rd
Totara	Strength	Vulnerable and not grounded	Mars (with Saturn)	east	7th
Oak	Protection	Overwhelmed	Mars (with Saturn)	South	2nd

**ELIXIR NZD \$19.00**

**Archeus Plant Elixirs are blends of essences:**

**HOLDING SPACE**

**Positive attribute:**

finding moments of stillness after loss, shock or bereavement and knowing nature is helping your heart.

**Negative indication:**

intense grief, feeling in pieces, inability to cope with real life, broken-hearted.

Grief can take hold of your soul and your heart. It can feel like it will never end. This Essence can't take the cause of your grief away, but it can help hold you in sacred space. Oak is a remedy for those who try to remain strong for others yet may be feeling at the end of their own tether. Violet is a beautiful cooling plant. The leaves can be used to make a calming tea. It is a traditional herb for women, for mothering and is a symbolic plant of a child's death. Motherwort brings in the energy of the wise woman. She helps you become lion-hearted. Kowhai is a beautiful essence for transitions; for endings and beginnings. Hawthorn is traditional used as a heart remedy. I made this essence with the Hawthorn tree on the Archeus property that has wrapped its branches and thorns tightly around its trunk - protecting its heart because I feel that in times of intense grief we can feel as if our heart is literally breaking and the thought that Nature can be there to lend care and protection to us can provide some comfort at a difficult time.

This Elixir Blend contains the following plant essences: Oak (*Quercus alba*), Violet (*Viola odorata*), Motherwort (*Leonurus cardiaca*), Kowhai (*Sophora microphylla*), Hawthorn no.3 'The Hurting' (*Crataegus monogyna*)

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## Essence of Nature kit

### This kit contains:

- 1 x 100ml Frankincense & Lavender Body Wash
- 1 x 10ml Corpus et Anima Body Massage Oil
- 1 x 10ml Quintessence (letting go) flower remedy blend
- 1 x 10ml Holding Space flower remedy blend
- 1 x 5ml Peace & Calm therapeutic grade essential oil blend
- Instruction booklet
- Packaged in recyclable box

### PRICING NZD + FREIGHT

Charitable rate \$37 +GST

Wholesale rate \$40 + GST (minimum order 10 kits)

Retail \$80

### To use:

- Add a few drops of Peace & Calm essential oil blend to an aroma diffuser to create a calming, aromatic and sacred ambience to a room
- Quintessence flower remedy can provide emotional and spiritual support at the time of passing
- Use Holding Space flower remedy blend as needed to help support each person in the room.
- Body oils can be used to give gentle hand and feet massages, and for applying to the body after death
- Frankincense & Lavender Body Wash can be used to wash a loved one after death

### CONTAINS:

#### Corpus et Anima Massage & Anointing Oil

Corpus et Anima massage & anointing oil is handcrafted from olive oil infused with ancient and symbolic essential oils and resins including spikenard, geranium, frankincense and myrrh. This is beautiful to massage into hands, feet and limbs Each ingredient is selected for its aromatic, energetic and symbolic qualities to help support a gentle and loving energy & connection with a loved one as they are approaching their final transition and after they have passed over.

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Ingredients: Olea europea (Olive) oil, Tocopherol, Boswellia serrata (Frankincense), Nardostachys jatamansi (Spikenard), Viola odorata (Violet leaf), Pelargonium graveolens (Geranium) therapeutic grade essential oils.

To use: pump a few drops into the palm of your hand. Rub your hands together and gently apply to your loved one's skin.

### **Peace & Calm essential oil blend**

Lavender, bergamot, spikenard, vetiver and sweet orange essential oils are all deeply symbolic plants that have been used to honour and care for a loved one at the end of life. This blend enhances a sense of sacred space.

Ingredients: Lavandula officinalis (lavender), Citrus Aurantium Bergamia (Bergamot), Nardostachys jatamansi (spikenard), Vetiveria zizanioides (Vetiver), Citrus Aurantium Dulcis (Sweet orange) therapeutic grade essential oils.

Add a few drops to water in an aroma diffuser and let the aromas waft around you, creating calm. This is beautiful to use in any setting: for relaxation, meditation and is beautiful to have in the room in palliative care or at the end of life.

Please note that this blend is pure essential oils for diffusing and should NOT be used neat on the skin. If you wanted to use this to create a massage oil (which would be gorgeous!), use no more than 1ml per 100mls of carrier oil (such as olive oil) – this is about 1 drop of Peace & Calm essential oil blend to 1 teaspoon of carrier oil.

### **Frankincense and Lavender body wash**

In death, as in life, Nature is there for us. We have created our body wash as a simple and beautiful part of giving a loved one a connection to nature as we prepare them for burial and to say farewell. Made from lavender hydrosol, frankincense and lavender essential oils and kawakawa flower remedies, this a beautifully fragrant body wash with strong antibacterial and antiseptic properties.

Ingredients: Lavandula officinalis (Lavender) hydrosol, Boswellia serrata (Frankincense) essential oil, Macropiper Excelsum (Kawakawa) flower remedy.

To use: Add the contents of this bottle to a bowl of warm water to gently wash your loved one.

### **Flower Remedies**

#### **Quintessence – letting go flower remedy**

This flower remedy blend is made from plants that help with the process of letting go. It is of profound benefit to the person who has passed, plus family and carers too.

Can be used to anoint your loved one and all others in the room, at the time of passing. And can be used after passing to help sacred passage.

Ingredients: Cleavers (Galium aparine), Self heal (Prunella vulgaris), Mallow (Althea officinalis), Willow (Salix nigra), Tōtara (Podocarpus totara), Aqua, Grape alcohol.

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## Holding Space Flower Remedy

This Plant Remedy blend is made to help those left behind. It can't take your grief away, but it can help hold you in sacred space. It conjures stillness and can create a moment of calm. Oak is for those who remain strong for others. Violet is a symbolic plant for mother and child. Leonurus cardiaca helps ease stress and calm the heart. Kowhai is a beautiful energy for life transitions. Hawthorn is a traditional heart remedy. The thought that Nature can offer us care and protection can provide comfort at a difficult time.

Ingredients: Oak (*Quercus alba*), Violet (*Viola odorata*), Motherwort (*Leonurus cardiaca*), Kowhai (*Sophora microphylla*), Hawthorn (*Crateagus monogyna*) extracts, Aqua, Grape alcohol.

This does not contraindicate with other medications. Can be used by all ages.

- **To use flower remedies:**  
Place 2-3 drops on the tongue or add to a glass of water. Repeat 3-4 times daily or as required.
- Put a drop on your finger and anoint pulse points and chakras
- To remove the small amount of alcohol that is used to preserve the essence, simply add the drops to very hot water and the alcohol will evaporate.





## **BURIAL SHROUDS - LIMITED EDITION**

At Archeus we believe that Nature can hold you in death as in life.

Our Botanically Infused Burial Shrouds create a tender and gentle goodbye. Imagine wrapping your loved one in a bed of herbs. Archeus shrouds are suitable for when you have your loved one's body at home, they can be used for natural burial, in caskets and for cremation. They are part of a natural and tender goodbye.

Our white shrouds as pictured here are made from handwoven organic cotton and then submerged in an infusion of rosemary, lavender and thyme. Herbs of remembrance and peace.

We also have Vetiver (pale green) and Indigo (pale blue).

They can be used in a casket or with a shroud board

**NZD\$249 + Freight**

**Any questions email:**

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