

Come enjoy a time of rest and rejuvenation for  
your heart, mind and spirit.



**WORKSHOP 1:**  
**RESTORE THROUGH CLAY**  
**9AM - 12.30PM**

**WORKSHOP 2:**  
**RESTORE THROUGH PLAY**  
**1.30AM - 5PM**

**EACH WORKSHOP OFFERS:**

Hands-on activities with guided reflections • Inspiring spaces to rest  
and reflect • Life-giving conversations that restore the soul

**2 July 2022 • Montfort Centre**

**For more info, visit: [tinyurl.com/restoreworkshop](https://tinyurl.com/restoreworkshop)**